

# Ways to gain experience, training abroad, twinning with other institutes, internet, telemedicine, and others



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**January 16, 2017**  
**4<sup>th</sup> WBMT Workshop**  
**Riyadh, Kingdom of Saudi Arabia**

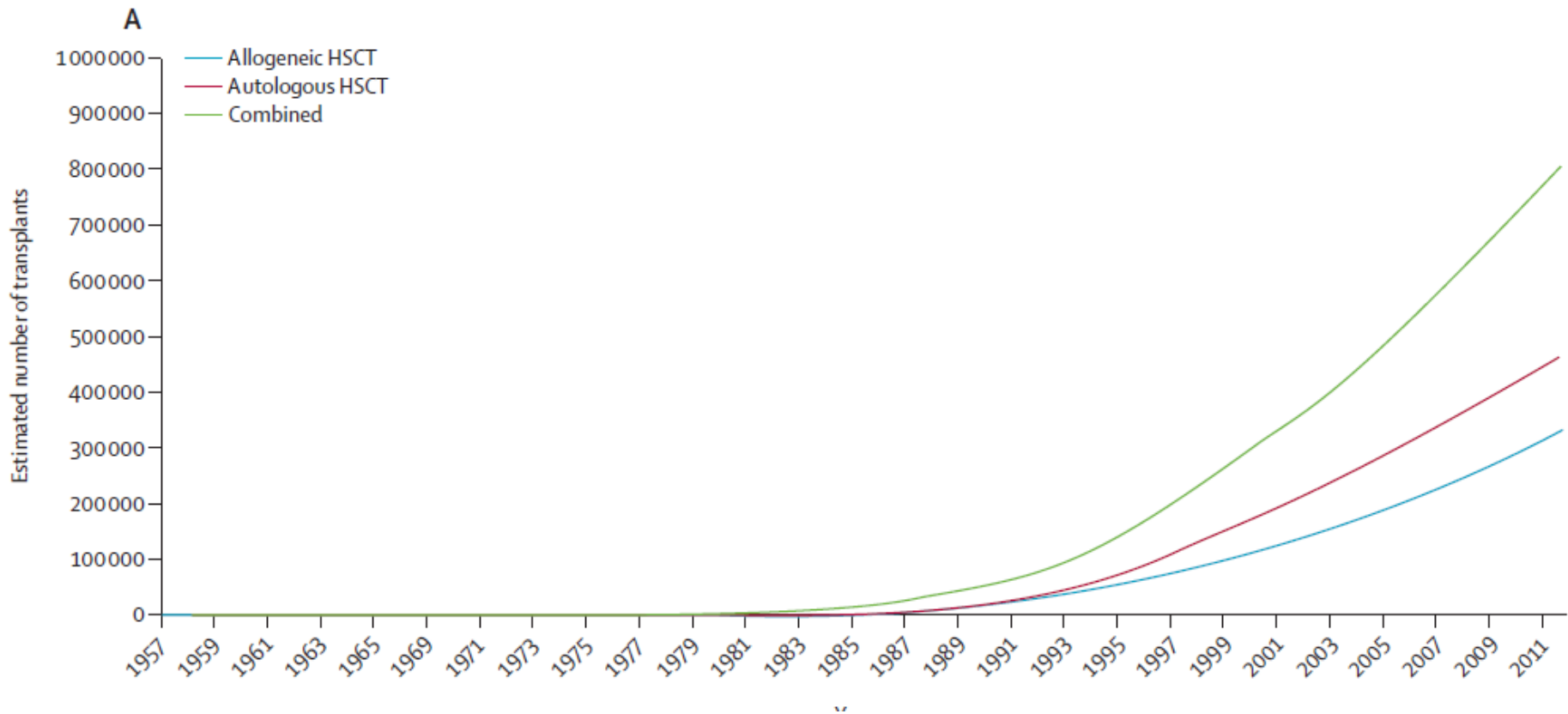
# Outline

- Hematopoietic cell transplantation activity
  - Here to stay
  - Becoming more complex
- Experience, training abroad
  - Focused based on needs
- Studies needed to develop national/regional data
  - Local-regional and international collaboration
- Twinning/networking
- Internet of things/telemedicine

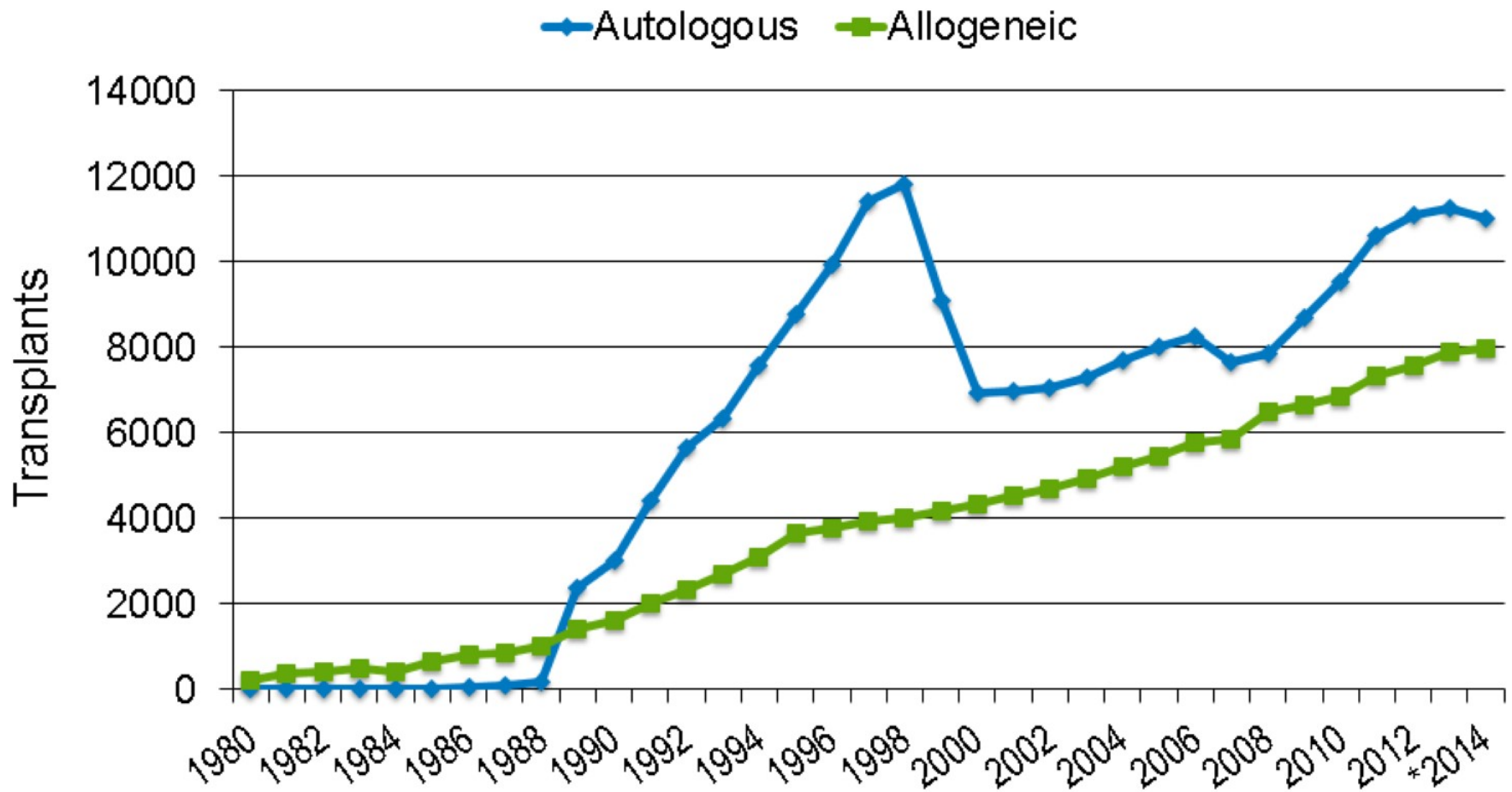
# One million haemopoietic stem-cell transplants: a retrospective observational study



