

# Photopheresis in Acute Graft-versus-Host Disease

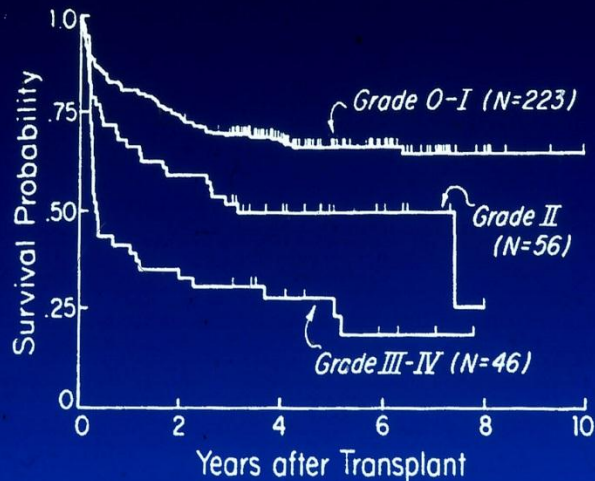
**Hildegard T. Greinix**  
**Medical University of Vienna**  
**Austria**



Univ. Klinik für  
Innere Medizin I

# Acute GvHD is Serious Complication of Allo HCT

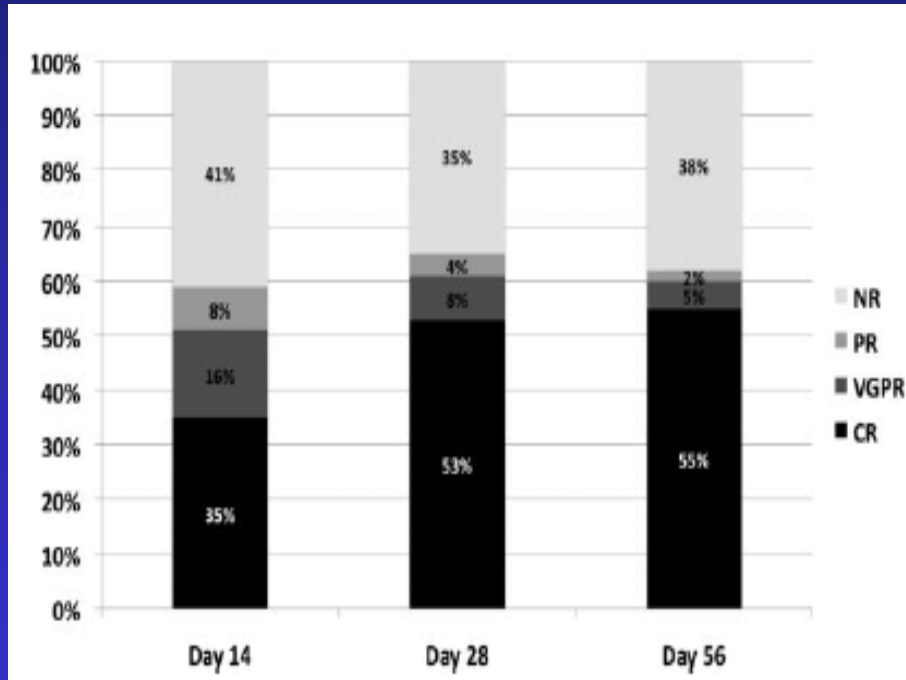
## Influence of aGVHD on survival



- **Challenge:** GvL effect vs. morbidity and mortality due to severe GvHD
- GvHD has significant negative impact on survival
- **Challenge:** Efficacy vs toxicity of IS

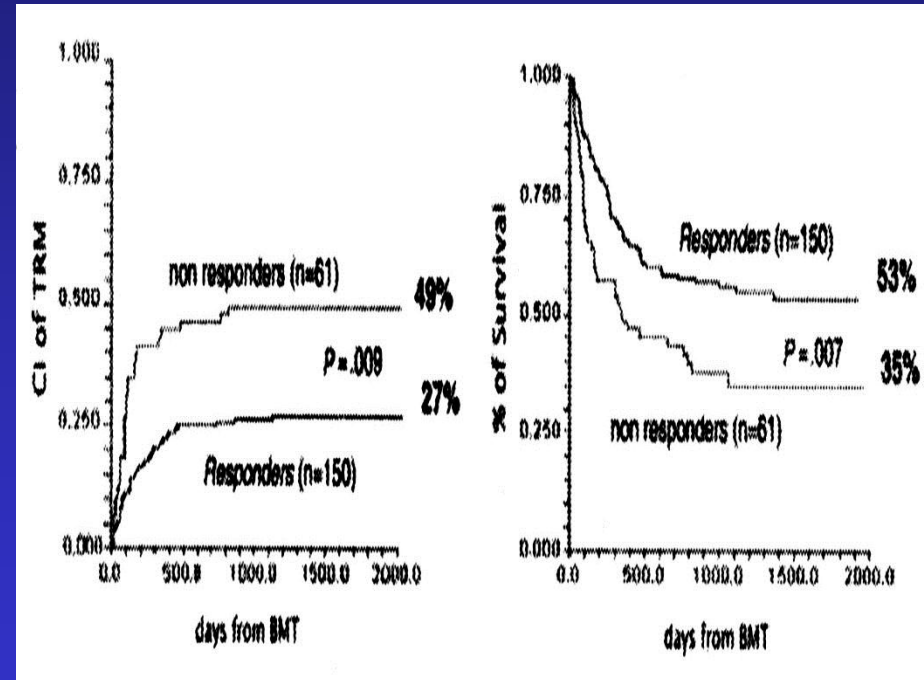
# Steroids as Established First-Line Therapy of Acute GvHD

## Response to Steroids



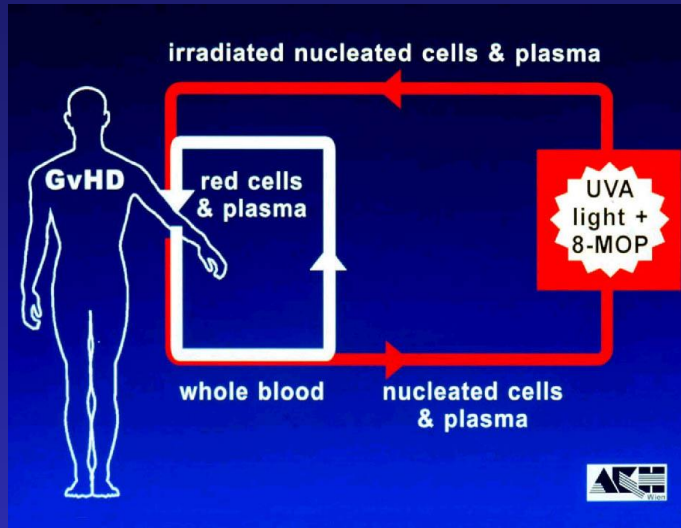
MacMillan et al, Blood 2010

## NRM and OS

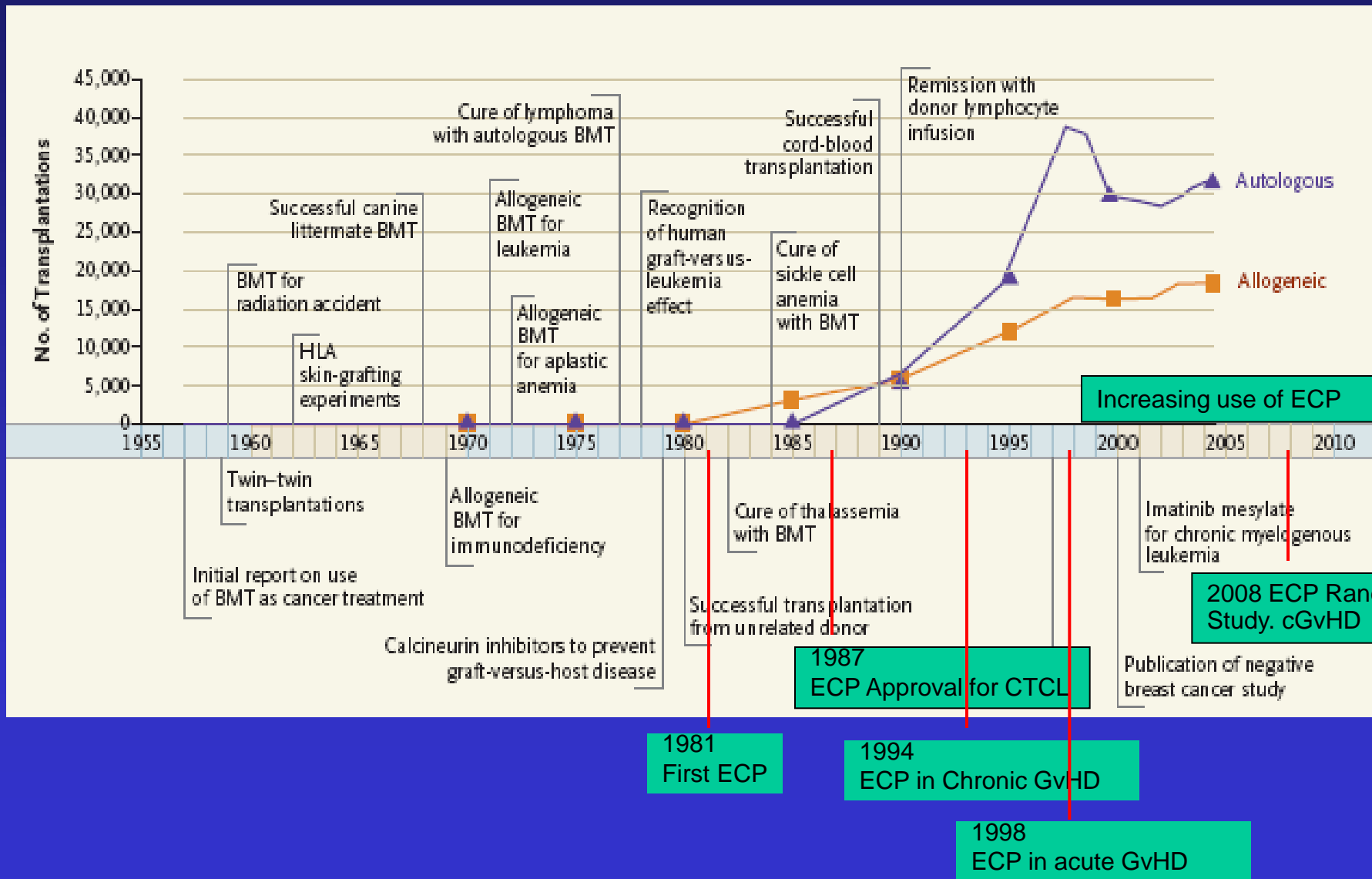


Van Lint et al, Blood 2006

# ECP in Acute Steroid-Refractory GvHD



# Development of ECP for Clinical Use



# Pilot Study of ECP in Acute Steroid-Refractory GvHD

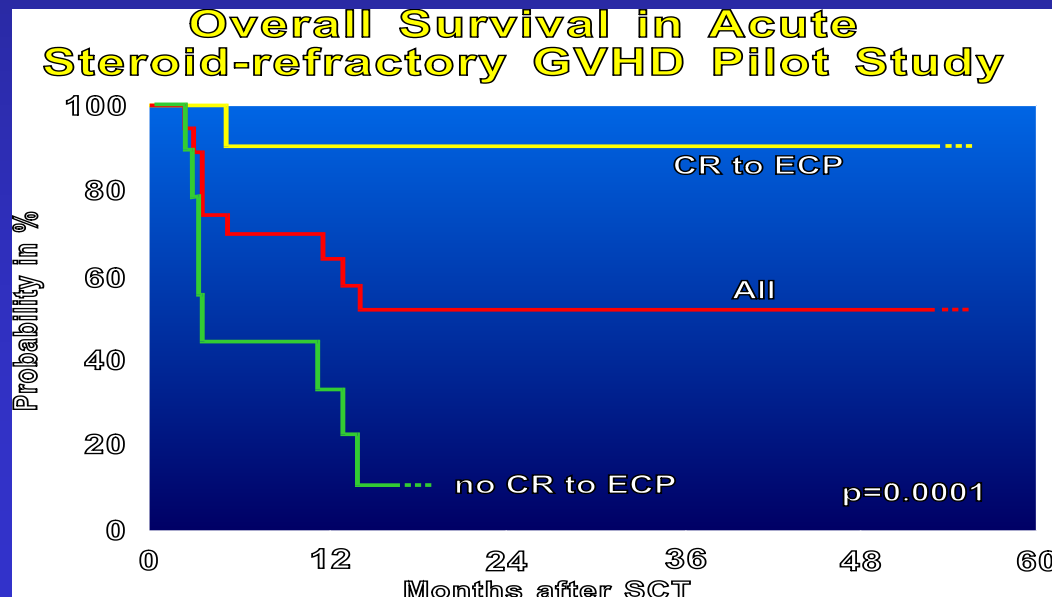
blood

2000 96: 2426-2431

Extracorporeal photochemotherapy in the treatment of severe steroid-refractory acute graft-versus-host disease: a pilot study

