



Hematopoietic cell transplantation for multiple myeloma

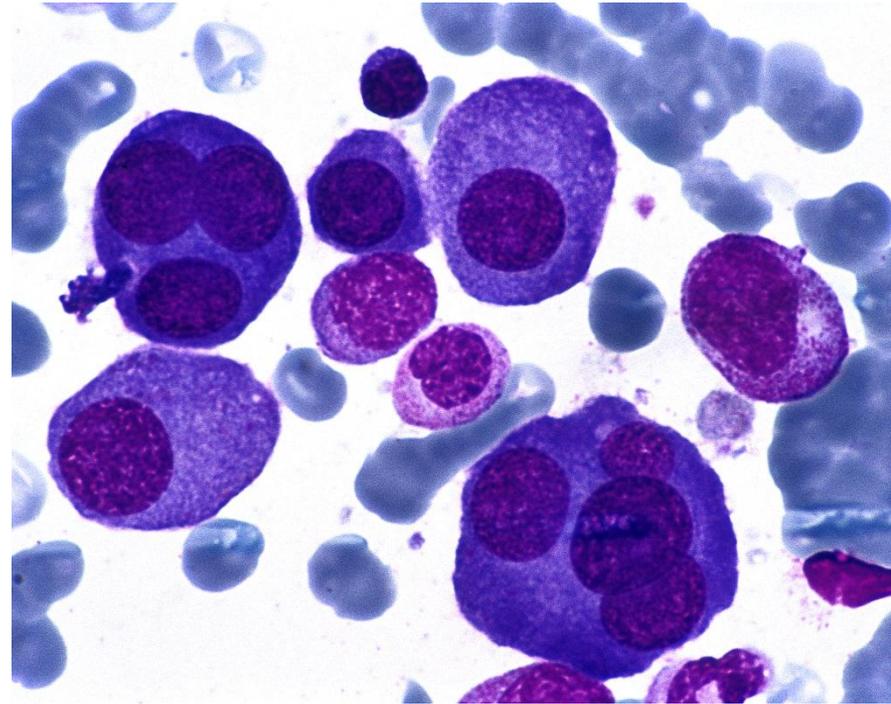
Marcelo C. Pasquini, MD, MS

WBMT Symposium
Cape Town, South Africa
November 2014



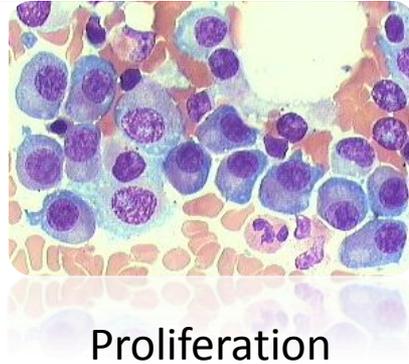
Multiple Myeloma

- B-cell malignancy derived from antibody-producing plasma cells in the bone marrow.
- Myeloma cells crowd out and interfere with the development and function of normal cells in the bone marrow
- The abnormal accumulation of myeloma cells in the bone marrow and production of M-protein have direct and indirect effects on the blood, skeleton, and kidneys

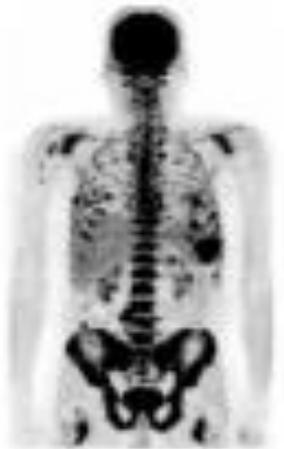


Immune dysregulation

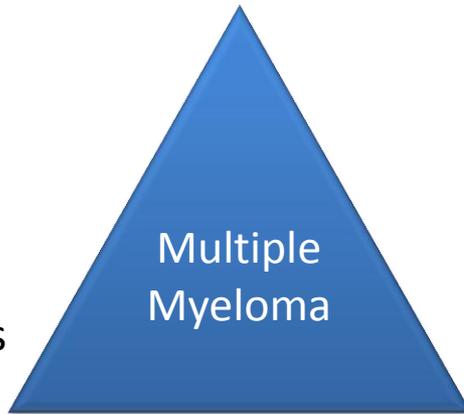
- Anemia
- Dysfunctional humoral immunity



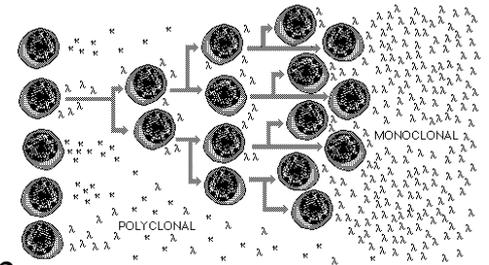
Correlation with disease burden
Assessment of disease response