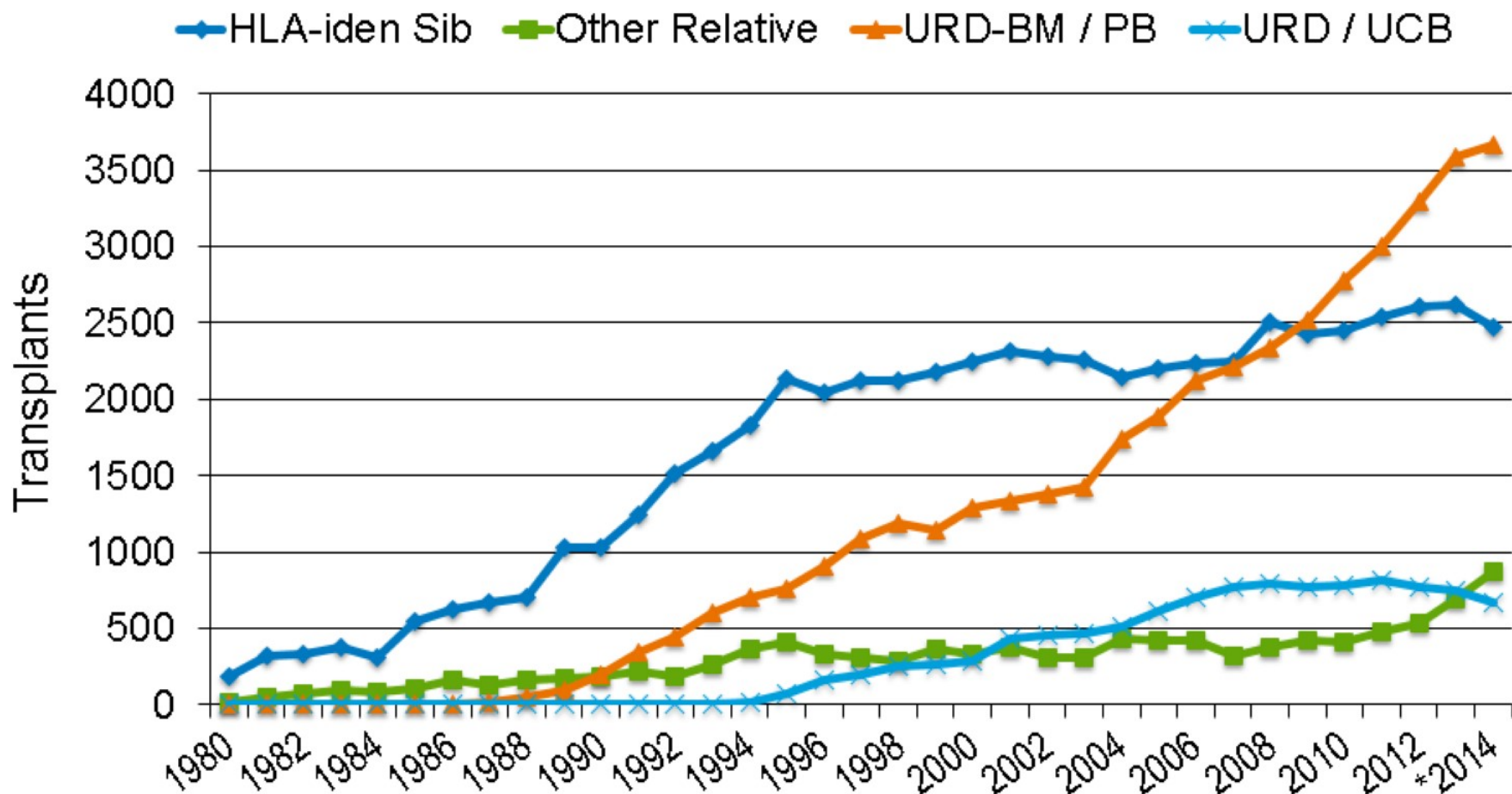
Alois Gratwohl, Marcelo C Pasquini, Mahmoud Aljurf, Yoshiko Atsuta, Helen Baldomero, Lydia Foeken, Michael Gratwohl, Luis Fernando Bouzas, Dennis Confer, Karl Frauendorfer, Eliane Gluckman, Hildegard Greinix, Mary Horowitz, Minako Iida, Jeff Lipton, Alejandro Madrigal, Mohamad Mohty, Luc Noel, Nicolas Novitzky, José Nunez, Machteld Oudshoorn, Jakob Passweg, Jon van Rood, Jeff Szer, Karl Blumet, Frederic R Appelbaum, Yoshihisa Kadera, Dietger Niederwieser, for the Worldwide Network for Blood and Marrow Transplantation (WBMt)