Hildegard T. Greinix, Beatrix Volc-Platzler, Peter Kalhs, Gottfried Fischer, Agatha Rosenmayr, Felix Keil, Hubert Hönigsman and Robert M. Knobler

- To evaluate the **safety and efficacy of ECP**.
- In addition to CSA and steroids at 2 mg/kg ECP performed on 2 consecutive days at 1 to 2 week intervals until improvement, then every 2 to 4 weeks until maximal response.



# ECP in acute GvHD

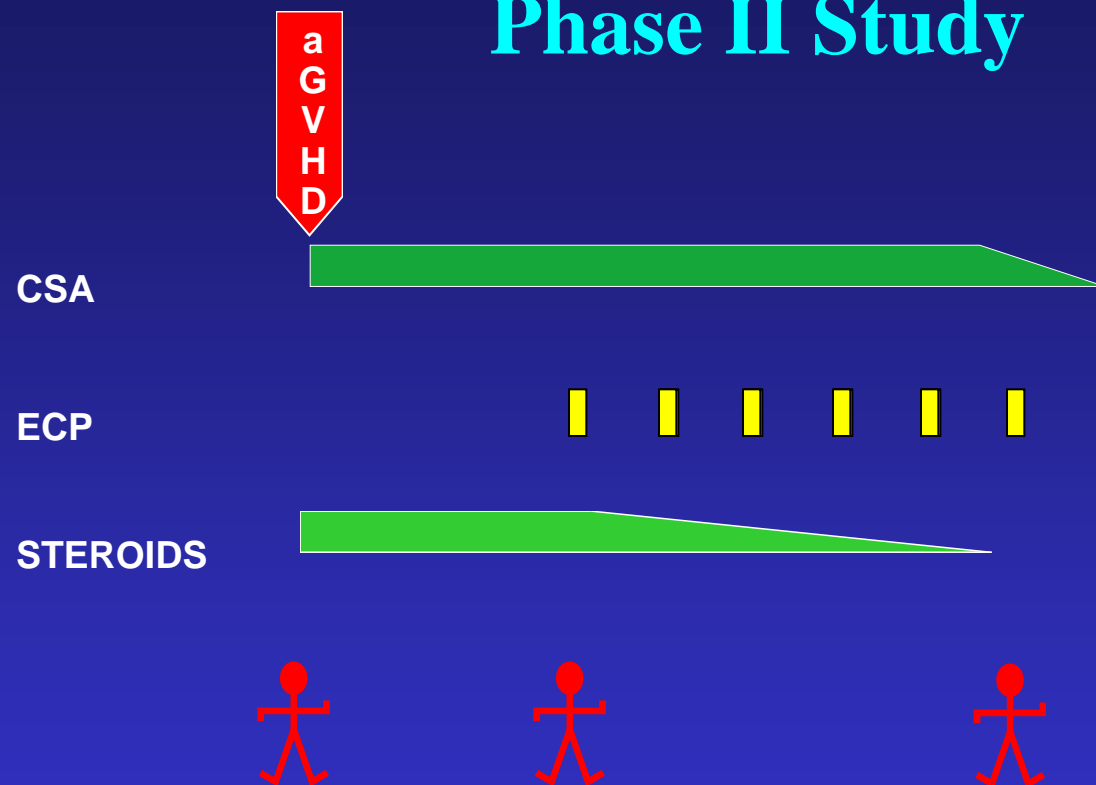
- **Inclusion criteria**

- Grades II to IV
- Steroid-refractory  
(steroids at 2mg/kg  
b.w. for at least 4 days)
- Steroid-dependent  
(flare-up during taper)
- Karnofsky  $\geq 50\%$
- Signed written  
informed consent

- **Exclusion criteria**

- Uncontrolled infection
- ANC  $< 1.0 \times 10^9/l$
- Plts  $< 20 \times 10^9/l$
- Hemodynamic  
instability
- Hypersens. to 8-MOP
- Poor compliance

# Intensified ECP in Acute Steroid - Refractory/Dependent GvHD Phase II Study



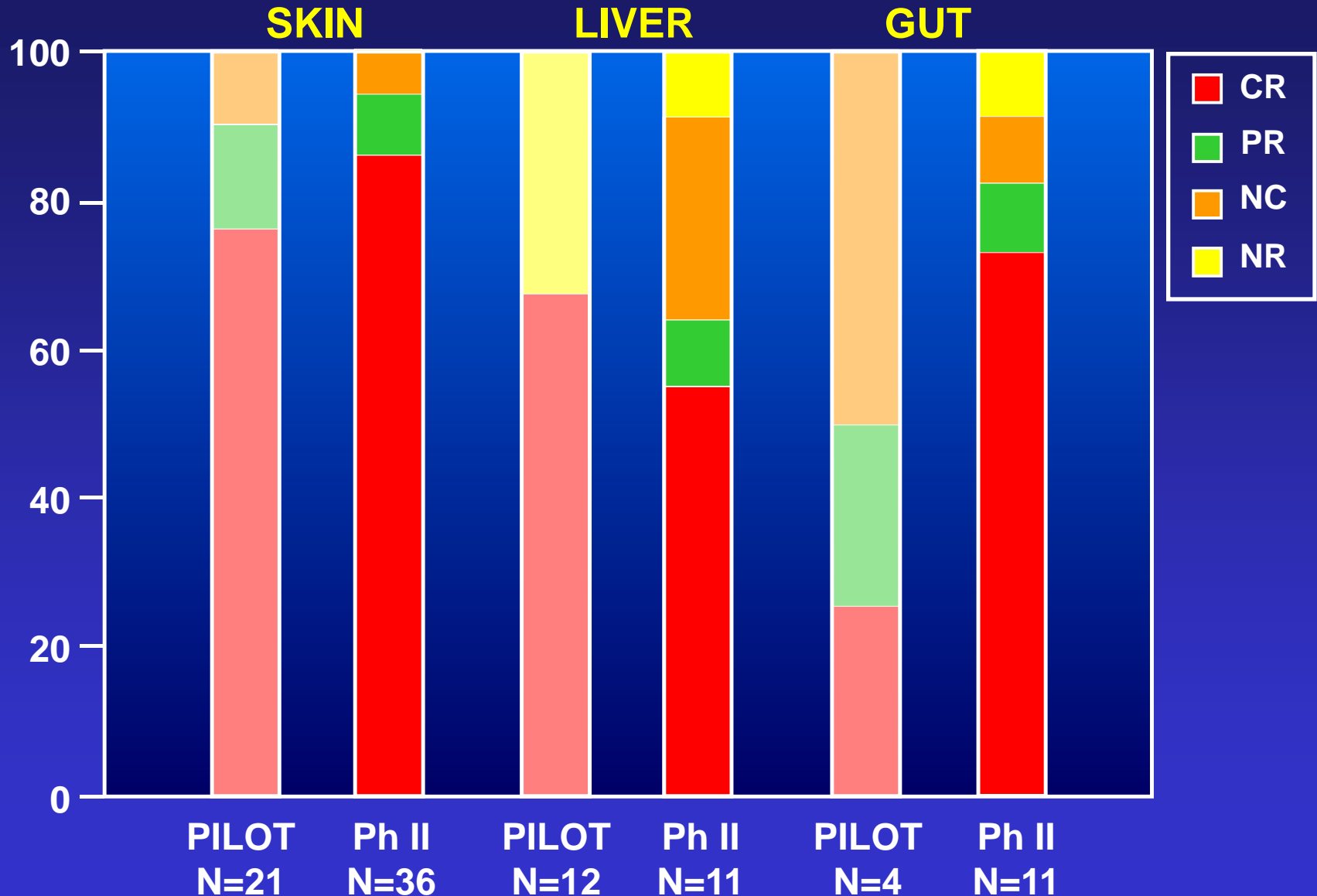
- **ECP started earlier** (steroids at 2mg/kg b.w. for at least 4 days or flare-up during steroid taper)
- Grades II to IV
- ECP on **2 consecutive days per week**
- No maintenance ECP



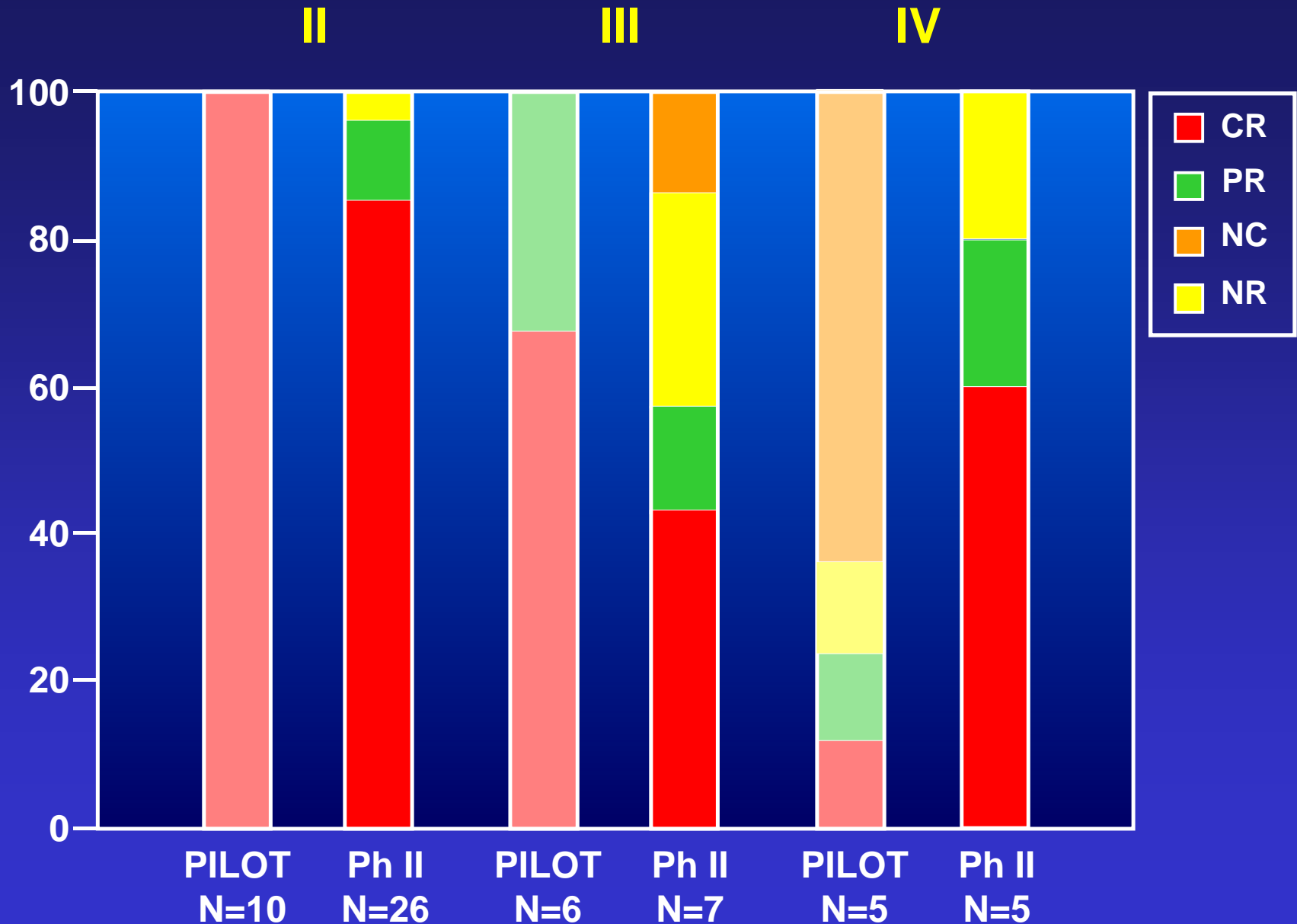
# Comparison Pilot Study and Phase II Study