Alterations in the Microenvironment



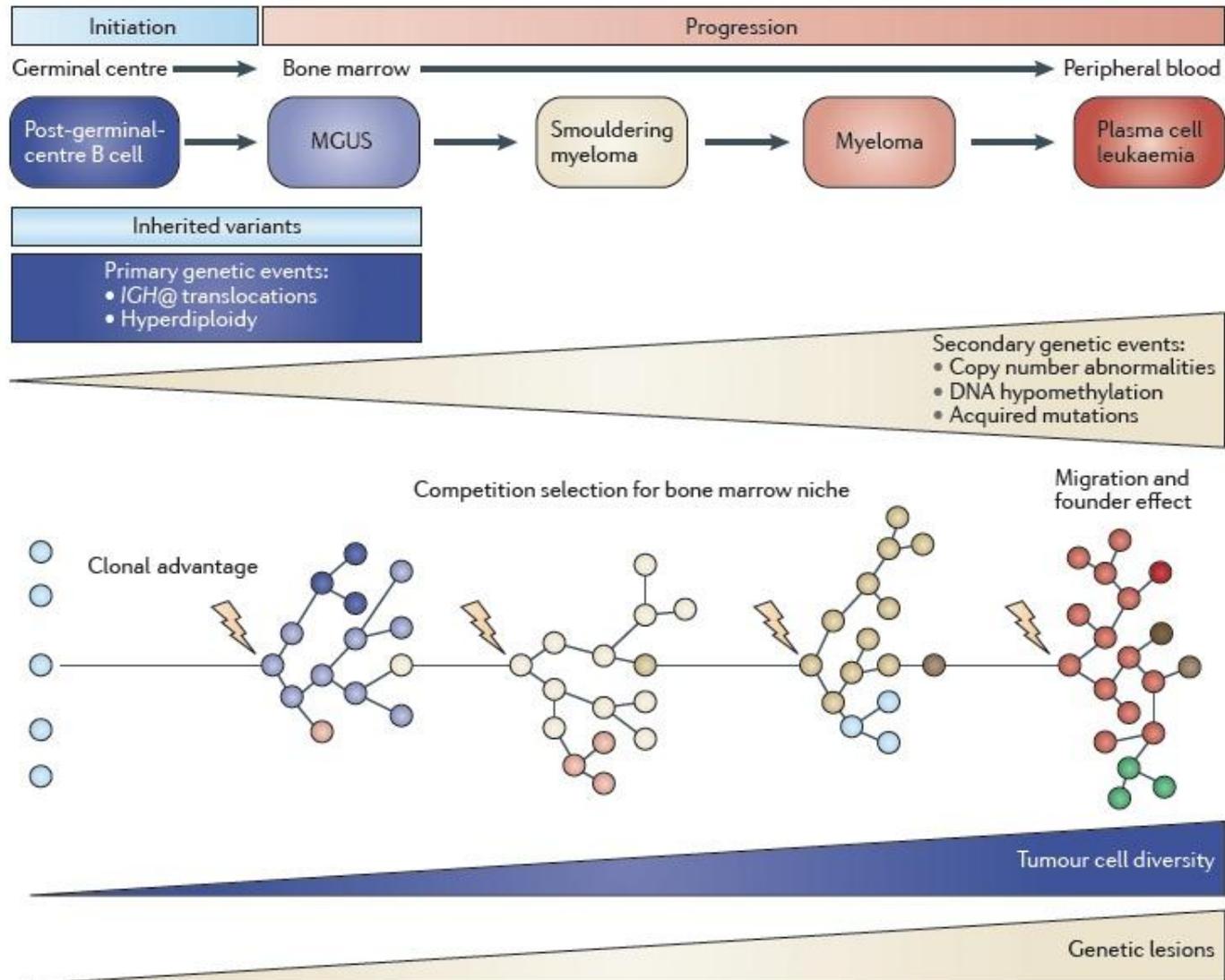
Production



- Bone destruction
- Hypercalcemia

- Dysfunctional humoral immunity
- Organ failure
- Hyperviscosity

Natural Selection of Myeloma Progression



Criteria for Symptomatic Myeloma

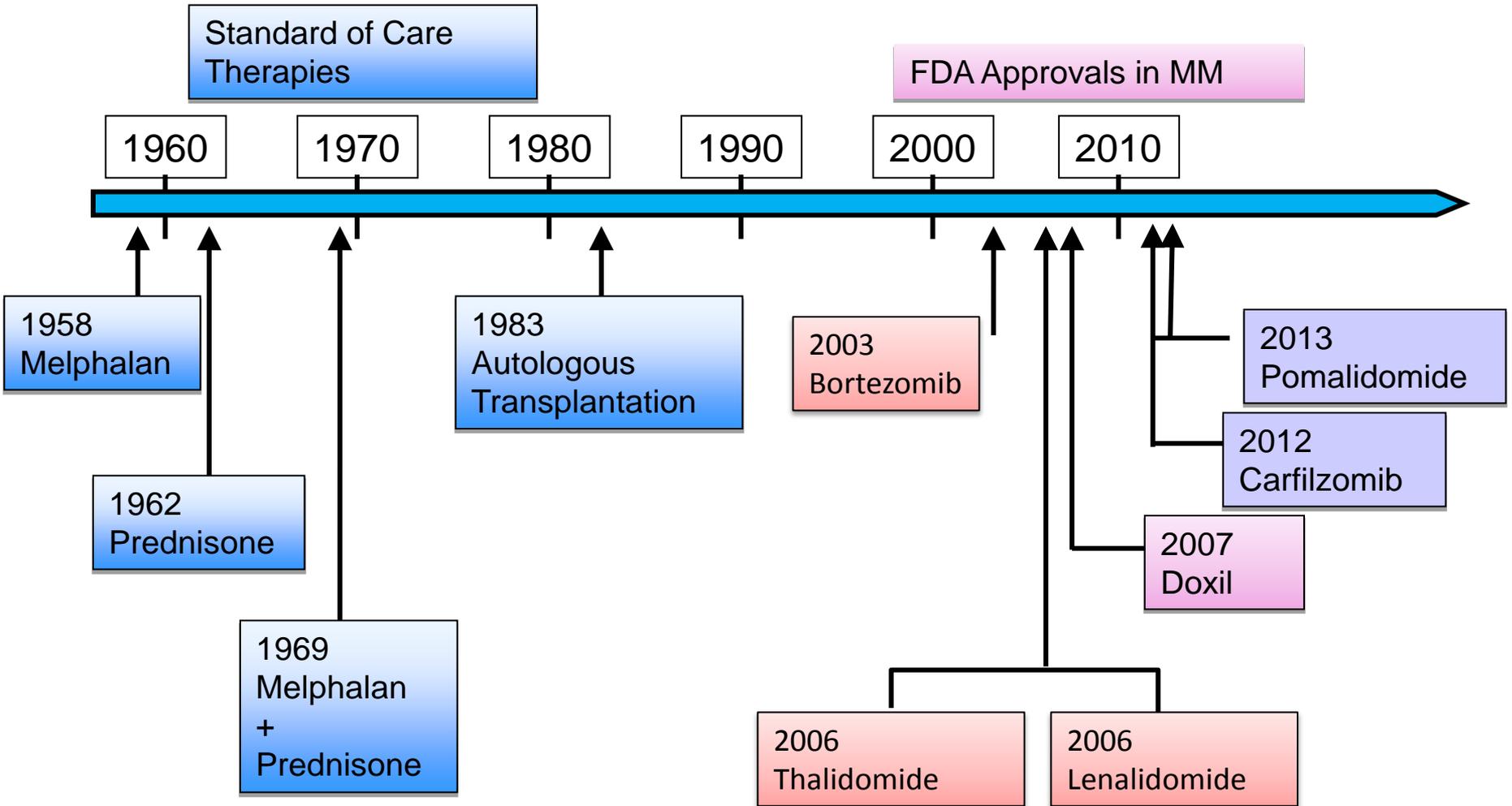
i.e Needs treatment for “cancer”

Criteria for Symptomatic MM (all 3 required)

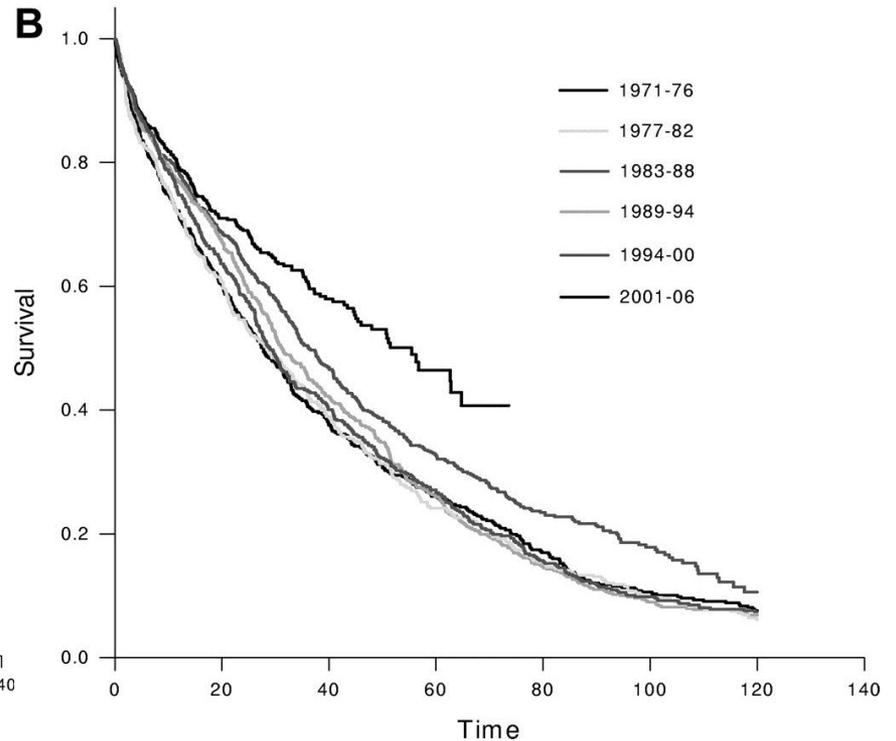
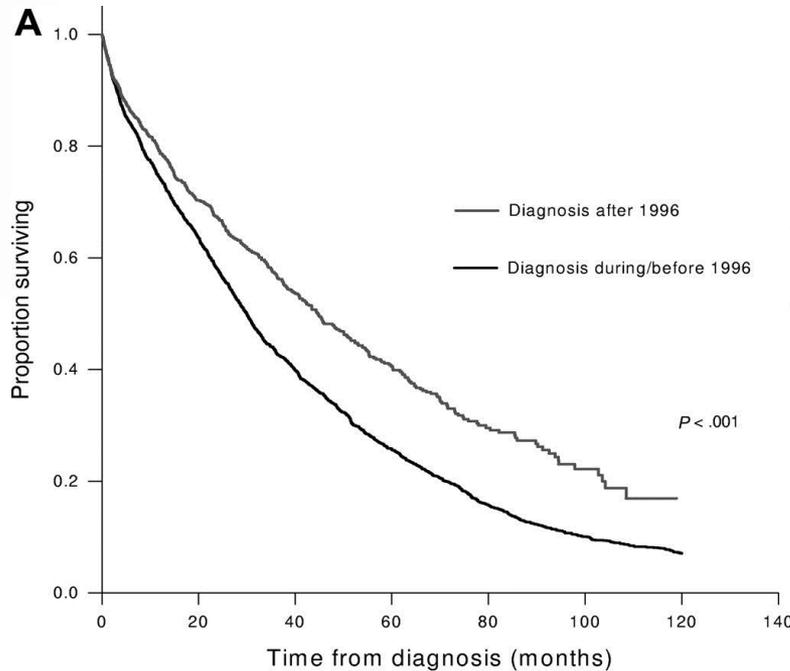
1	≥ 10% monoclonal plasma cells in bone marrow	
2	Monoclonal protein in serum and/or urine	
3	Presence of end-organ damage (at least one of the below)	
	<u>C</u> alcium	Serum calcium ≥11.5 mg/100 mL
	<u>R</u> enal	Serum creatinine >1.73 mmol/L
	<u>A</u> nemia	Hb <10 g/100 mL or >2 g/100 mL below normal
	<u>B</u> one	Lytic lesions, severe osteopenia, pathologic fractures
	<u>“I</u> nfections”	Repetitive bacterial infections