# Annual Number of Transplant Recipients in the US by Transplant Type



# Allogeneic Transplant Recipients in the US, by Donor Type



COMMENTARY

## Impending Challenges in the Hematopoietic Stem Cell Transplantation Physician Workforce

James L. Gajewski,<sup>1</sup> C. Frederick LeMaistre,<sup>2</sup> Samuel M. Silver,<sup>3</sup> Michael C. Lill,<sup>4</sup>  
George B. Selby,<sup>5</sup> Mary M. Horowitz,<sup>6</sup> J. Douglas Rizzo,<sup>7</sup> Helen E. Heslop,<sup>8</sup> Claudio Anasetti,<sup>9</sup>  
Richard T. Maziarz<sup>1</sup>

**Table 2. Age of BMT Physicians**

Age Range, Years	All BMT Physicians, %	Adult BMT Physicians, %	Pediatric BMT Physicians, %
70-78	1.6	1.8	0
65-69	3.1	3.5	0
60-64	10.2	11.7	2.4
55-59	13.6	14.8	6.5
50-54	21.2	21.5	18.7
45-49	18.6	20.0	12.2
40-44	17.1	15.1	28.5
34-39	14.6	11.6	31.7
All ages	100	100	100

Data derived, with permission (R. Krawisz, personal communication, June 2009), from the ASBMT membership records.

**Table 3. Estimated Supply and Demand of BMT Physicians**

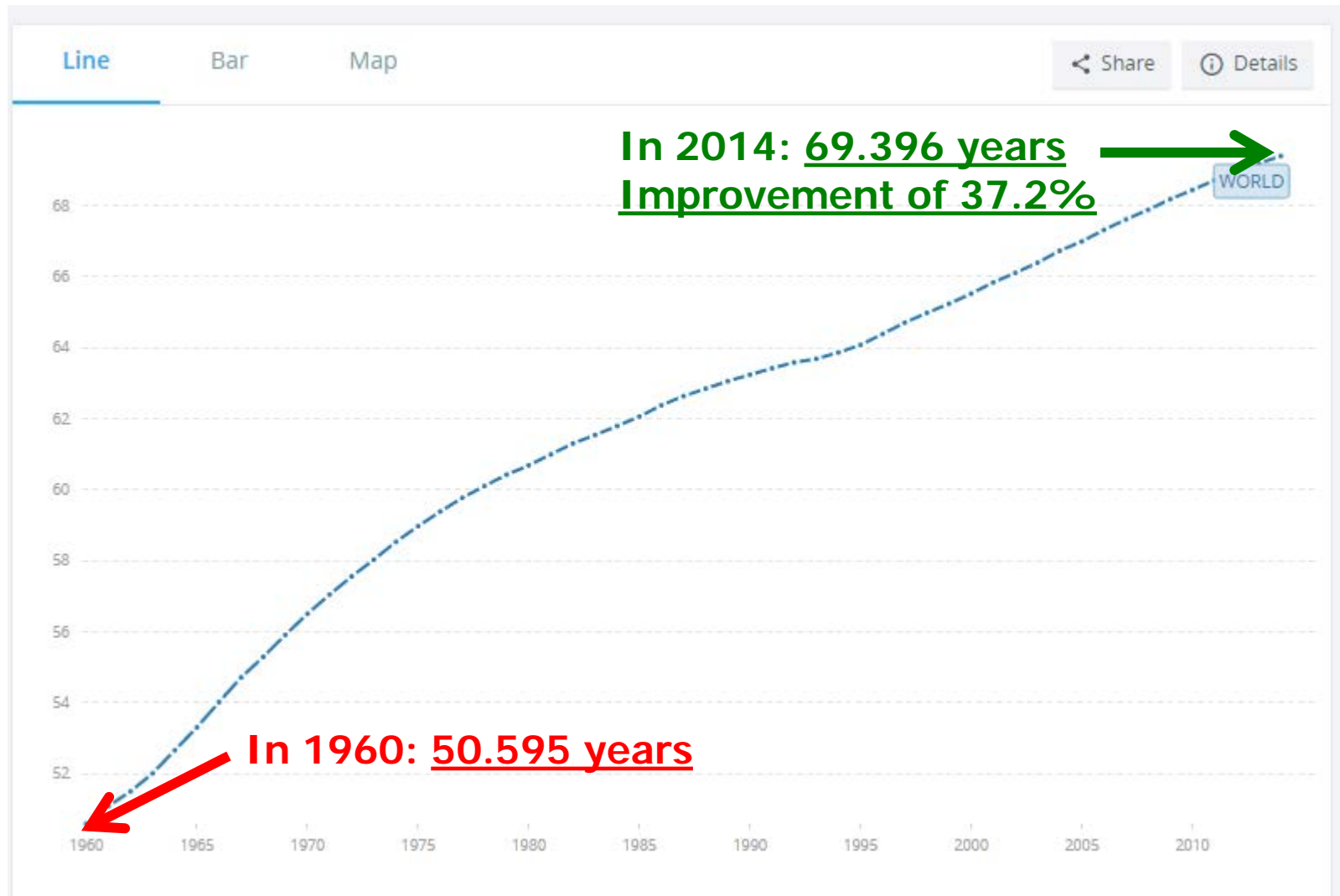
	Adult BMT Physicians, n	Pediatric BMT Physicians, n	All BMT Physicians, n
BMT physician requirements in 2020	1991	235	2226
Current supply	959	156	1115
Projected retirements	232	15	247
New BMT physicians needed *	1264	94	1358

Data derived, with permission (R. Krawisz, personal communication, June 2009), from the ASBMT membership records.

# Training & experience needed

- Access to allogeneic HCT has expanded with the advent of reduced-intensity/non-myeloablative allografting
    - Patients of more advanced age
    - With comorbidities
- } A real challenge
- Also,
    - ↑ Pool of HLA compatible unrelated donors
      - Not easily accessible to developing countries
    - Haploidentical transplantation
      - One child per family in China
      - Cost
    - Benign hematologic disorders (Sickle Cell Disease, Thalassemias, etc.)