	<b>All N=59</b>	<b>Pilot N=21</b>	<b>Phase II N=38</b>
II/III/IV at ECP	36/13/10	10/6/5	26/7/5
Skin alone	31	8	23*
Skin+liver	13	9	4
Skin+liver+gut	8	3	5
Others	7	1	6
HCT-ECP d	37 (17-70)	41 (20-70)	36 (17-69)*
D steroids prior ECP	17 (4-49)	21 (9-49)	16 (4-43)*
Cum.steroid dose first-line mg/kg	2.8 (2-10.4)	3.9 (2-10.4)	2.1 (2-6.5)*
Med.steroids at start of ECP mg/kg	2.1 (0.7-10.4)	2.6 (1.1-10.4)	1.9 (0.7-2.3)*

# ECP as Second-line Therapy in Acute Steroid-Refractory and Steroid-Dependent GvHD



# ECP as Second-line Therapy in Acute Steroid-Refractory and Steroid-Dependent GvHD

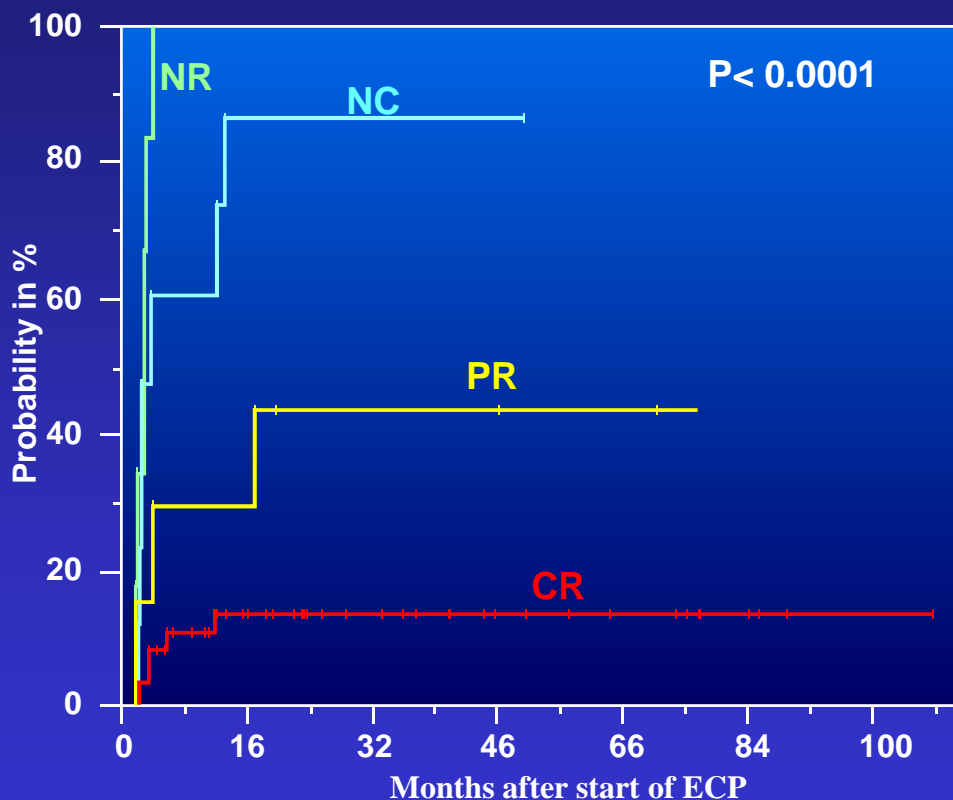


## Acute Steroid-Refractory and Steroid-Dependent GvHD

# Results of ECP

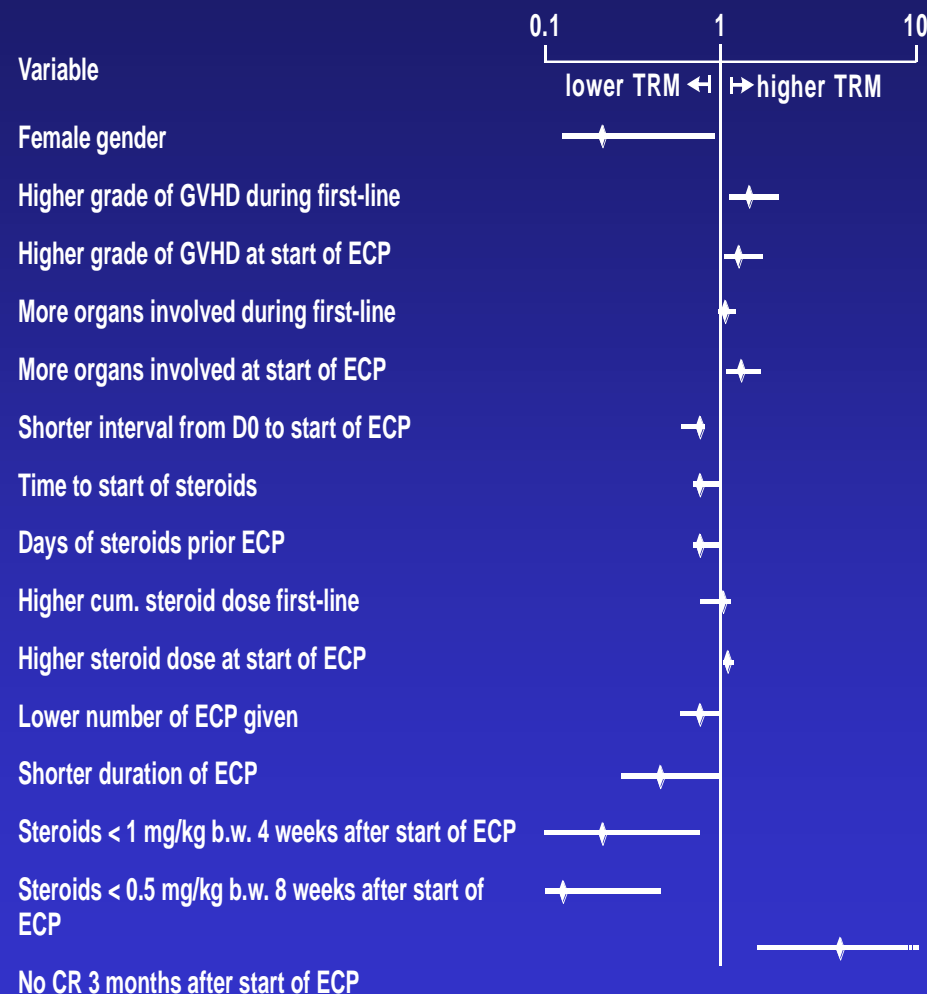
	All	Pilot	Phase II
No ECP cycles	7 (1-45)	11 (1-45)	5 (1-16)
Length ECP mo	3 (0.5-31)	5 (1-31)	1.5 (0.5-7)
Max. response after ECP cycle	<b>4 (1-13)</b>	<b>4 (1-13)</b>	<b>4 (1-8)</b>
Max. response after months	<b>1.3 (0.5-6)</b>	<b>2 (0.5-6)</b>	<b>1.2 (0.5-4.5)</b>
DC steroids d	55 (17-284)	53 (18-122)	56 (17-284)
Steroid dose 4 weeks after start	0.9 (0-5) mg/kg	1.1 (0-5) mg/kg	0.7 (0-2) mg/kg
Steroid dose 8 weeks after start	0.3 (0-1.5)mg/kg	0.3 (0-1.3)mg/kg	0.2 (0-1.5)mg/kg