Additional “soft signs” – Neuropathy, Osteoporosis, Frequent infections, Proteinuria

MM Therapy



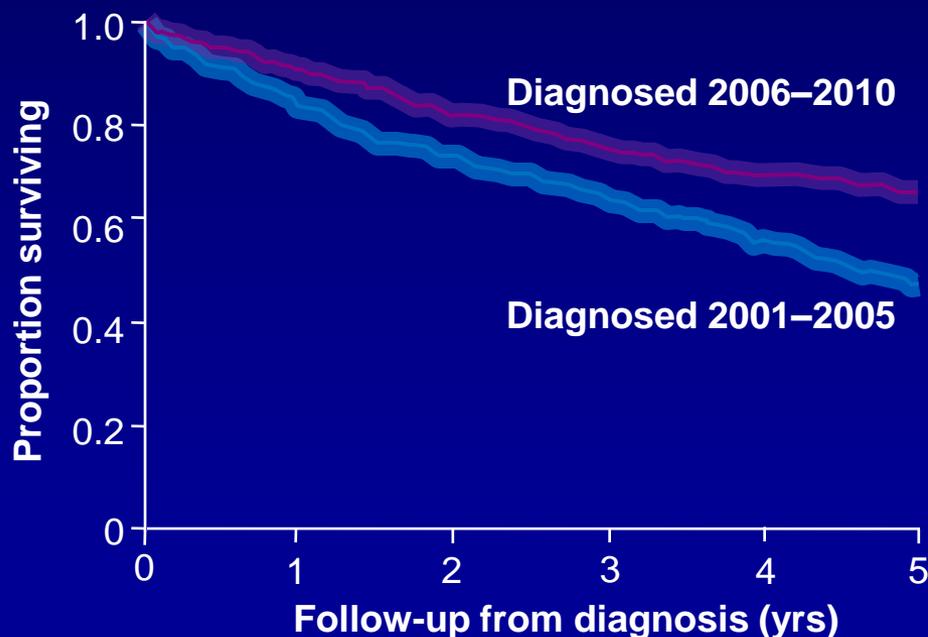
Overall survival from diagnosis of multiple myelomas.



Kumar S K et al. Blood 2008;111:2516-2520

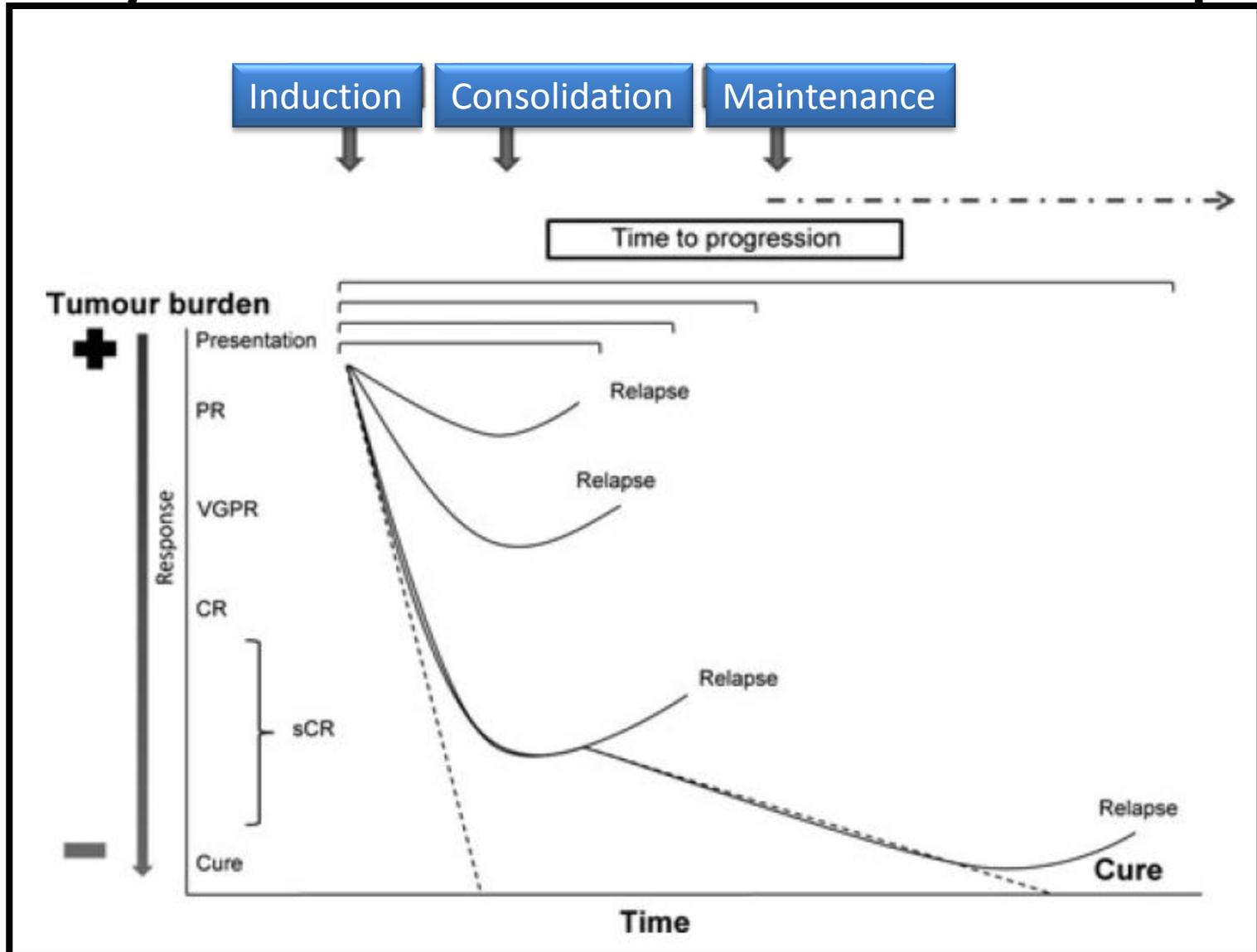
Continued Improvement in Survival Since the Introduction of Novel Agents

- 1,056 pts grouped into 2001–2005 and 2006–2010 cohorts
- Survival improved over time, particularly in pts aged > 65 years (p = 0.001)



Survival	2001–2005	2006–2010	p
Median OS, yrs	4.6	NR	0.001
1-yr survival, %	83	90	
5-yr estimated OS, %			
Overall	48	66	
> 65 yrs	31	56	0.001
< 65 yrs	63	73	NS