# Life expectancy at birth, male (years)



Source: [data.worldbank.org](http://data.worldbank.org) (accessed Dec 27, 2016)

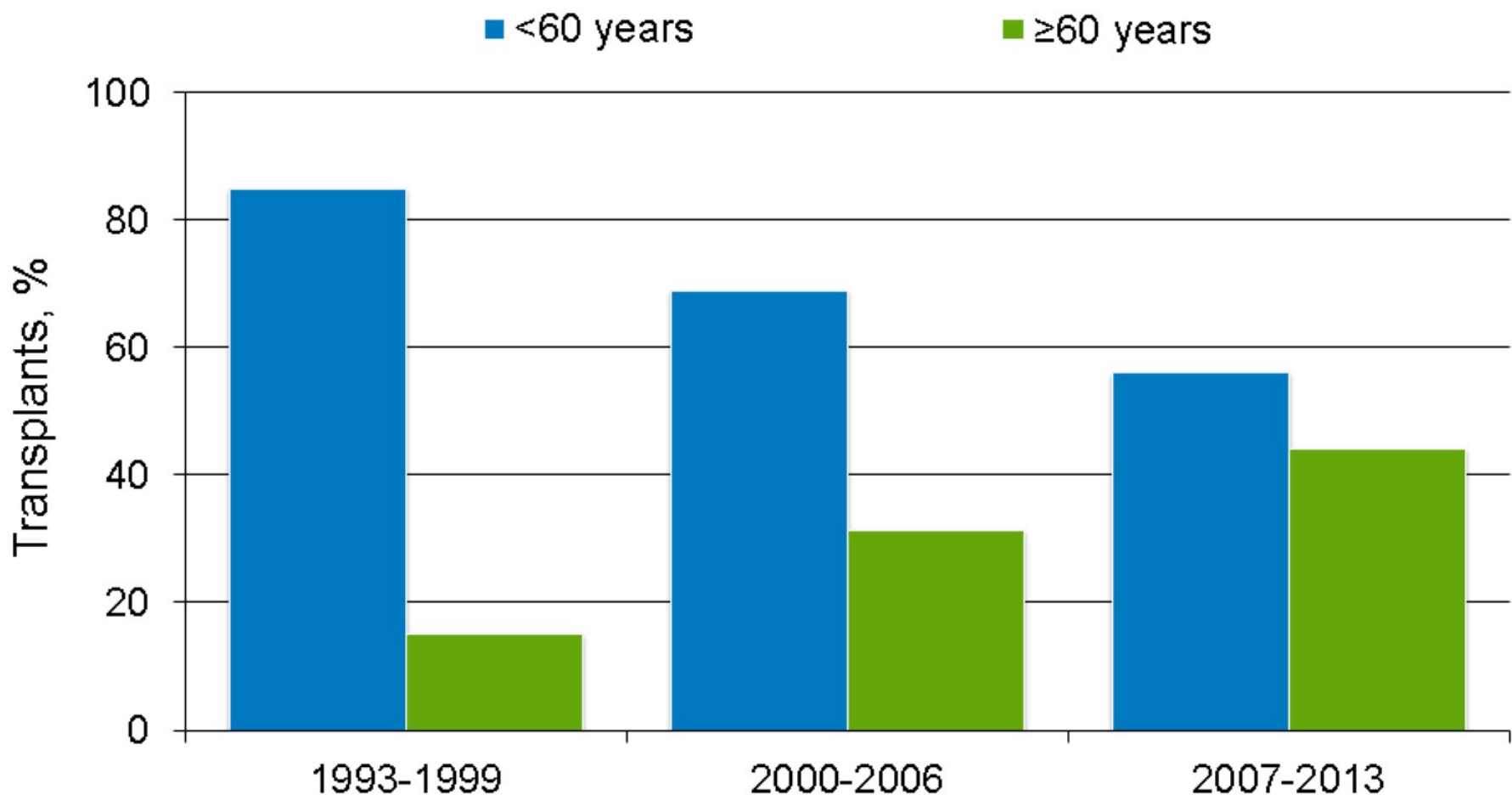


# Life expectancy: selected countries

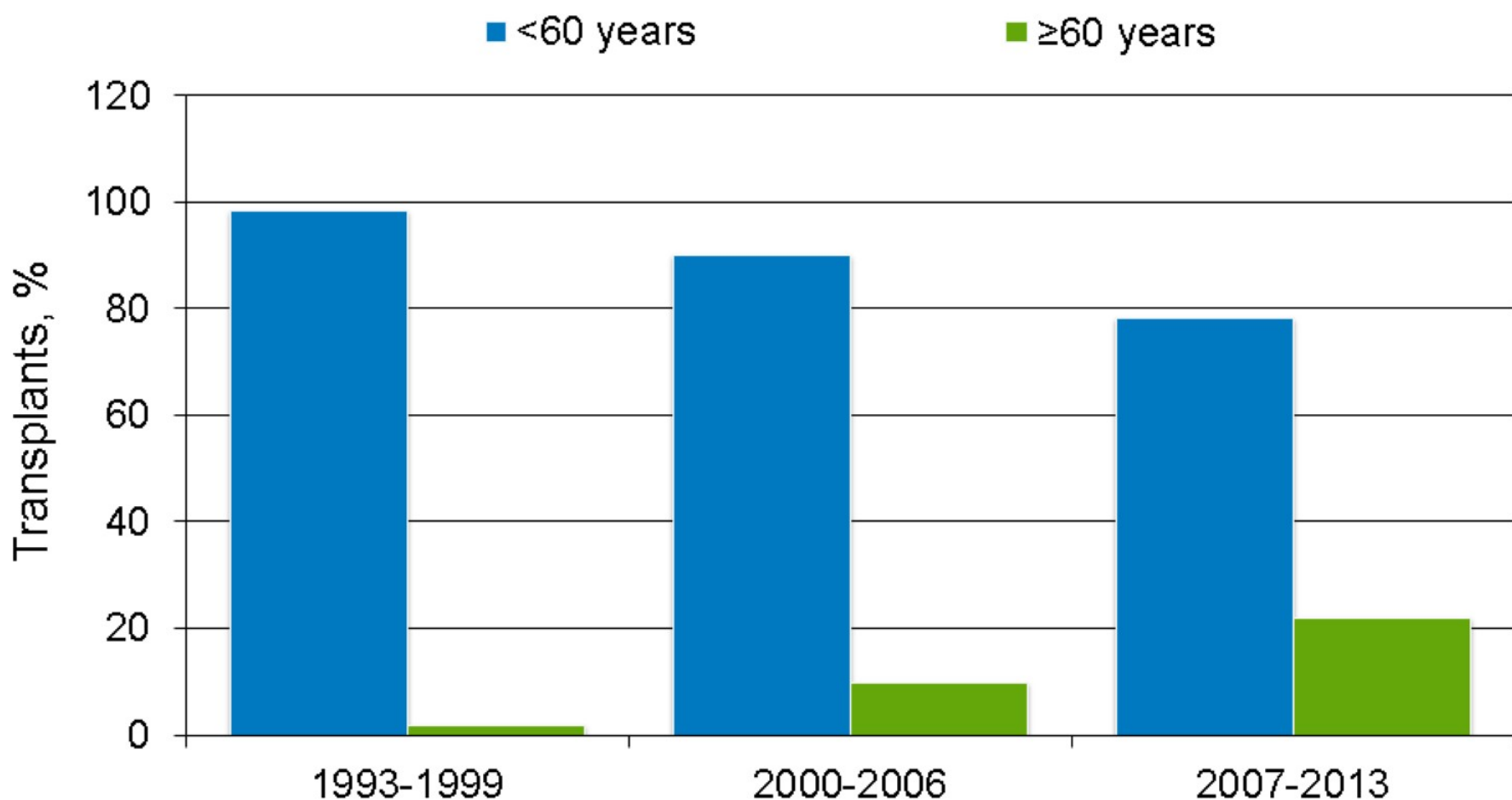
Country	1960 (years of age)	2014 (years of age)
Algeria	46	73
Central African Republic	35	49
China	42	74
Colombia	55	70
India	42	67
Japan	68	84
Lebanon	62	78
Saudi Arabia	44	73
United Arab Emirates	50	76
United Kingdom	68	79
United States of America	67	77