## TRM of Patients with Steroid-Refractory Acute GvHD According to Response to Second-Line ECP

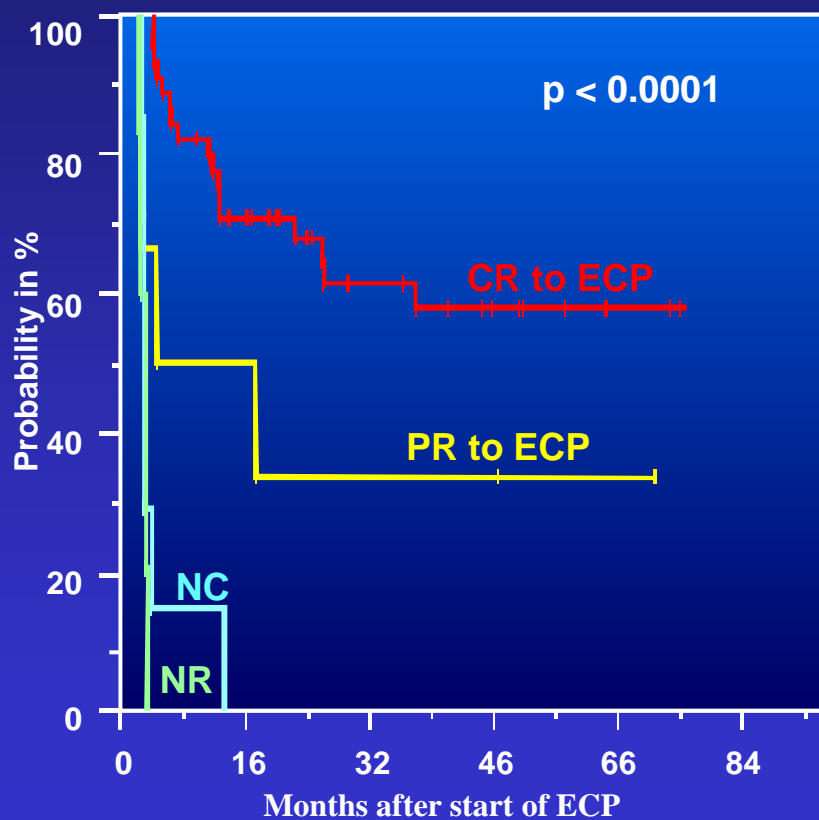


Greinix et al, Haematologica 2006

## Hazard Ratios for TRM

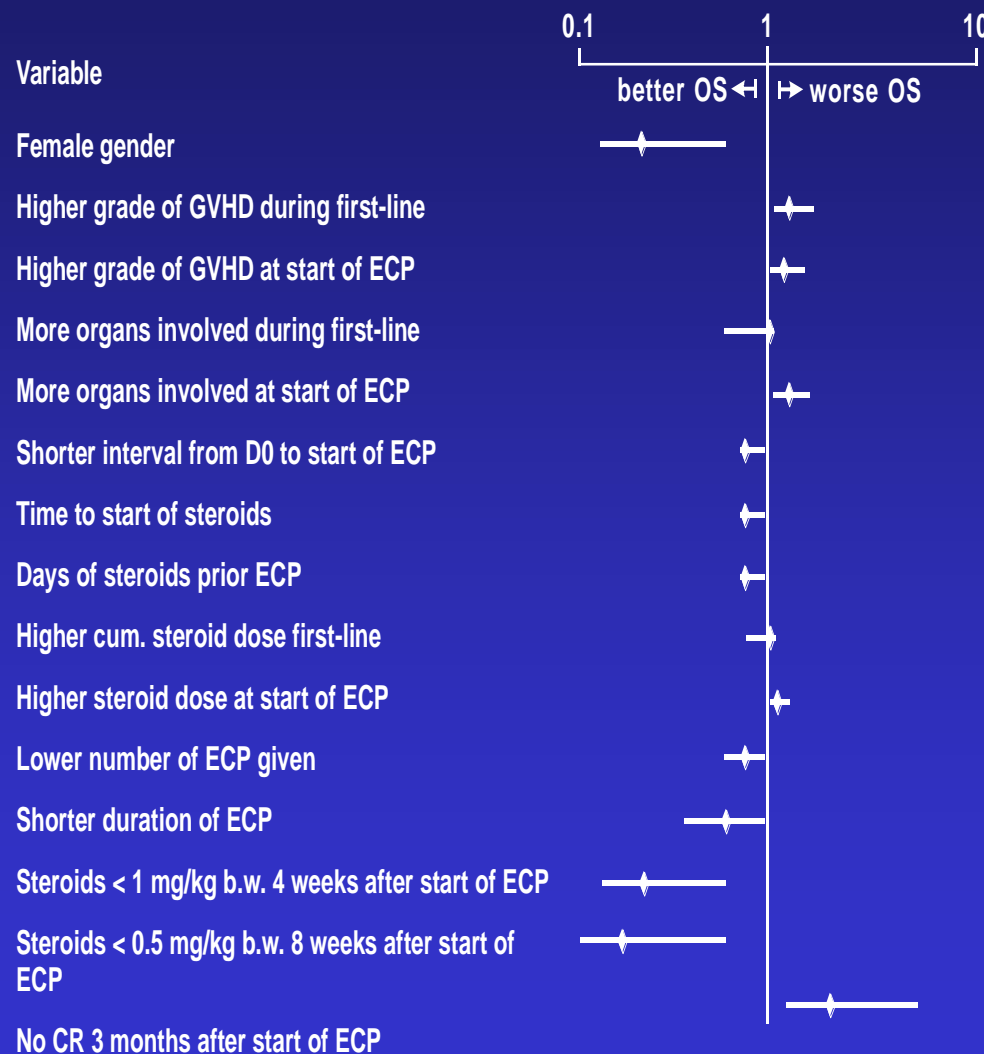


## Overall Survival of Patients with Steroid-Refractory Acute GvHD According to Best Response to Second-Line ECP



Greinix et al, Haematologica 2006

## Hazard Ratios for Overall Survival



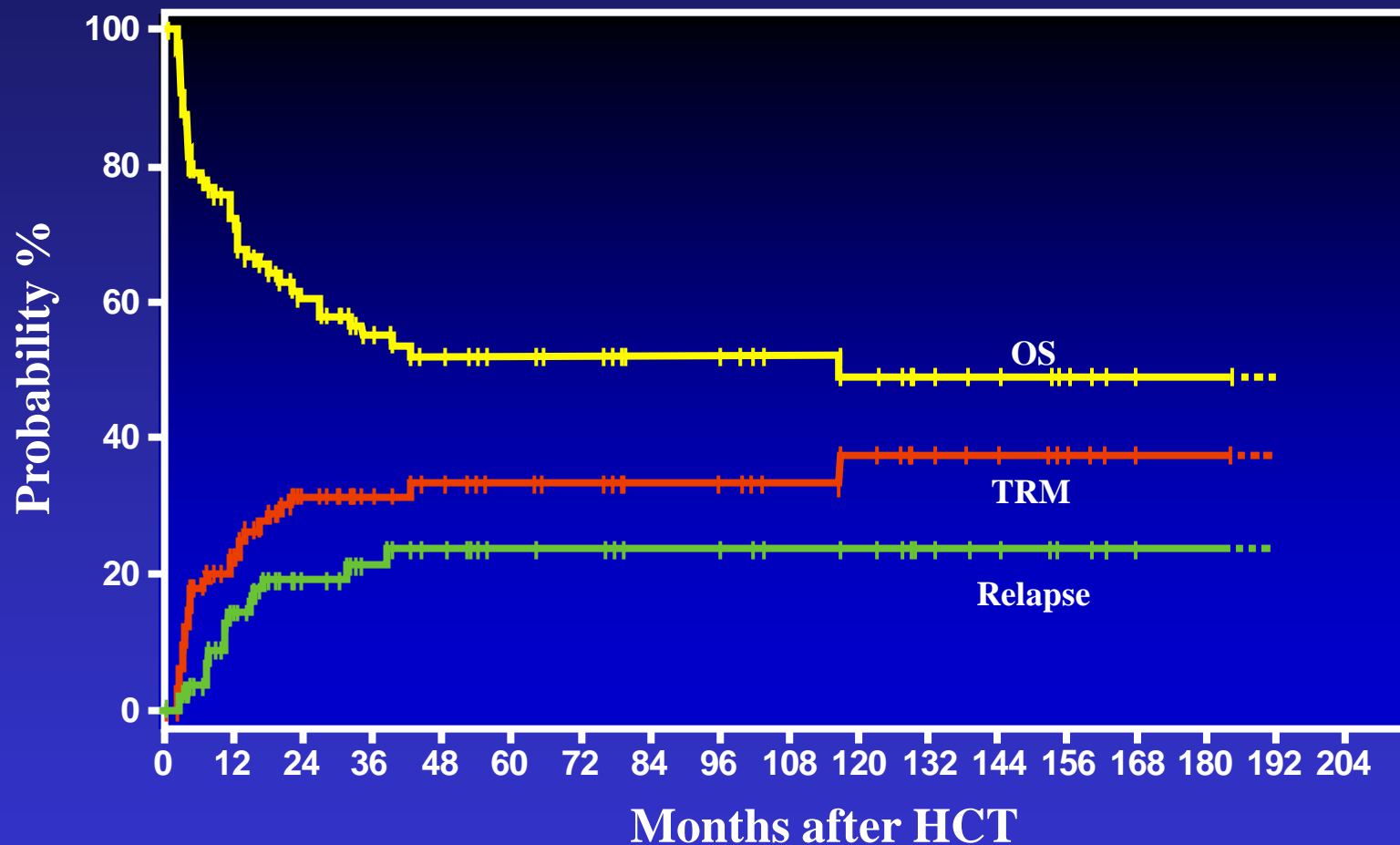
Acute Steroid-Refractory/Dependent GvHD

# Outcome after ECP (n=96)

Outcome	No (%)
Alive	52 (54)
No chronic GVHD	36/52 (69)
Relapse	17 (18)
Med. FU yrs	6 (0.5-15)

# ECP in Steroid-refractory Acute GvHD

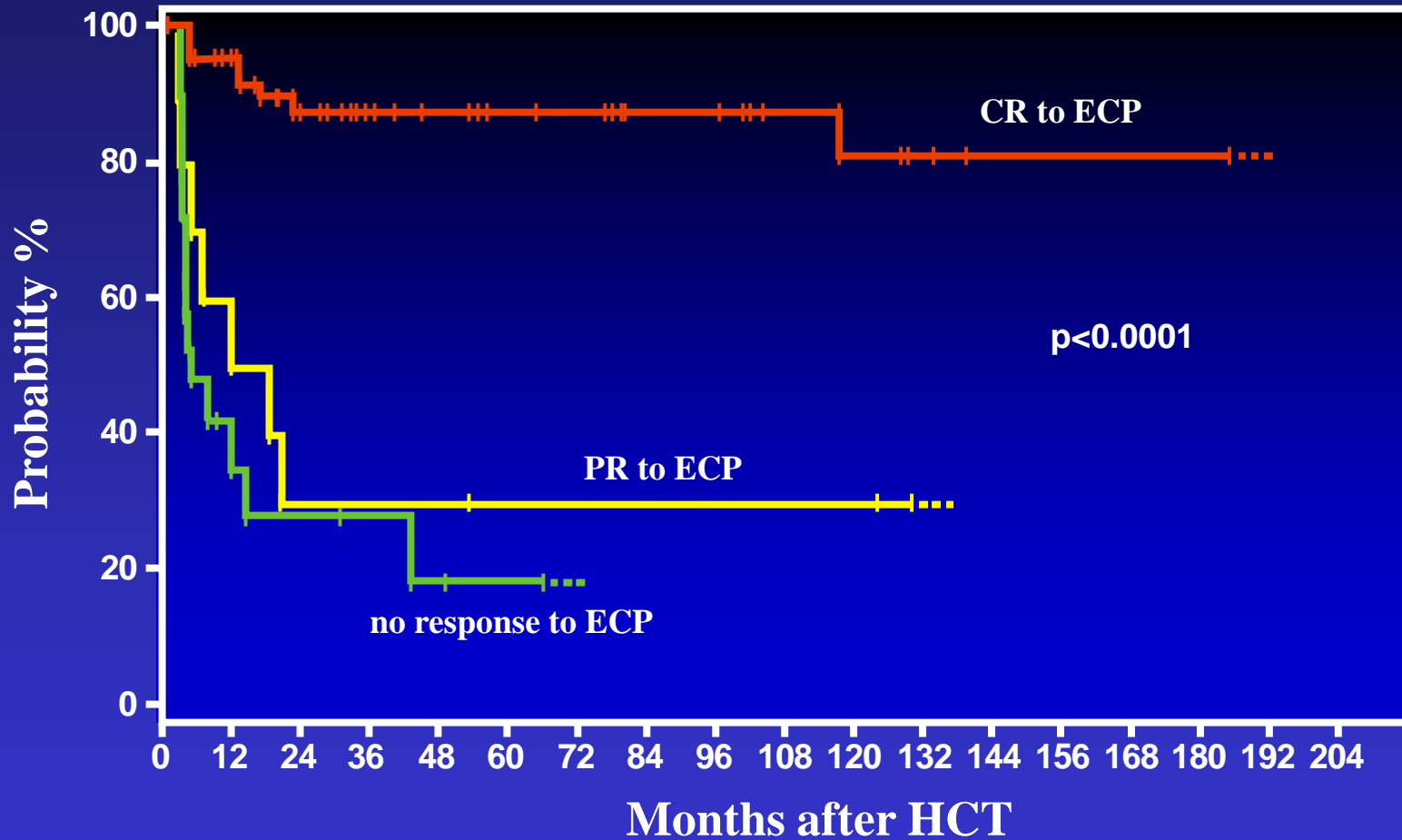
## Long-Term Results (n=96)