Myeloma Treatment Roadmap



Classes of Drugs With Anti-MM Activity

Steroids	Immuno-modulatory Agents	Proteasome Inhibitors
Prednisone	Thalidomide	Bortezomib
Dexa-methasone	Lenalidomide	Carfilzomib
	Pomalidomide	Ixazomib
		Oprozomib
		Marizomib
		CEP-18770 (Delanzomib)

Classes of Drugs With Anti-MM Activity

Cytotoxic CT	HDAC inhibitors	mTOR inhibitors	mAbs
<p>Melphalan</p> <p>Cyclophosphamide</p> <p>BCNU</p> <p>Bendamustine</p> <p>Anthracyclines</p> <p>PACE</p> <p>DCEP</p>	<p>Vorinostat</p> <p>Panobinostat</p>	<p>Perifosine</p>	<p>Elotuzumab</p> <p>Daratumumab</p>

Anti-myeloma Initial Therapy

- Initial disease de-bulking
- Reduction of the paraprotein
- Decreasing the intra-clonal heterogeneity

EVOLUTION, Phase II

Newly Diagnosed
Multiple Myeloma

1:1

VDR

Bortezomib
Dexamethasone
Lenalidomide

VDCR

Bortezomib
Dexamethasone
Cyclophosphamide
Lenalidomide

VDC

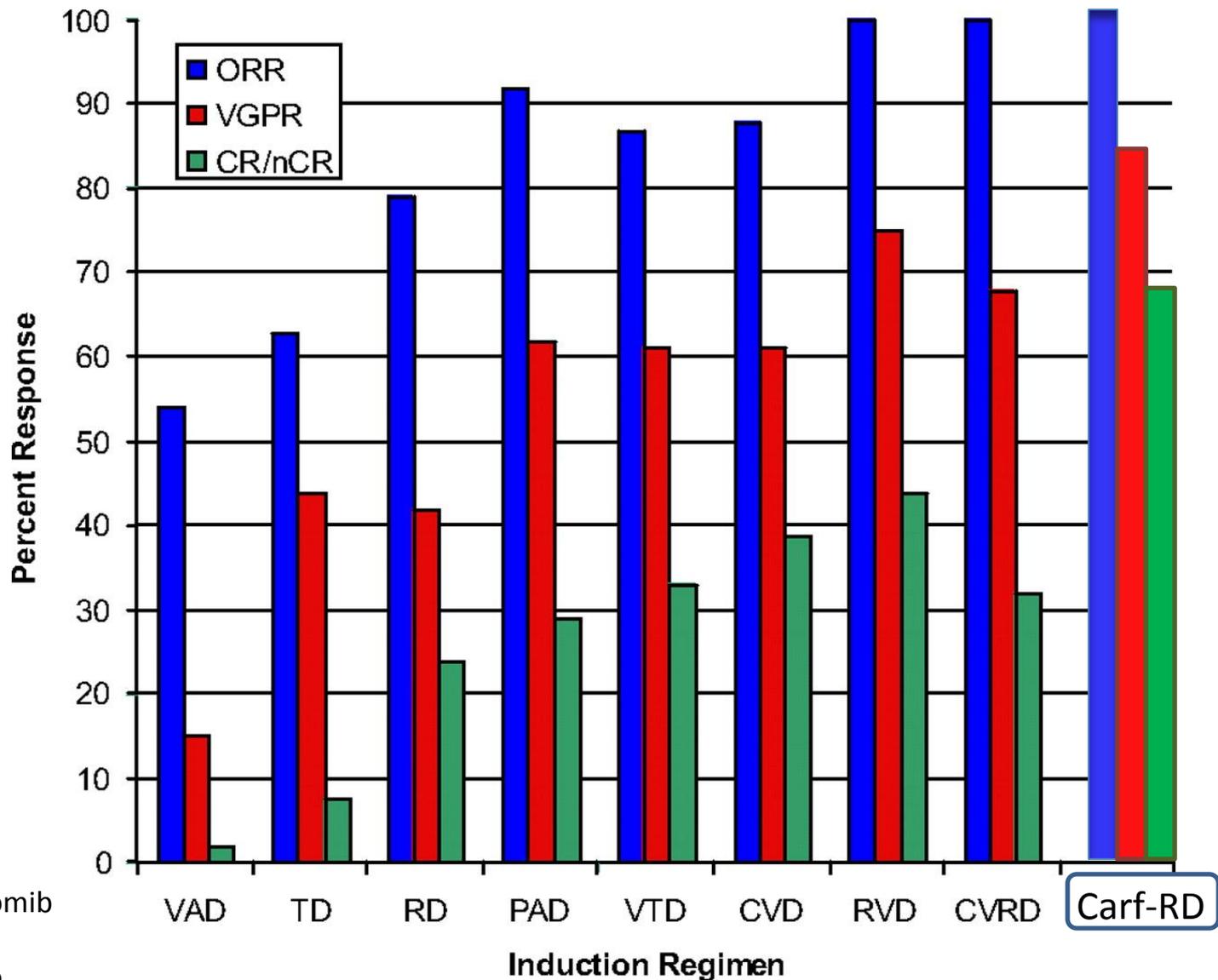
Bortezomib
Dexamethasone
Cyclophosphamide

Bortezomib x 24 weeks

	VDCR N = 41	VDR N = 42	VDC N = 32	VDC-modified* N = 15
CR	20%	24%	22%	40%
≥ VGPR	59%	55%	47%	60%
≥ PR	93%	93%	91%	93%

Compare to RVD regimen phase II – 67-74%
VGPR rate. Richardson et al JCO 2011

Combinations in the Upfront Treatment of MM



V or P – Bortezomib
 A – Adriamycin
 T – Thalidomide
 R – Revlimid ; C – Cyclophosphamide

Induction Choices

- Transplant “eligible”
 - 3 drug combination excellent VGPR rate in phase II
 - Another 3 drug regimen PAD (Bz+Doxo+Dex)
 - Comparison to 2 drug combination unlikely to happen in US.
 - 4 drugs – CVRD or RVDD (anthracycline) – no evidence of benefit at this time
 - 4 drugs regimens maybe a role in relapsed setting / plasma cell leukemia induction

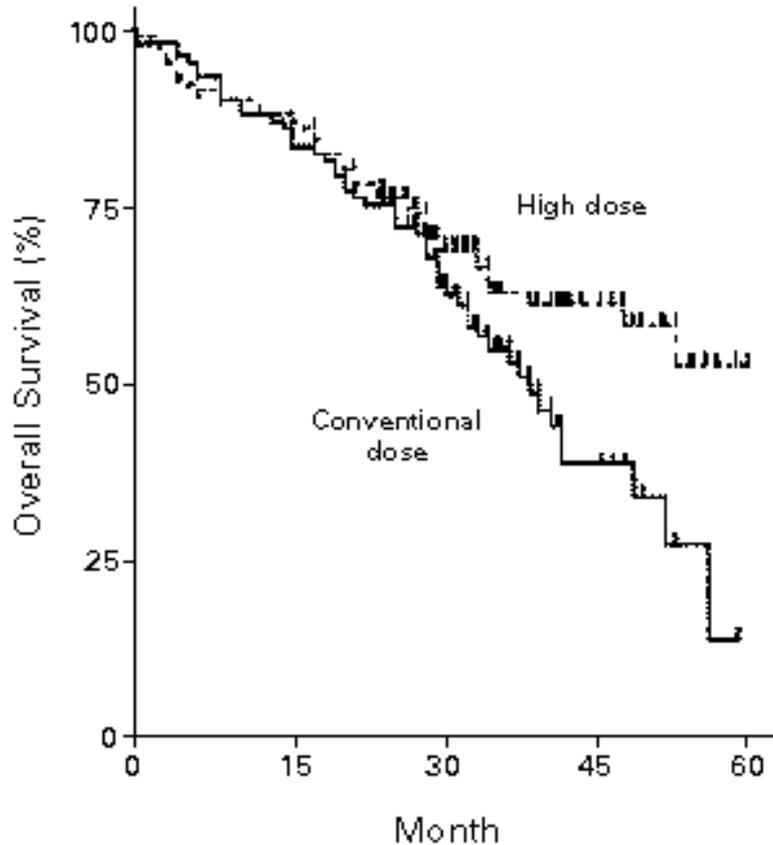
Induction Choices

- Transplant “ineligible”
 - 2 or 3 drug combination
 - Bortezomib or lenalidomide + dexamethasone
 - Melphalan/pred/bortezomib or len or thalidomide
 - Length of therapy: 2 to 12 months
 - Goal is disease control not necessary Complete Response