*Source: data.worldbank.org (accessed Dec 27, 2016)*

# Trends in Autologous Transplants by Recipient Age\*



# Trends in Allogeneic Transplants by Recipient Age\*



## Review

### Transplant center characteristics and clinical outcomes after hematopoietic stem cell transplantation: what do we know

FR Loberiza Jr<sup>1</sup>, DS Serna<sup>1</sup>, MM Horowitz<sup>1,2</sup> and JD Rizzo<sup>1,2</sup>

<sup>1</sup>International Bone Marrow Transplant Registry, Health Policy Institute, Medical College of Wisconsin, Milwaukee, WI, USA; and

<sup>2</sup>Division of Neoplastic Diseases and Related Disorders, Department of Internal Medicine, Medical College of Wisconsin, Milwaukee, WI, USA

- Outcomes may vary among patients with similar disease biology and treatment
- Center effect entails differences in outcome among centers presumed to be due to differences in the way health care is delivered:
  - Training and experience of personnel
  - Resources available
  - Organization

**Table 2** Studies primarily looking at the center effects in hematopoietic stem cell transplantation setting

<i>Studies</i>	<i>Year</i>	<i>Selection</i>	<i>Center effect variable studied</i>	<i>Outcome studied</i>	<i>Results</i>
Horowitz <i>et al</i>	1992	Leukemia Early stage HLA-identical sibling	Procedure Volume ≤5/yr	Relapse TRM DFS 1.5X TRM	Not significant Significant Significant
Hows <i>et al</i>	1993	Leukemia MDS SAA All stages Unrelated donor	Procedure Volume <2/yr URD	Engraftment Acute GVHD Survival ↓ OS	Not significant Not significant Significant
Frassoni <i>et al</i>	2000	Leukemia Early stage HLA-identical sibling	Procedure Volume Center Experience	Relapse TRM DFS	Not significant Significant Significant
Matsuo <i>et al</i>	2000	Leukemia All disease stage All donors	Procedure Volume <25/7yr URD	100-day survival DFS Survival ↑ death risk	Significant Significant Significant
Matsuo <i>et al</i>	2000	MDS Lymphoma SAA All disease stage All donors	Procedure Volume	100-day survival Survival	Not significant Not significant

*Modified from Loberiza et al. Bone Marrow Transplant. 2003; 31: 417-21*

# Focused training: assess your needs

- What is the expertise needed?
  - Clinical (BMT, Pathology, Radiation Oncology, ID, ICU)?
  - Pharmacy?
  - Nursing?
  - Stem cell processing/procurement?
  - Database management and maintenance?
  - Others?
- Where is it available?
  - For example, allo-HCT for Thalassemia (Italy, India, etc.)
- Are the imported algorithms applicable to your current practice setting?
  - Adjustment/tuning
  - Establishing new standards of care (late effects/survivorship)
  - Updating is constantly needed
- Resources needed/Cost (sustainability)

# Define training needs

- Disease specific?
  - Thalassemia, Sickle Cell, BM failure syndromes
- Procedure-specific?
  - Develop a haploidentical transplant program
  - Cord blood program
- High-risk population?
  - Septuagenarians?
- Cell processing specific?
- LTFU/survivorship clinic?
- Others

# Focused training: i.e. Thalassemia

- Understanding specific risks of the procedure to particular diseases
  - Age of the patient
  - Is there liver fibrosis? How bad?
  - Is hepatomegaly present? How bad?
  - Other organs: heart? Lungs?
- Allogeneic HCT can be successful in over 80% of low-risk cases



# Focused training: Thalassemia

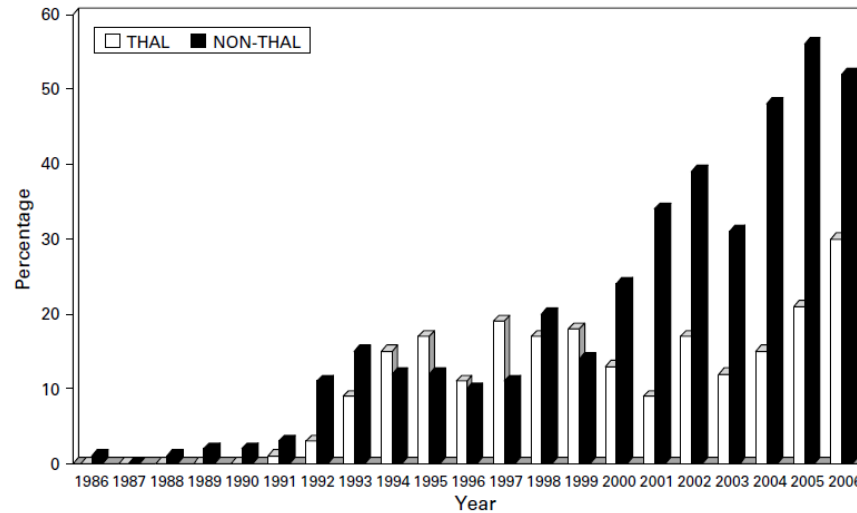


Figure 3 BMT at for thalassemia, compared with other indications. Christian Medical College Hospital, Vellore (October 1986–December 2006).