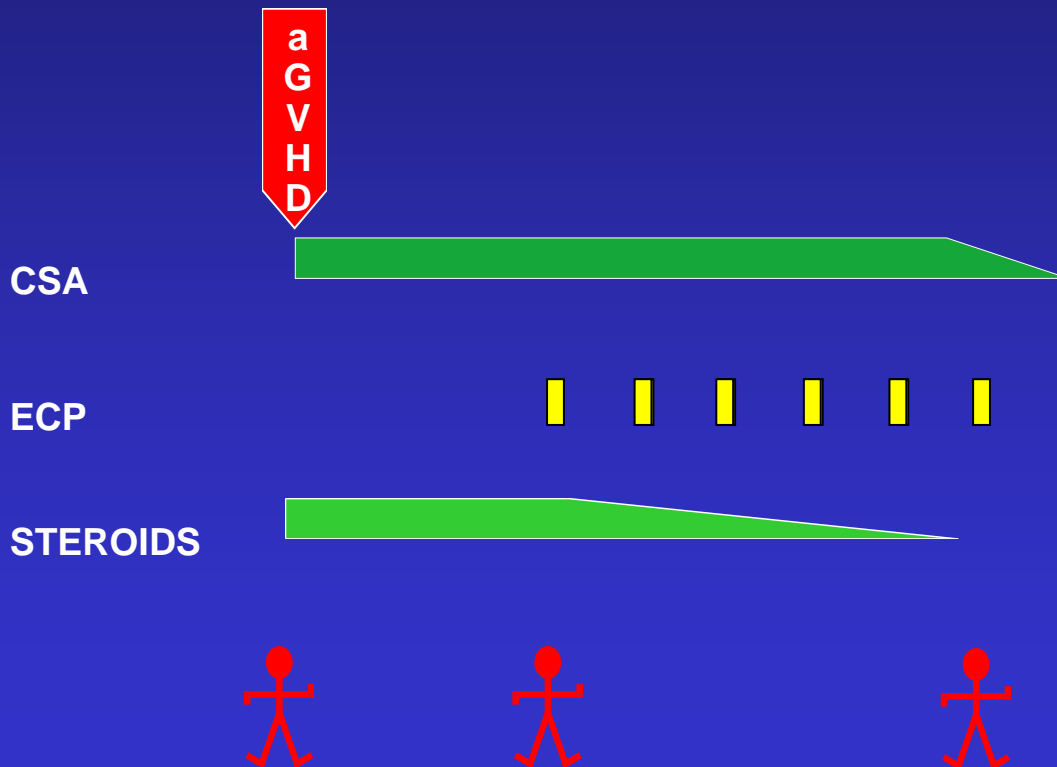
# ECP in Steroid-refractory Acute GvHD

## Long-Term Survival according to Response (n=96)



# Second-Line ECP in Acute Steroid-Refractory GvHD

## Intensified Second-Line ECP



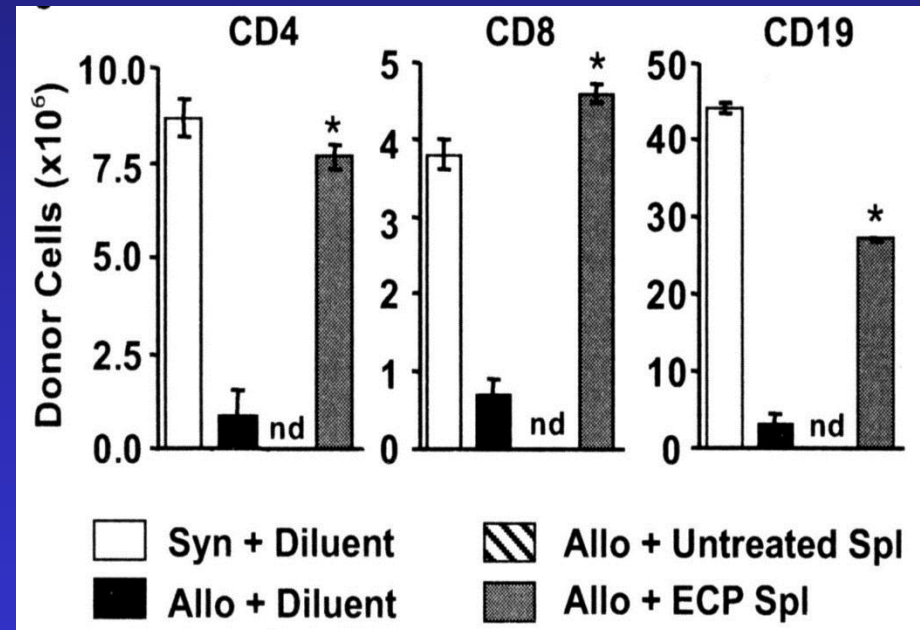
- ECP is effective and well-tolerated adjunct second-line therapy.
- **Start ECP early** for  $\uparrow$  CR and  $\downarrow$  TRM.
- **Apply ECP weekly** on 2-3 days.
- Short ECP treatment times, **no flare-ups**.
- **Rapid steroid taper:**  $\downarrow$  TRM and  $\uparrow$  OS.
- GvL not affected.

# Efficacy of ECP is not a result of generalized immunosuppression

Improvement in immune reconstitution after ECP in experimental allo BMT

- No increase of opportunistic infections or relapse during ECP
- No suppression of T-or B-cell responses to novel or recall antigens after ECP

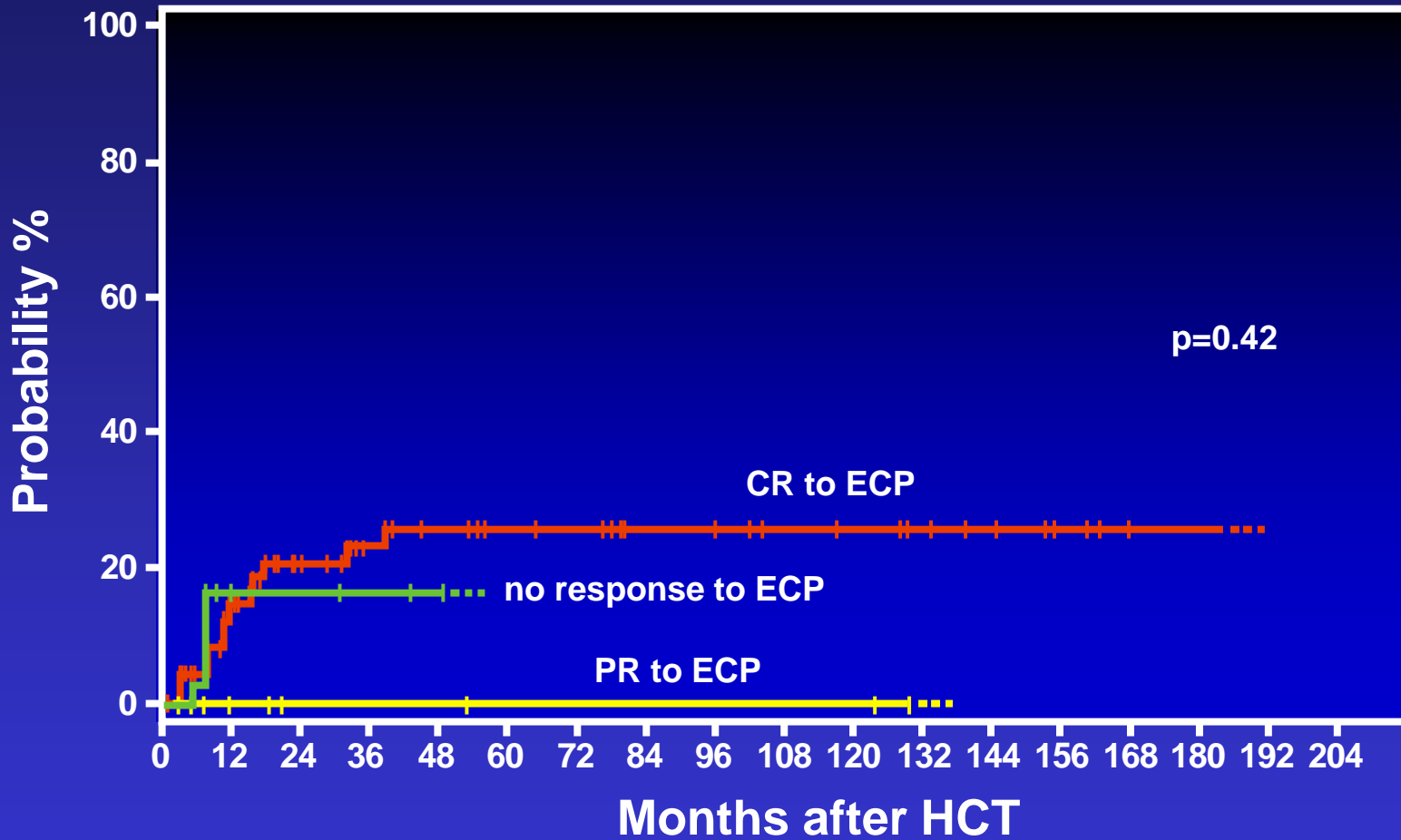
Suchin et al, J Am Acad Dermatol 1999



Gatza et al, Blood 2008

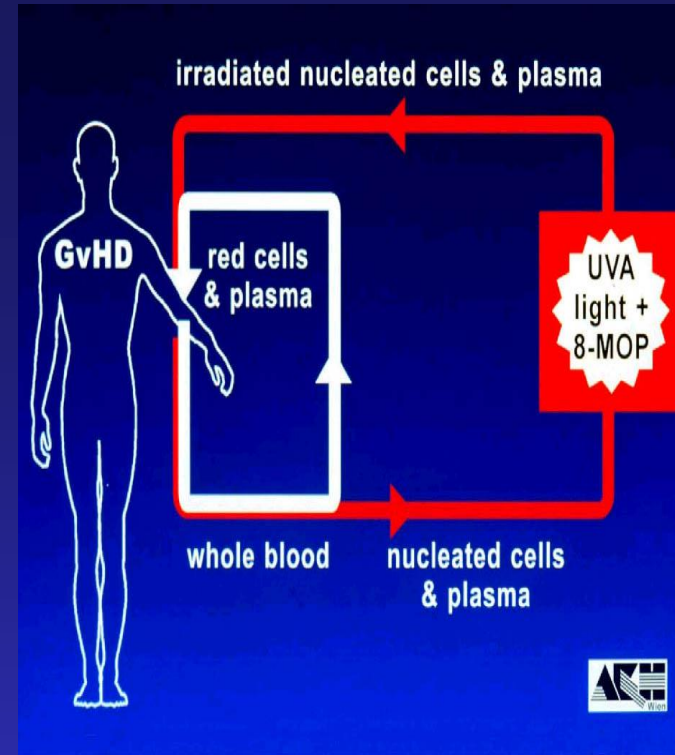
# ECP in Steroid-refractory Acute GvHD

## Long-Term Results on Relapse (n=96)



# Safety

- **Excellent safety profile**
- **Reported adverse events**
  - Hypotension in 2-4%
  - Dizziness in up to 4%
  - Chills in up to 5%
  - Anemia
- **Catheter-related side effects**
  - CVC-related infections
  - Venous thrombosis



# ECP in Steroid-Refractory Acute GvHD

Author	Pts	CR/PR Skin %	CR/PR Liver %	CR/PR Gut %	OS %
Salvaneschi 01	9	89	20	60	67
Dall'Amico 02	14	79	57	70	57
Messina 03	33	82	60	75	69
Kanold 07	12	100	67	83	75
Greinix 06	59	93	65	74	47
Calore 08	15	92	100	71	85
Perfetti 08	23	66	27	40	48
Perotti 10	50	83	67	73	64

# ECP in Steroid-Refractory Acute GvHD

**297 pts reported in 24 publications.**

CR/PR Skin	75%	(50-100%)
CR/PR Liver	47%	(0-100%)
CR/PR Gut	58%	(0-100%)
OS	60%	(37.5-85%)

**ECP is effective and well-tolerated adjunct second-line therapy.**

# ECP vs Anticytokine Therapy

- **Retrospective comparison** of patients with aGvHD given second-line treatment
  - Steroid-Refractory: progression after 3 d or no response after 7 d
  - Steroid-Dependent: recurrence during taper
- **Patient selection criteria**
  - HCT after January 2005
  - $\geq$  grade 2
  - Steroids  $\geq$  1 mg/kg/day alone as first-line therapy
- Continuation of CNIs during second-line therapy
- **Comparison of extracorporeal photopheresis with anticytokines**
  - **Inolimomab** (anti-IL2R): 0.3 mg/kg/d x 8 d, 0.4 mg/kg x 3/w for 3 w
  - **Etanercept** (anti-TNR): 25 mg x 2/w for 4 w, 25 mg/w for 4 w
  - **ECP**: 2-3 d/week