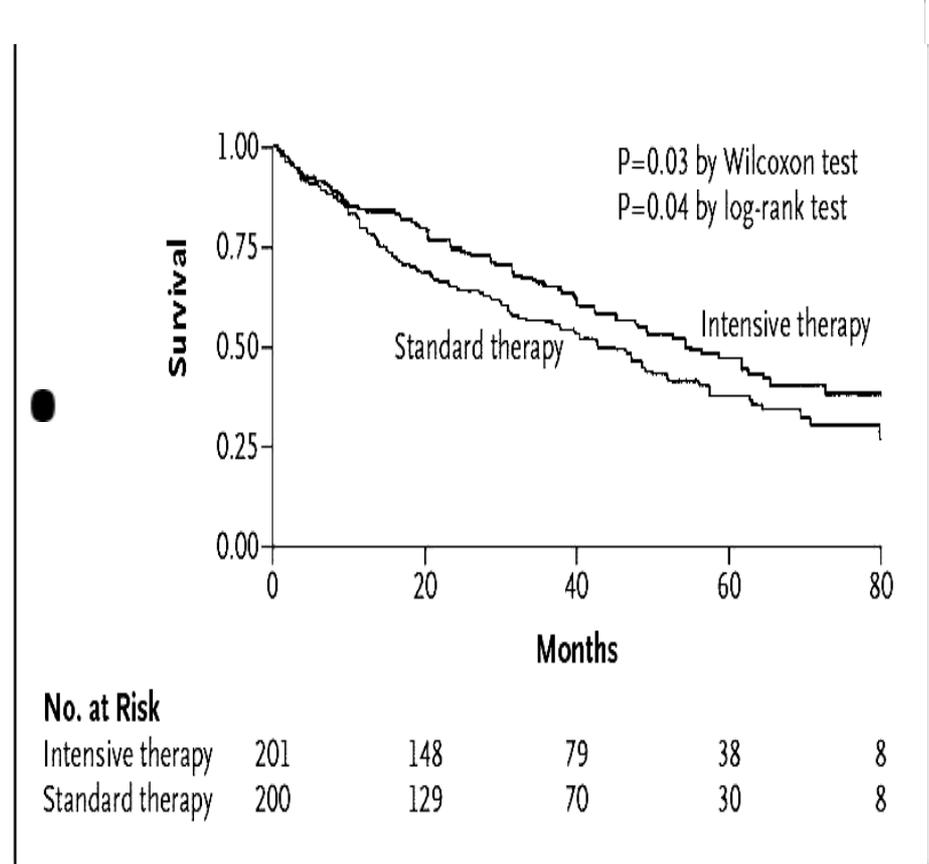
Consolidation

- Maximize disease control
- Goal: to reach complete response or better
- Further reduce inter-clonal heterogeneity

Autologous HCT vs. Chemotherapy for Newly Diagnosed Myeloma



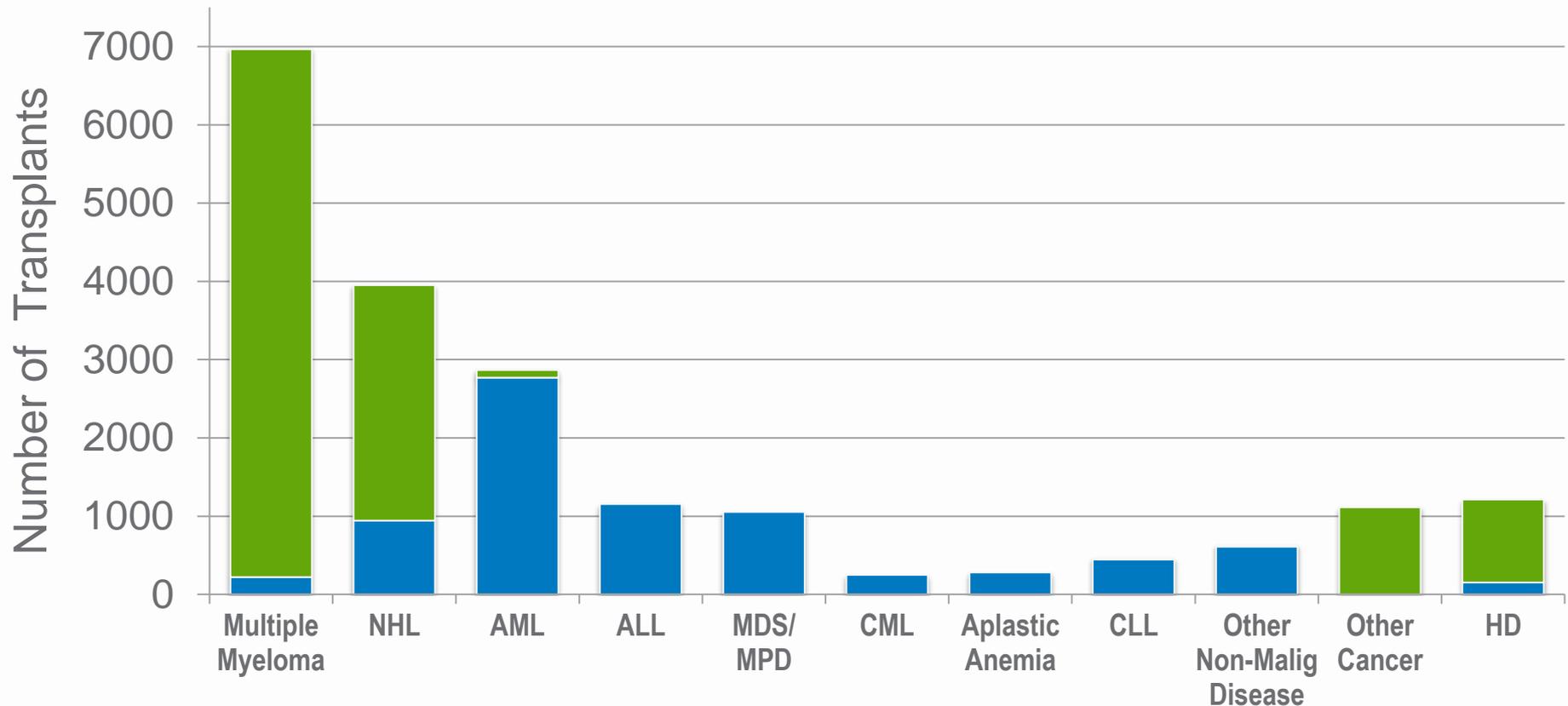
Conventional dose	63 (53-73)	35 (22-50)	12 (1-40)
High dose	69 (58-78)	61 (50-71)	52 (36-67)