**Table 3** Outcome of allogenic BMT for thalassemia Christian Medical College Hospital, Vellore (5-year Kaplan–Meier estimate of overall survival and EFS)

Class	Number	Survival (%)	EFS (%)	Rejection (%)
All patients	218	72.3 ± 3.1	65.3 ± 3.3	14.6
Class I	15	71.8 ± 11.98	71.8 ± 11.98	0
Class II	89	82.6 ± 4.1	78.3 ± 4.4	12.4
Class III	114	64.5 ± 4.6	54.6 ± 4.8	18.4

Risk groups	OS	DFS
Class 1 & 2	96.7%	80%
Class 3	65.2%	54.5%
All	79.3%	65.8%

**Unrelated BMT transplantation for beta-thalassemia: the experience of the Italian Bone Marrow Transplant Group**

*Chandy et al. Bone Marrow Transplantation. 2008; 42:S81-84*  
*La Nasa et al. Ann NY Acad Sci. 2005; 1054: 186-95*

# Resources



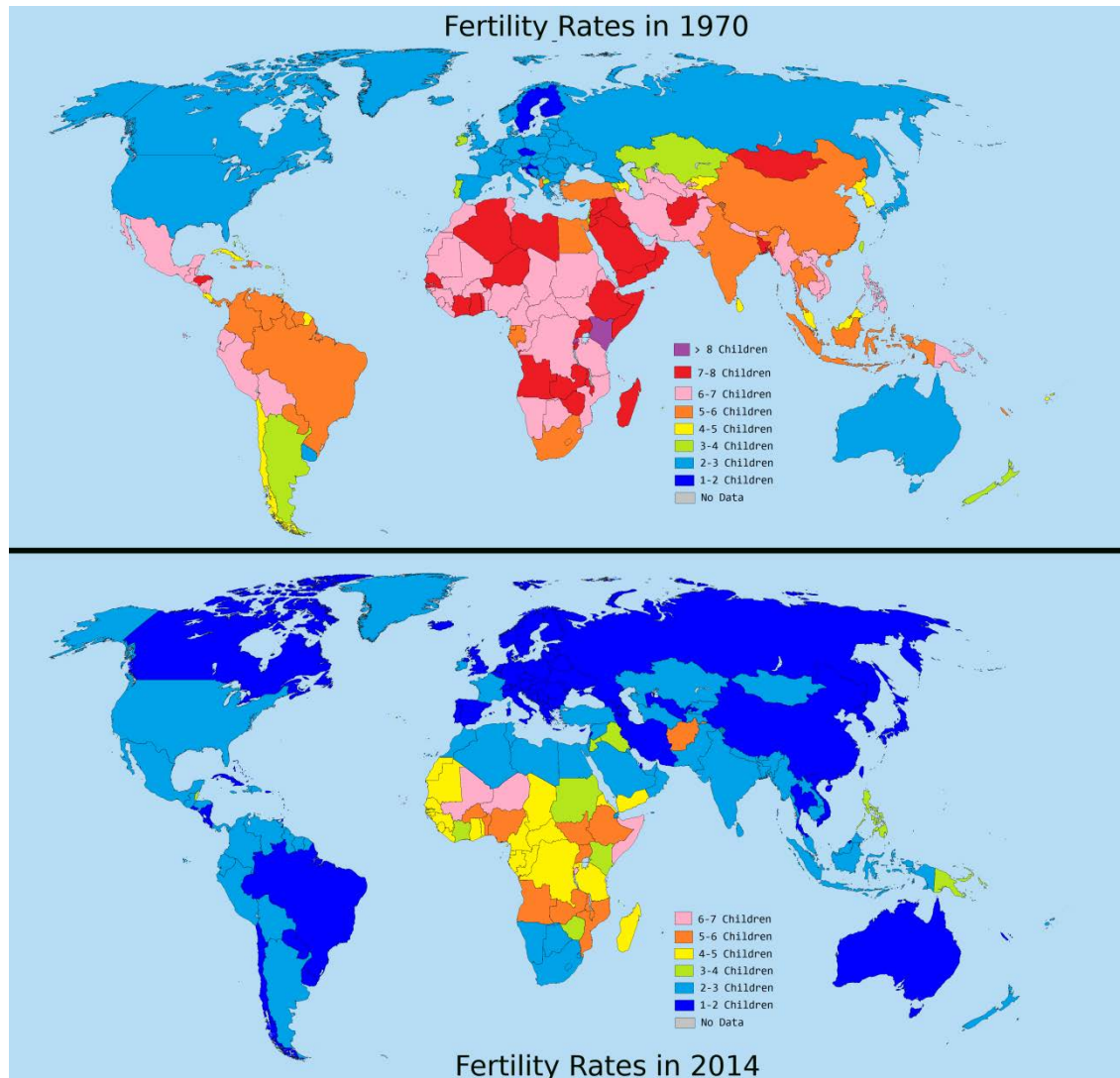
## India (Jaipur)

### *A STOP Thalassemia project*

- Cure2Children's (C2C) team of 6 volunteer doctors and 4 specialist nurses on rotation, worked "hands-on" with the local medical team for 6 weeks, while simultaneously preparing the facility itself
- In February of 2012, the local medical team conducted its 1<sup>st</sup> BMT
- All of the center's first transplanted children are doing well