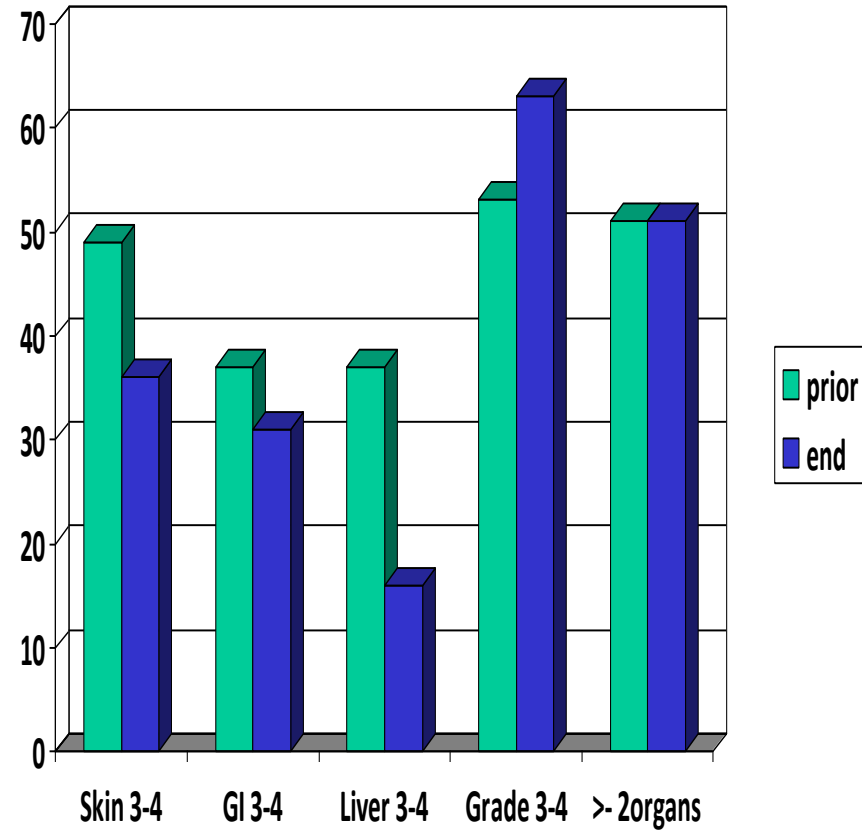
Jagasia et al, BBMT 2013;19:1124-35.



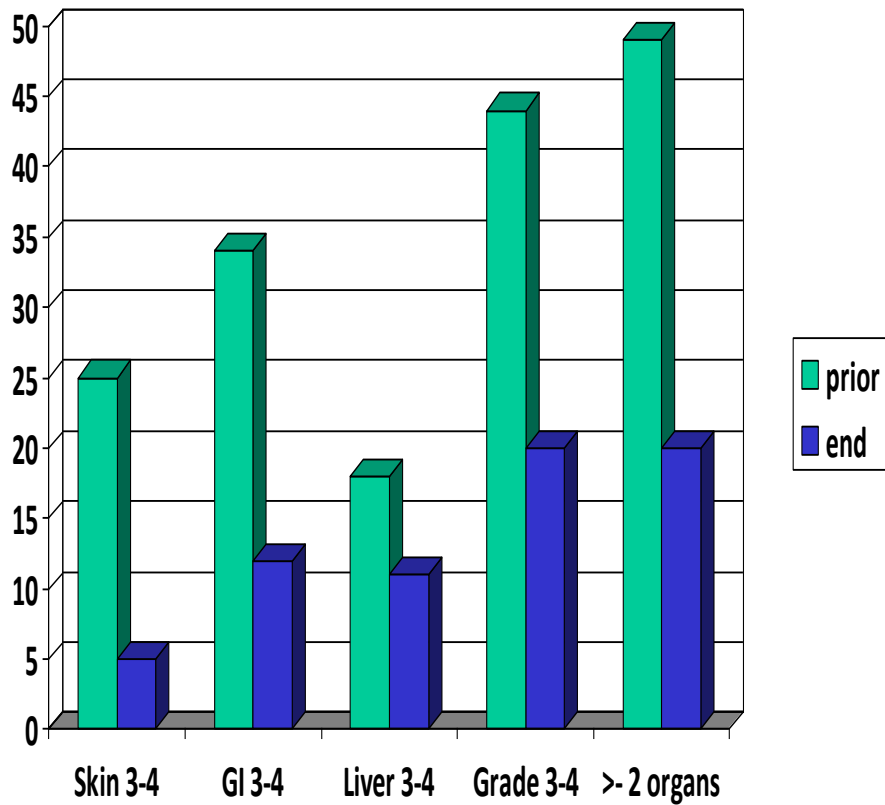
**Demographic, Clinical, and Genetic Characteristics**

<b>Patient Characteristics N (%) ( n=127)</b>		
<b>Center</b>	<b>ECP (n=86)</b>	<b>Non-ECP (n=41)</b>
Vanderbilt	29	-
Nottingham	22	-
Vienna	35	-
Paris	-	41
<b>Gender</b>		
Male	48 (56%)	25 (61%)
Female	38 (44%)	16 (39%)
<b>Age (y) (median)</b>	47 (range, 17-67)	44 (5-64)
<b>Diagnosis</b>		
Acute Leukemia	50 (58%)	21 (51%)
Lymphoma	18 (21%)	5 (12%)
Myeloid Disorders	16 (19%)	10 (24%)
Myeloma	2 (2%)	5 (12%)

## Response to Anticytokine Therapy (n=41)



## Response to ECP (n=86)



## Overall Response to 2nd Line Therapy

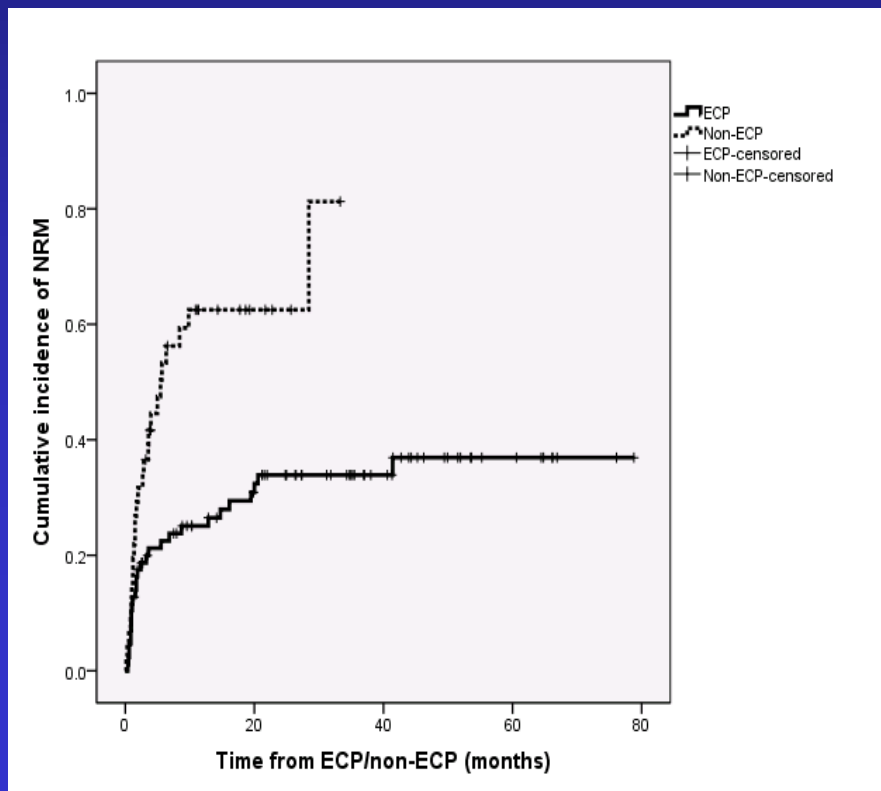
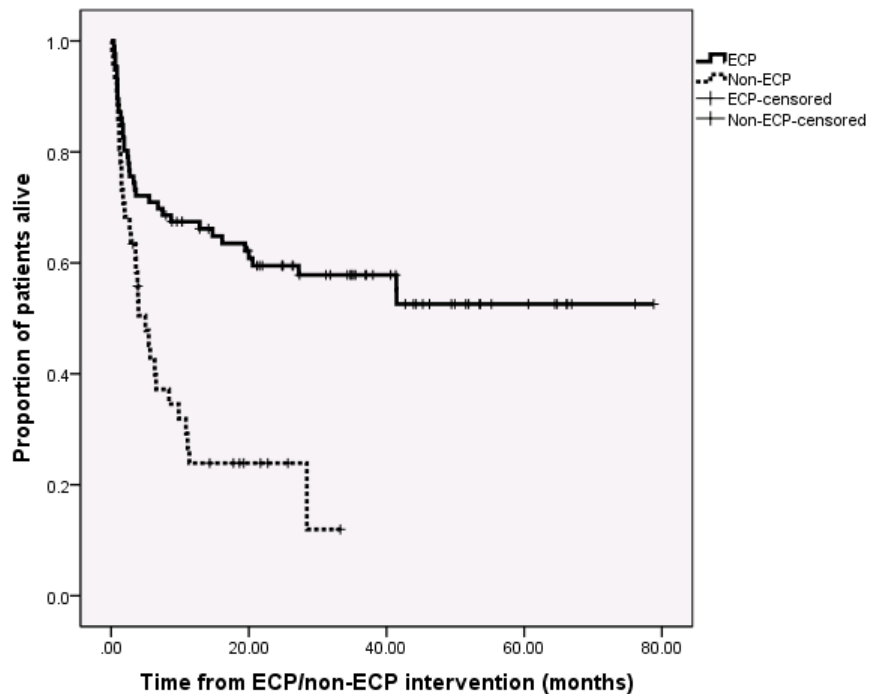
Variable	ECP N (%)	Non-ECP N (%)
Overall Response*	62 (73%)	13 (32%)
PR	9 (11%)	5 (12%)
CR**	53 (62%)	8 (20%)

Jagasia et al, BBMT 2013;19:1124-35.