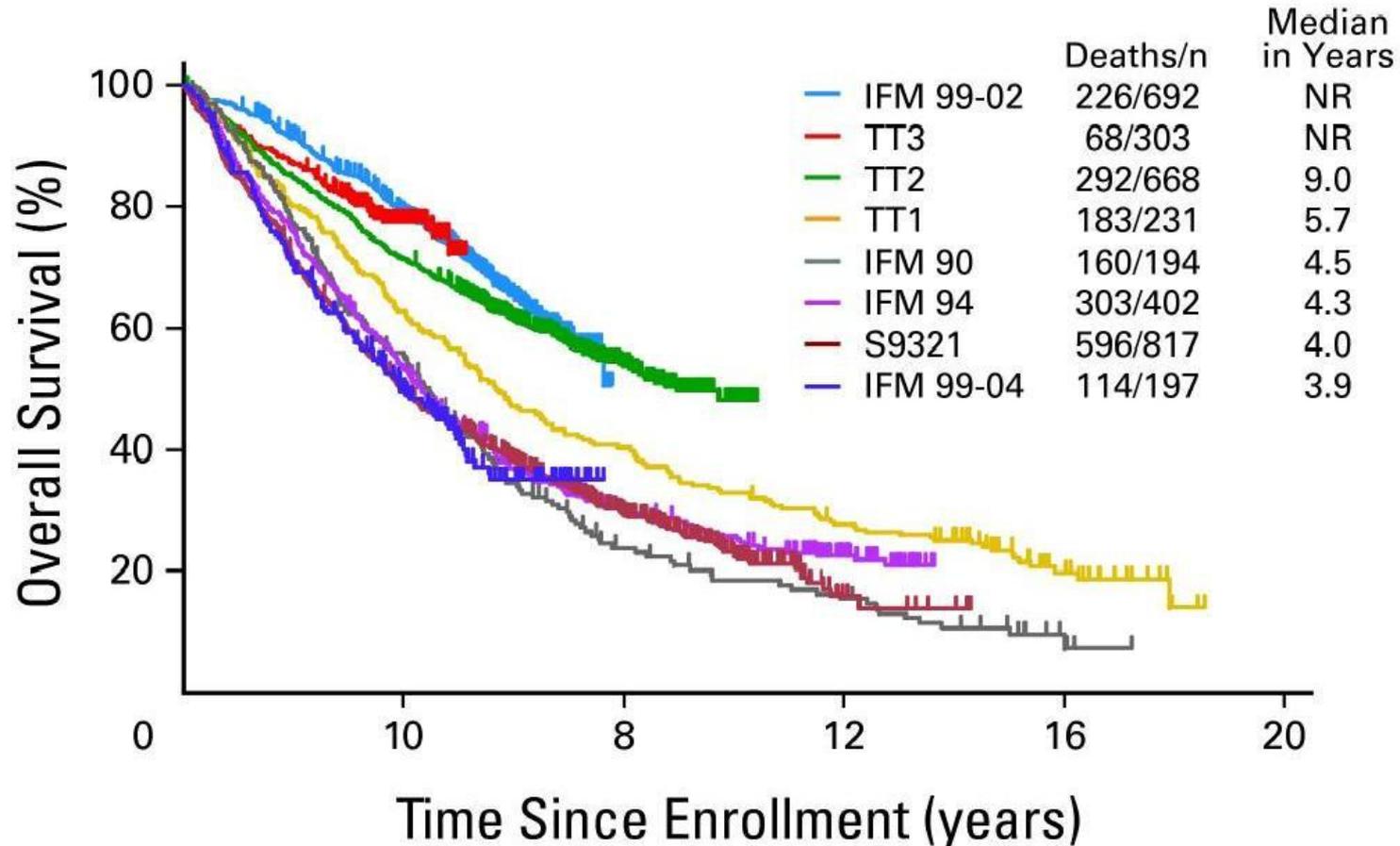
Indications for Hematopoietic Stem Cell Transplants in the US, 2011

■ Allogeneic (Total N=7,892)

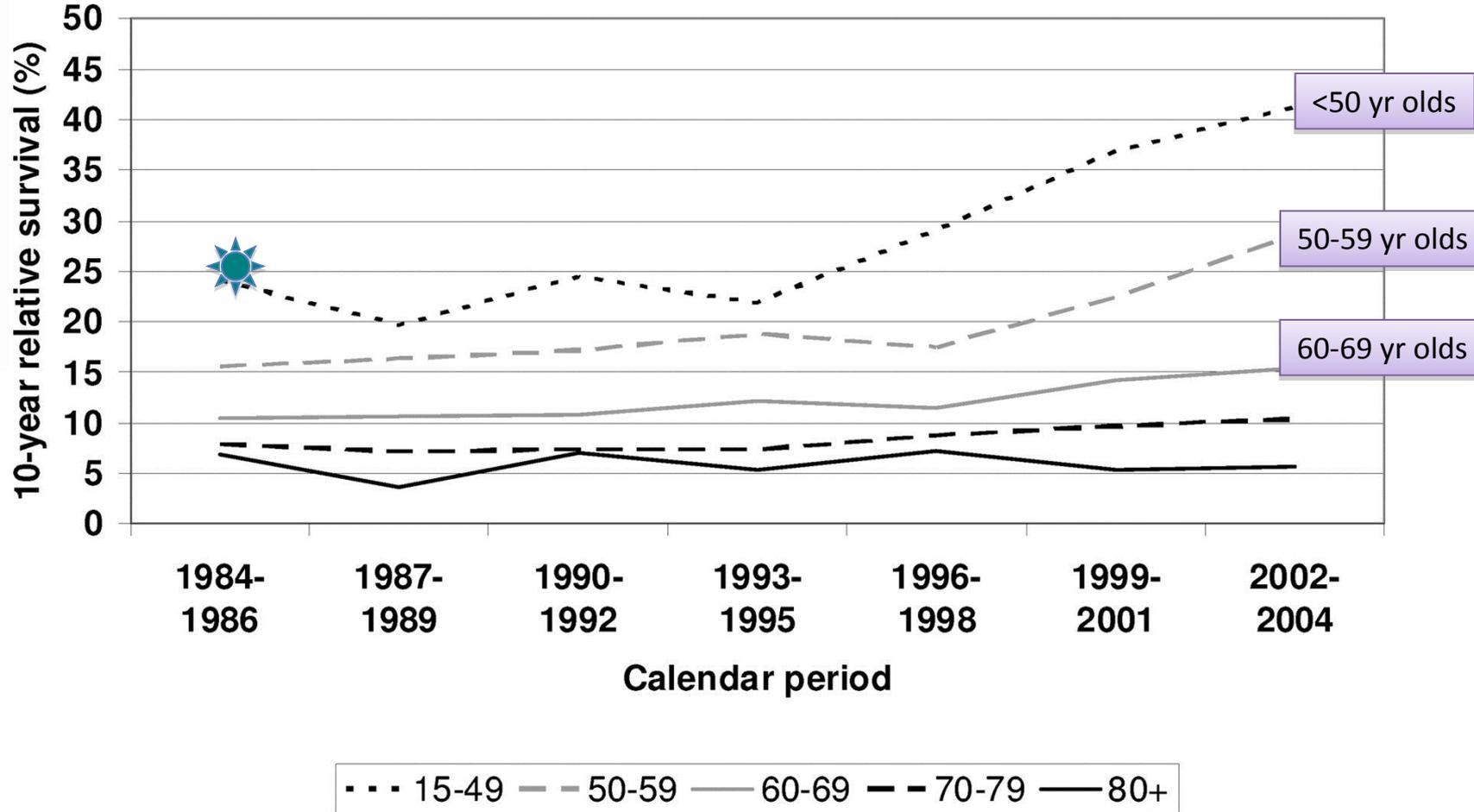
■ Autologous (Total N=12,047)



Overall Survival of Autotransplantation in MM



MYELOMA SURVIVAL Over Time



Brenner, H. et al. Blood 2008;111:2521-2526

Autologous HCT for multiple myeloma in US and Canada within 12 months from diagnosis from 1995 to 2010 registered with CIBMTR

Characteristics of patients	1995-1999	2000-2004	2005-2010	P-value
Registered patients	2226	6408	11644	
Number of centers	189	195	174	
Median Age	54 (19-77)	57 (22-80)	58 (18-89)	
18-50 years	734 (33)	1445 (23)	2079 (18)	<0.001
50-65 years	1330 (60)	3875 (61)	6945 (60)	
65-80 years	162 (7)	1088 (17)	2620 (23)	