<http://www.cure2children.org/project/jaipur-india>

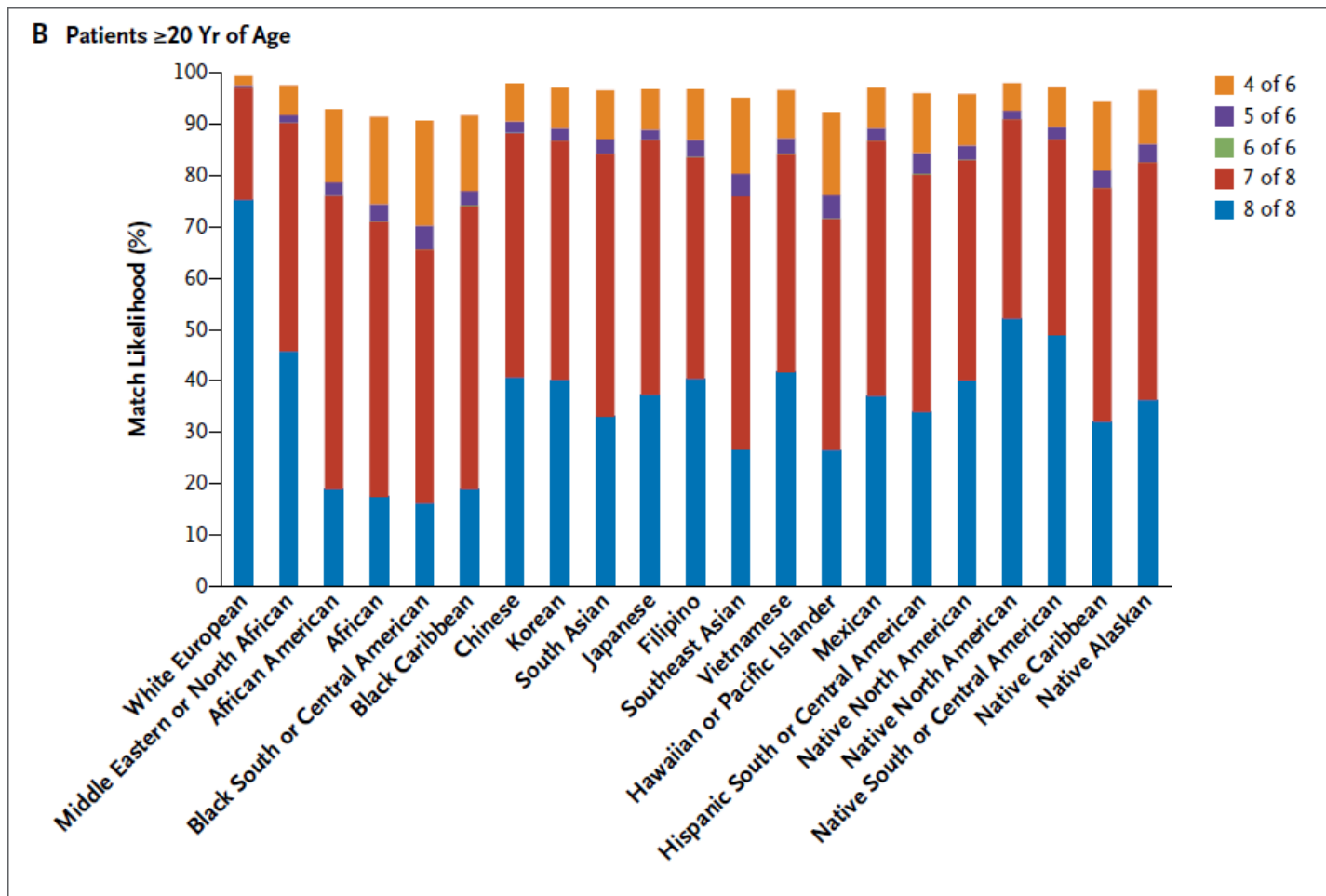
# Haploidentical transplantation: why?



- Declining fertility rates
- Smaller families
- Cost (?)

Source: <http://brilliantmaps.com/fertility-rates/>

# Haploidentical transplantation: why?



**Figure 1.** Match Likelihoods According to Racial and Ethnic Group and Age.

The likelihood of finding a match with the use of a search strategy in which an 8/8 HLA-matched donor is sought first, then a 7/8 HLA-matched donor, and thereafter a cord-blood unit with an adequate cell dose is shown.

# Importance of registries

Bone Marrow Transplantation (2008) 42, S1–S2  
© 2008 Macmillan Publishers Limited All rights reserved 0268-3369/08 \$30.00  
[www.nature.com/bmt](http://www.nature.com/bmt)



## REVIEW

### **The role of registries in facilitating clinical research in BMT: examples from the Center for International Blood and Marrow Transplant Research**

MM Horowitz

*Department of Medicine, Medical College of Wisconsin, Milwaukee, WI, USA*

- Observational databases facilitate research into HCT outcomes (CIBMTR, EBMT, others)
  - Address questions difficult to answer through clinical trials
    - Analyze trends
    - Vast volume
  - Platform to design and develop prospective clinical trials

# Develop own databases/registries

- Allows to analyze outcome trends in own population
  - Identify gaps where new strategies are needed
    - Disease related
    - Supportive care
    - Center specific
    - Others
  - Use as benchmark for developing future prospective studies
    - Attract large pharma-sponsored studies to your part of the world
- Compare your outcomes to those of other transplant registries
  - Collaboration
  - Potential to improve publication output (quality and quantity)

# Networking and twinning



## ■ **International networks**

- **Fosters** development of regional networks among international partners and collaborators
- **Moves beyond** one-on-one partnership approach
  - Promotes self-sufficiency and sharing of expertise among international sites
  - Accelerate global improvements in clinical care of children with cancer and other life-threatening diseases

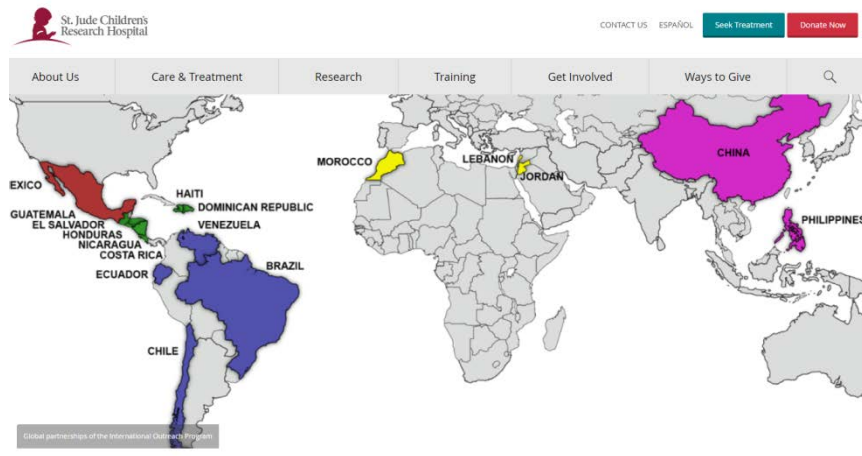




- International networks
  - **AHOPCA:** The Asociación de Hemato-Oncología Pediátrica de Centro América
    - Guatemala, Honduras, El Salvador, Nicaragua, Costa Rica, Dominican Republic and Panama
  - **POEM:** Pediatric Oncology East and Mediterranean Group
    - Armenia, Bahrain, Egypt, India, Iraq, Iran, Jordan, Kuwait, Lebanon, Libya, Morocco, Oman, Pakistan, Palestine, Saudi Arabia, Syria, Tunis, Turkey, United Arab Emirates and Yemen
  - **National Childhood ALL Study Group in China**
    - 20 major centers in China are participating

[www.stjude.org/global/international-outreach/international-networks.html](http://www.stjude.org/global/international-outreach/international-networks.html)