\* P<0.0001

\*\* P<0.001

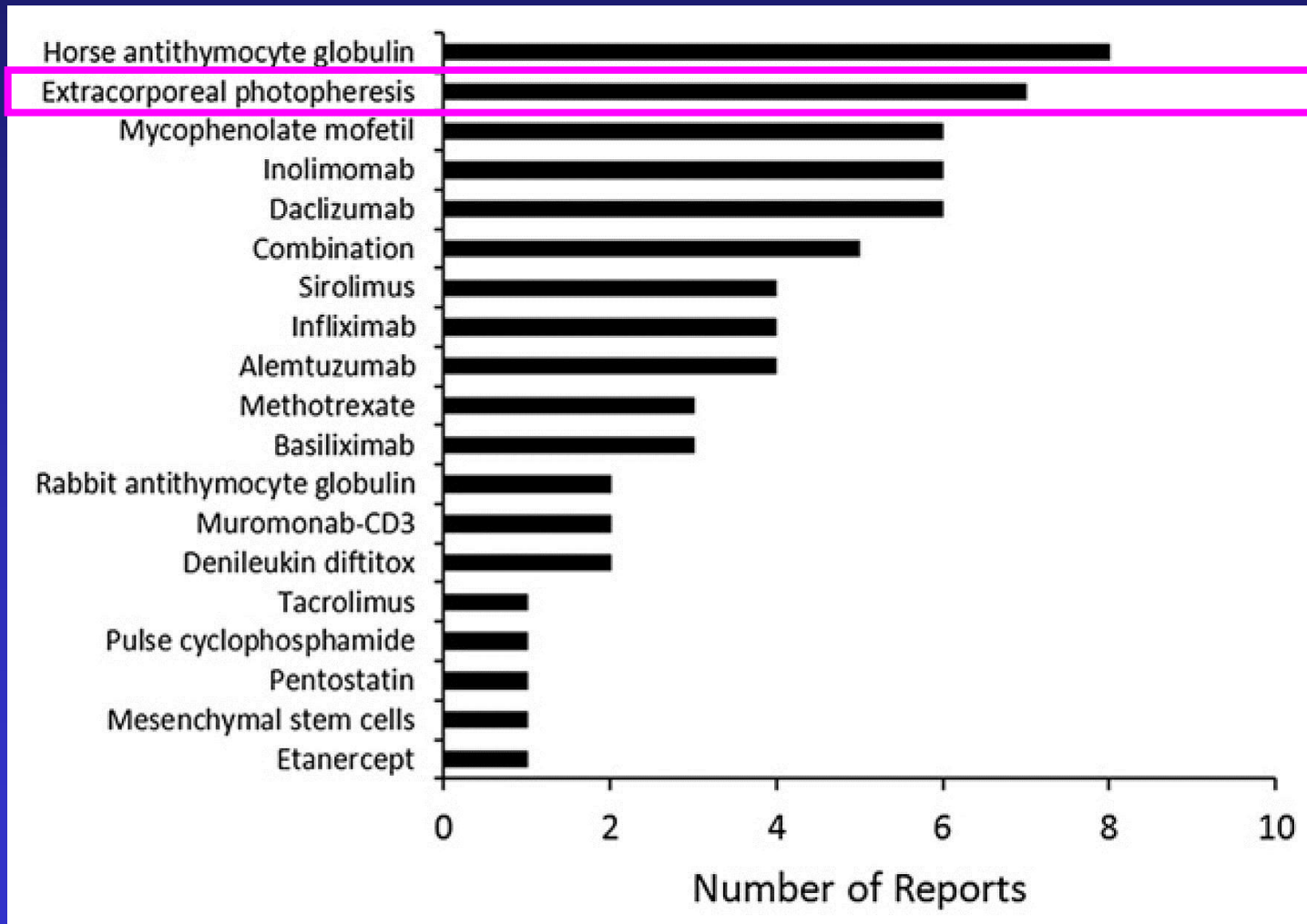
# Survival and NRM: ECP vs. Non-ECP



Jagasia et al, BBMT 2013;19:1124-35.

# **Inclusion of ECP in Acute GvHD Treatment Guidelines**

# Frequency of Treatments Evaluated in Literature Review of ASBMT



# ASBMT Recommendations

## ECP for Second-line Therapy

- **Toxicity concerns**

Limited, blood loss from the extracorporeal circuit, hypocalcemia due to anticoagulant, mild cytopenia, catheter-associated bacteremia but on increased risk of overall infections

- **Significant interactions:** None

- **Viral reactivation concerns:** Not increased

- **Schedule**

3 in week 1, 2 per week weeks 2-12 and 2 per 4 weeks thereafter.

# ASBMT Recommendations

## Second-line Therapy of aGvHD

	Toxicity	Sig. interactions	Viral reactivation
<b>ECP</b>	<b>Limited</b>	<b>None</b>	<b>Not increased</b>
Steroids	High	None	High
MMF	Cytopenia, GI	Myelosuppress.	Moderately high
Denileukin Diftitox	↑ hepatic transam.	None	High
Sirolimus	Cytopenia, HUS/TAM	CYP3A or P-glyc.	Moderate
Infliximab	None	None	Very high
Etanercept	None	None	High
Pentostatin	Myelosuppress., liver, renal	None	Very high
Horse ATG	Anaphylaxis, cytopenia	None	Very high
Rabbit ATG	Cytopenia, infections	None	Very high
Alemtuzumab	Pancytopenia, infusion-AE	None	Very high



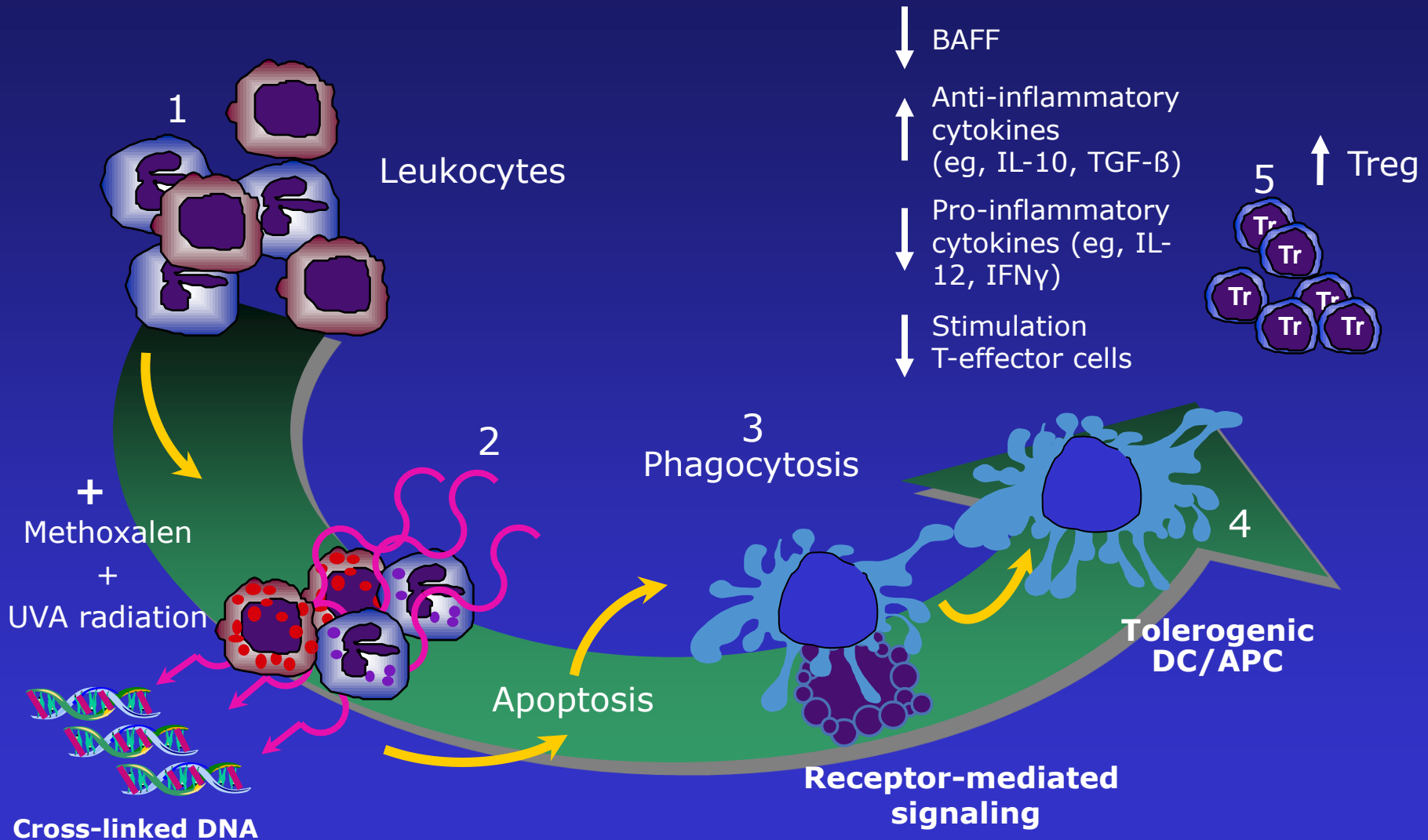
# BCSH and BSBMT Recommendations on Second-Line Therapy of Acute GvHD

- The following agents are suggested:
  - **ECP**
  - Anti-TNF $\alpha$  antibodies
  - mTOR inhibitors
  - MMF
  - IL-2R antibodies
- Level of evidence: **2C** (suggest, current evidence from observational studies, case series)

# **SIdEM and GITMO Recommendations on Use of ECP in Acute GvHD**

- ECP is a **valuable option for acute GvHD not responding to steroids and CNI.**
- ECP may be used in adults and children.
- Early start of ECP is indicated particularly in children and recipients of haploidentical or unrelated donor HCT.

# ECP and Mechanisms of Action 2013



# ECP for Treatment of GvHD

- **Chronic GvHD**

- Established second-line therapy worldwide
- High response rates in cutaneous and extracutaneous GvHD manifestations
- Steroid-sparing effect, no main side effects
- Improved quality of life and OS
- No negative effect on GvL
- Investigation of ECP upfront ongoing

- **Acute GvHD**

- Accepted salvage therapy of steroid-refractory disease
- Investigation of ECP upfront ongoing