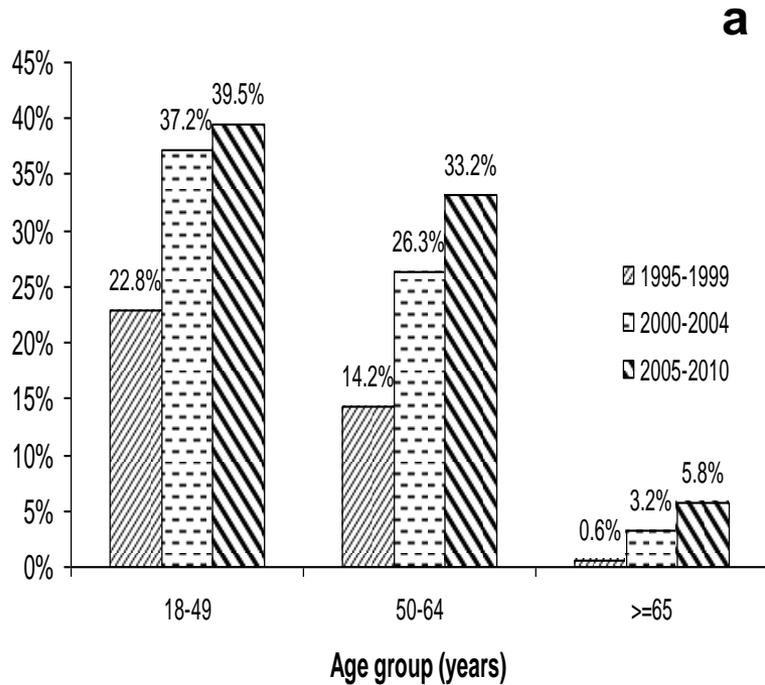
Costa L. et al



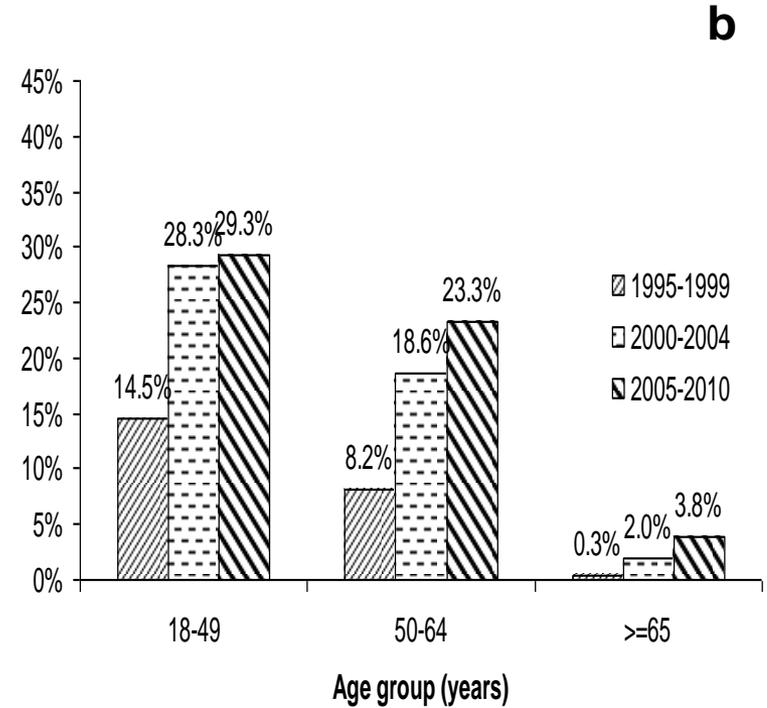
Subset of patients from Research CIBMTR centers

Characteristics of patients	1995-1999	2000-2004	2005-2010	P-value
Number of patients	686	1464	2223	
Cytogenetics				
Abnormal	26 (4)	57 (4)	487 (22)	
Normal	105 (15)	78 (5)	473 (21)	
Untested/Missing	555 (81)	1329 (91)	1263 (57)	
Disease status				
CR/PR	539 (79)	1273 (87)	1966 (88)	<0.001
Mobilization				
GCSF alone	167 (24)	358 (24)	921 (41)	<0.001
Conditioning regimen				
Melphalan alone	370 (54)	1363 (93)	2198 (99)	<0.001

Ratio between first transplants/ newly diagnosed MM cases in U.S.A



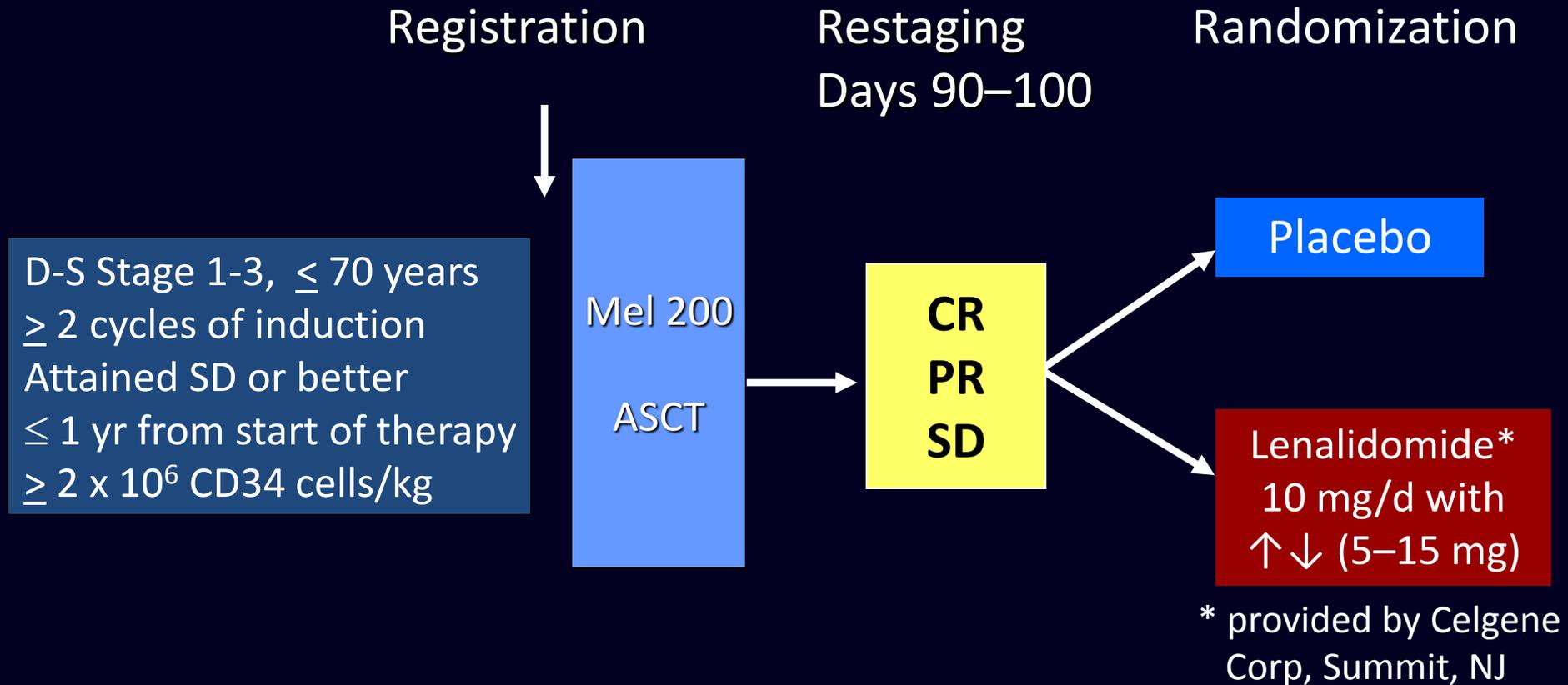
Ratio between upfront transplants (<12 months)/ newly diagnosed MM cases in U.S.A.