# International partnership



* Eastern Mediterranean		
JORDAN (Amman)	Medical Facility	King Hussein Cancer Center Year Program Initiated: 1996
	Foundation	King Hussein Cancer Center Foundation
LEBANON (Beirut)	Medical Facility	American University of Beirut Year Program Initiated: 2000
	Foundation	Children's Cancer Center of Lebanon
MOROCCO (Casablanca)	Medical Facility	Hôpital 20 Aout 1953 Year Program Initiated: 2000
	Foundation	Agir, Association Marocaine de Soutien Aux Malades du Sang
MOROCCO (Rabat)	Medical Facility	Hôpital d'Enfants Year Program Initiated: 2000
	Foundation	L'Avenir, Association des Parents et Amis de Enfants



A prospective international cooperative information technology platform built using open-source tools for improving the access to and safety of bone marrow transplantation in low- and middle-income countries

Rajat Kumar Agarwal,<sup>1</sup> Amit Sedai,<sup>1</sup> Sunil Dhimal,<sup>1</sup> Kumari Ankita,<sup>1</sup> Luigi Clemente,<sup>2</sup> Sulman Siddique,<sup>2</sup> Naila Yaqub,<sup>3</sup> Sadaf Khalid,<sup>3</sup> Fatima Itrat,<sup>3</sup> Anwar Khan,<sup>3</sup> Sarah Khan Gilani,<sup>3</sup> Priya Marwah,<sup>4</sup> Rajpreet Soni,<sup>4</sup> Mohamed El Missiry,<sup>2</sup> Mohamed Hamed Hussain,<sup>2</sup> Cornelio Uderzo,<sup>2</sup> Lawrence Faulkner<sup>2</sup>

- **Jagriti innovations** (Bengaluru, Karnataka, India)
  - Tailored solutions for complex workflows and business applications
  - Developed a collaboration tool in partnership with the Cure2Children Foundation
 
  - Used by health professionals in Italy, Pakistan, and India for the collaborative management of BMT patients who received the procedure for Thalassemia major since Aug. 2008
  - Online open access database covers data recording, analyzing, and reporting besides enabling knowledge exchange, telemedicine, capacity building, and quality assurance



*"Change is the law of life. And those who look only to the past or the present are certain to miss the future"*

President John F. Kennedy

May 29, 1917-Nov 22, 1963

# Telemedicine



Doctors are linking up with patients by phone, email and webcam. But some critics question whether the quality of care is keeping up with the rapid expansion of telemedicine. Illustration: C.J. Burton for The Wall Street Journal

By **MELINDA BECK**

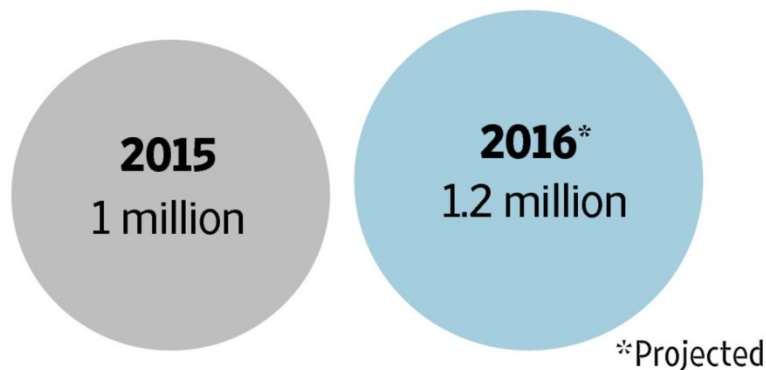
June 26, 2016 10:10 p.m. ET

**THE WALL STREET JOURNAL.**

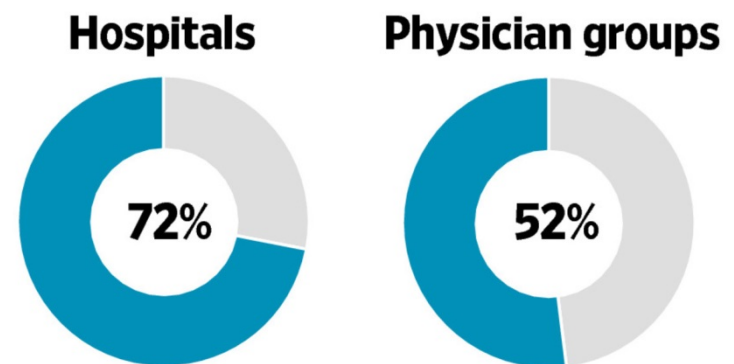
# THE WALL STREET JOURNAL.

- Telemedicine is transforming healthcare
  - It is already here
  - It is facilitating
    - Physician ↔ Patient communication
    - Physician ↔ Physician communication
  - Allows better care where medical expertise is unavailable

**The number of virtual doctor visits in the U.S.**



**Percentage of providers that have telemedicine programs**



# Telemedicine

- Telemedicine is spreading rapidly
  - >15 million Americans received some kind of medical care remotely in 2015, according to the American Telemedicine Association. Numbers expected to grow by 30% in 2016
  
- Challenges remain
  - Is quality being sacrificed for convenience?
  - Consulting random doctors
    - Continuity of care?
  - Licensing and regulations across state/provincial/country/continent lines
  - Privacy rules (not clearly defined doctor-patient relationship)

*Beck M. Wall Street Journal. June 26, 2016*

# Telemedicine in Hematopoietic Cell Transplantation

## ■ Institution-to-institution

### ■ Virtual meetings

- Tumor board: discuss indications/eligibility for procedure
- Review of Radiology/EKG
- Pathology/Cytology: GVHD diagnosis, challenging diagnoses

## ■ Patient-to-physician

- Real time access to information regarding changes in clinical condition
- Potential to improve compliance with prescribed therapies
- Surveillance



# Telemedicine in HCT: Institution-to-institution

- Ultimate goal is to share knowledge to:
  - Improve patient care
    - By developing modern treatment algorithms
    - Optimizing SOPs
  - Foster research collaborations
    - Enhance access to new therapies as part of clinical trials
    - Develop databases
      - Assess outcomes periodically
      - Identify gaps where change/improvement is needed
  - Enhance operational efficacy
    - Cost containment

# Closing remarks

- Effective training requires clear understanding of the center needs
  - Focused
  - Continuous self-assessment
  - Twinning and networking
- Eventually move from passive learning → knowledge sharing
- Technology has made the world flat
  - Universal and easy access to available knowledge
  - Integrate technology to enhance and expand all aspects of care

شكرا

Thank you

Gracias

Grazie

Obrigado

Danke

ありがとうございました

Merci