# GvHD Study Group Vienna

## **BMT Unit**

- P. Kalhs
- W.Rabitsch
- Z. Kuzmina
- A. Schulenburg
- C. Zielinski

## **Dept. Immunology**

- W.F. Pickl

## **Dept. Dermatology**

- R. Knobler
- U. Just
- A. Tanew
- G. Bauer

## **Dept. Transfusion Medicine**

- N. Worel
- G. Leitner

## **Dept. Gastroenterology**

- J. Hammer

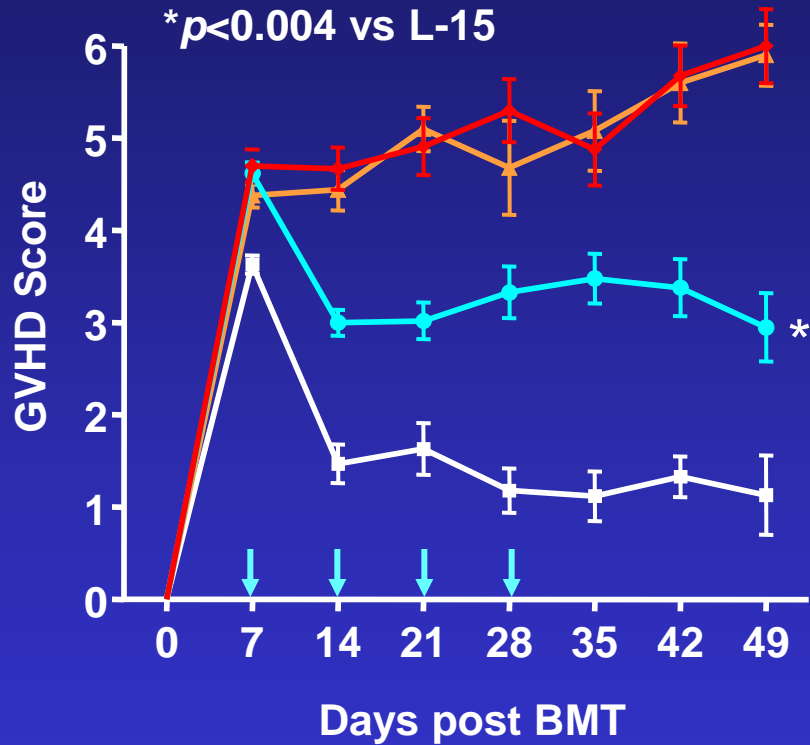
## **Dept. Pulmonology**

- V. Petkov

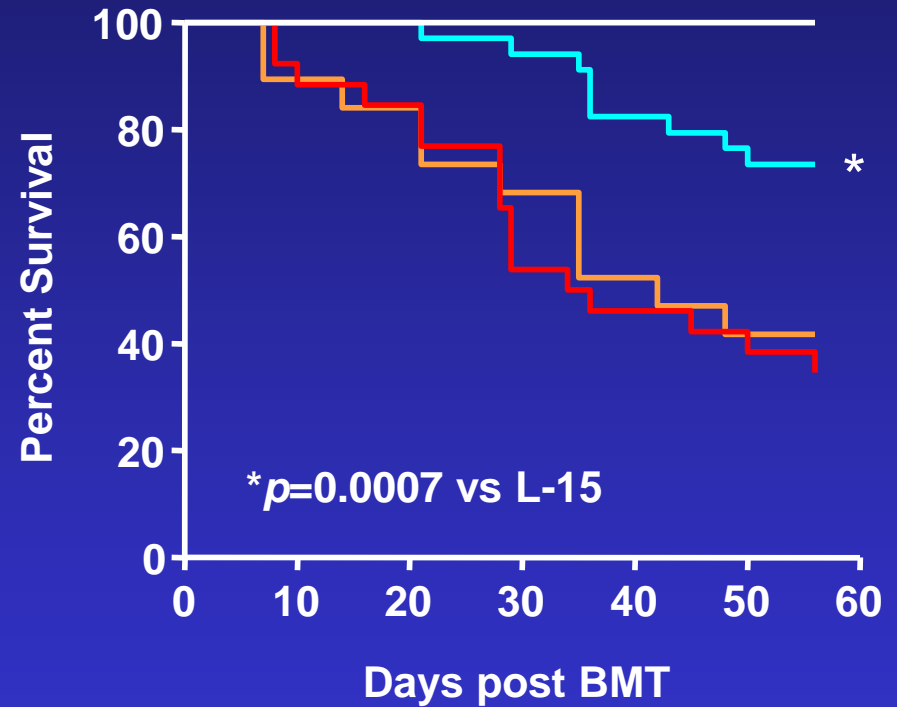




# ECP Reduces GvHD and Mortality in Minor-MM Mouse Model



Gatza et al, Blood 2008



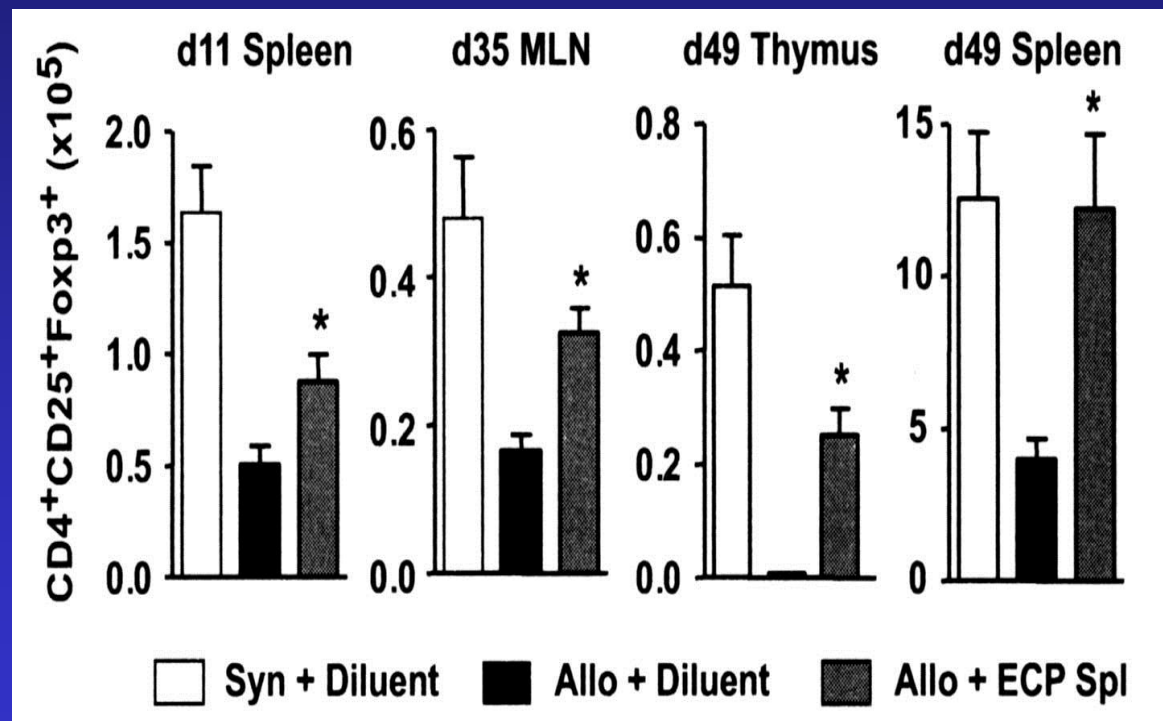
— SYN +/- ECP (n=15)

— ALLO + Spl + ECP (n=34)

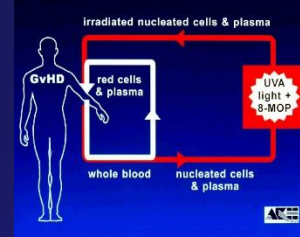
— ALLO + Diluent (n=26)

— ALLO + Spl w/o ECP (n=19)

# Infusion of ECP-treated Splenocytes Increases Donor Treg after Allo BMT

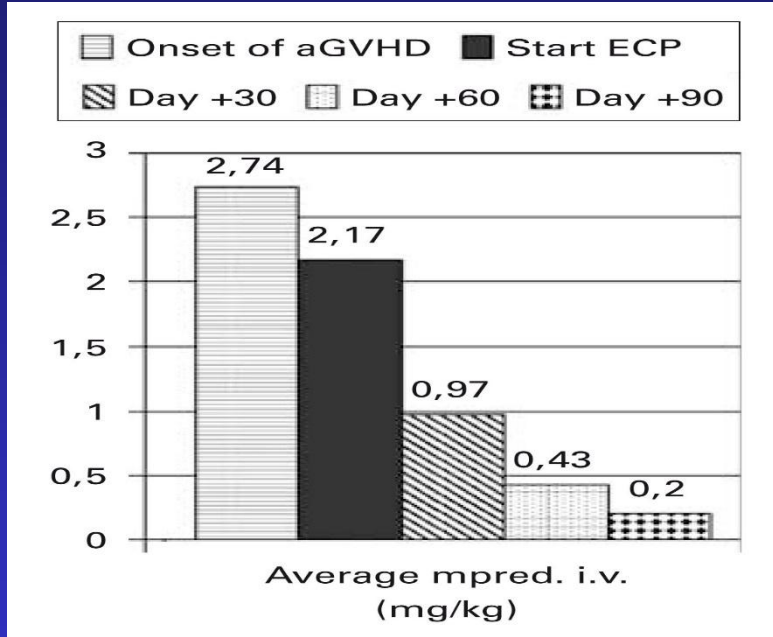




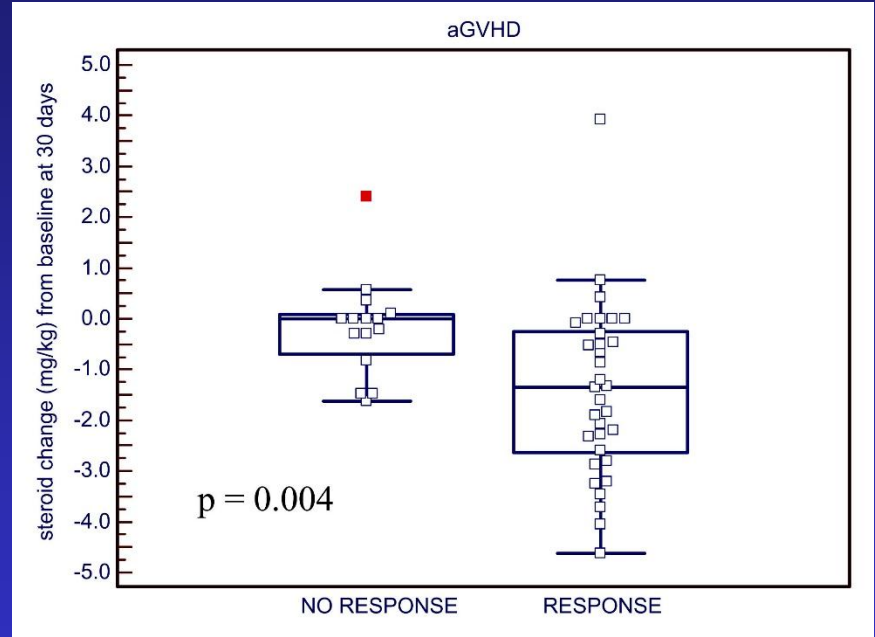


## Salvage ECP in Acute Steroid-Refractory GvHD

# Rapid Steroid Reduction during ECP



Perfetti et al, BMT 2008



Perotti et al, Transfusion 2010

Greinix 2000 and 2006, Salvaneschi 2001, Messina 2003, Garban 2005, Perfetti 2008

## ECP in Steroid-Refractory Acute GvHD

# Adverse Events\*

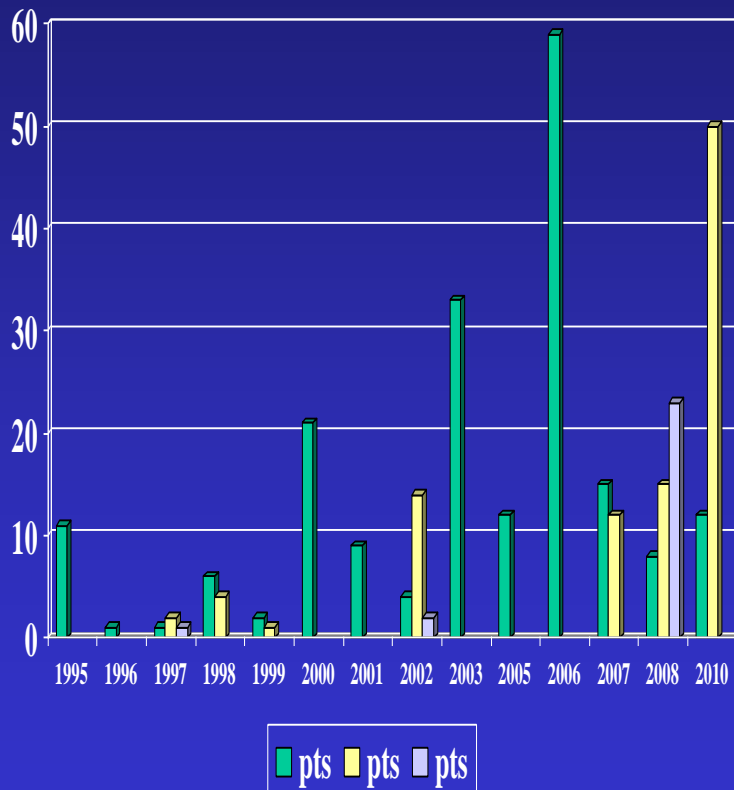
<b>Event</b>	<b>No pts (%)</b>	<b>No episodes (%)</b>
↓ Hb $\geq$ 1g/dL	19 (90)	74 (16)
Renewed RBC Tf	10 (48)	26 (6)
↓ ANC $<$ 1.5 x 10 <sup>9</sup> /L	17 (81)	40 (9)
↓ ANC $<$ 1 x 10 <sup>9</sup> /L	7 (33)	12 (3)
↓ ANC $<$ 0.5 x 10 <sup>9</sup> /L	5 (24)	5 (1)
↓ Plts $\geq$ 50%	15 (71)	75 (16)
↓ Plts $<$ 20 x 10 <sup>9</sup> /L	5 (24)	8 (2)
Renewed Plts Tf	7 (33)	20 (4)
Bleeding	3 (14)	3 (0.6)

\*21 pts, 460 procedures

Blood 2000;96:2426-2431

# ECP in Steroid-Refractory Acute GvHD

## Publications (n=24)



## Published Patients (n=297)