Maintenance

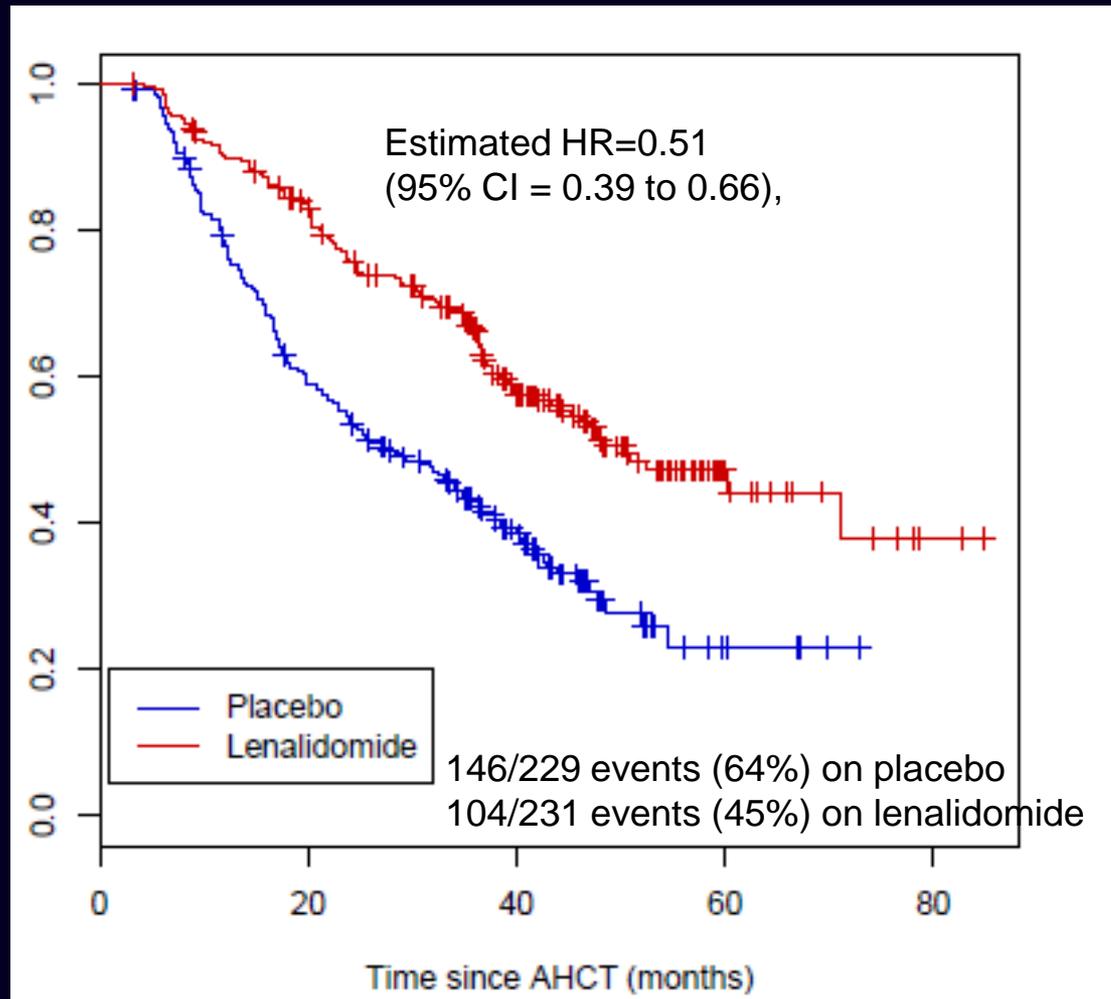
- Long term treatment with an anti-myeloma agent that is tolerable and effective
- Maximize disease control
- Prevent the inception of “new” subclones

CALGB 100104 Schema



Stratification based on registration β -2M level and prior thalidomide and lenalidomide use during Induction. Primary Endpoint: powered to determine a prolongation of TTP from 24 months to 33.6 months (9.6 months)

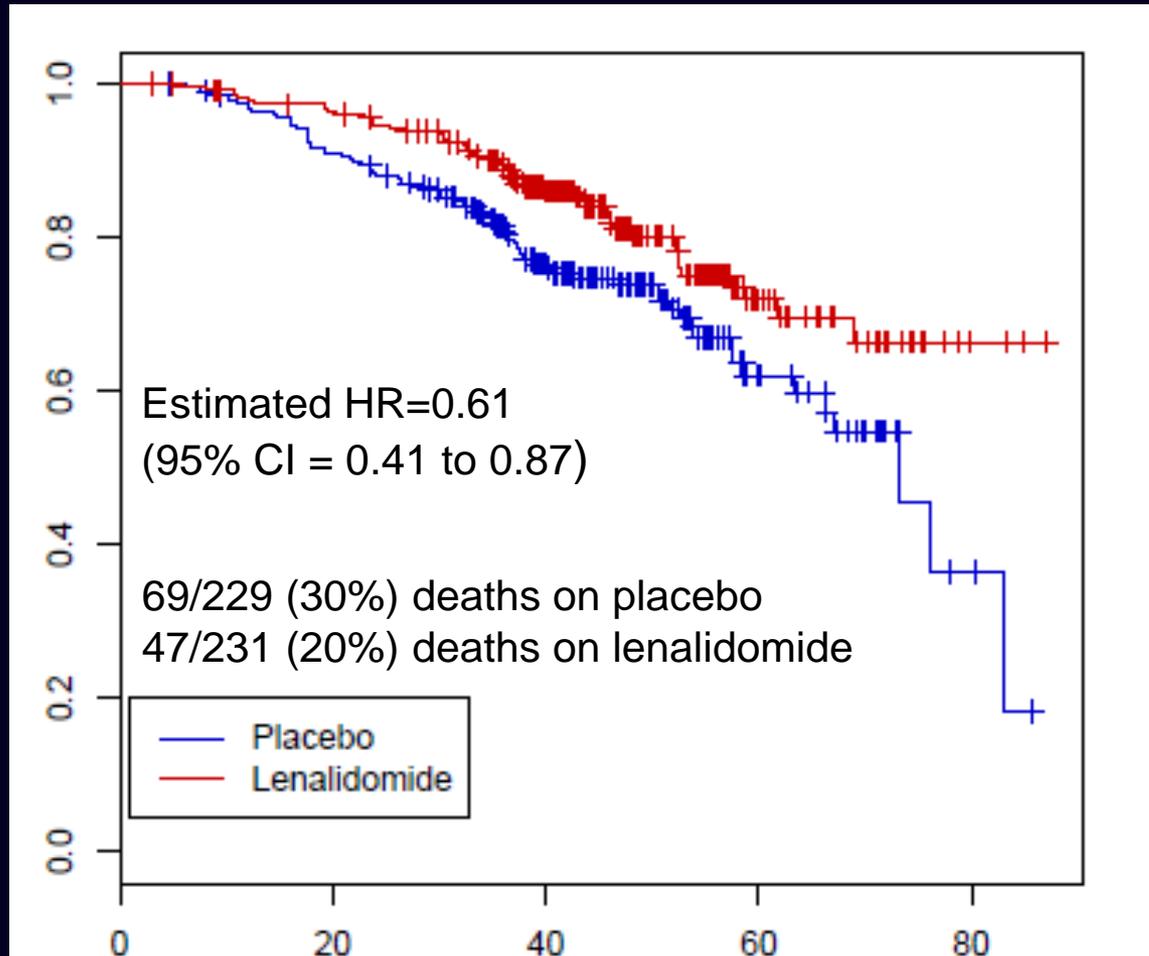
CALGB 100104: Updated TTP



CALGB 100104 IMW 2013
follow up to January 7, 2013

ITT Analysis with a median follow-up from transplant of ~48 months $p < 0.001$ Median TTP: 50 months versus 27 months with 86 of 128 non-progressing placebo patients receiving lenalidomide at study un-blinding in Jan 2010

CALGB 100104: Updated OS



CALGB 100104 IMW 2013
follow up to January 7, 2013

ITT Analysis with a median follow-up from transplant of ~48 months. $p = 0.008$, Median OS: not reached versus 73 months

R maintenance vs No maintenance

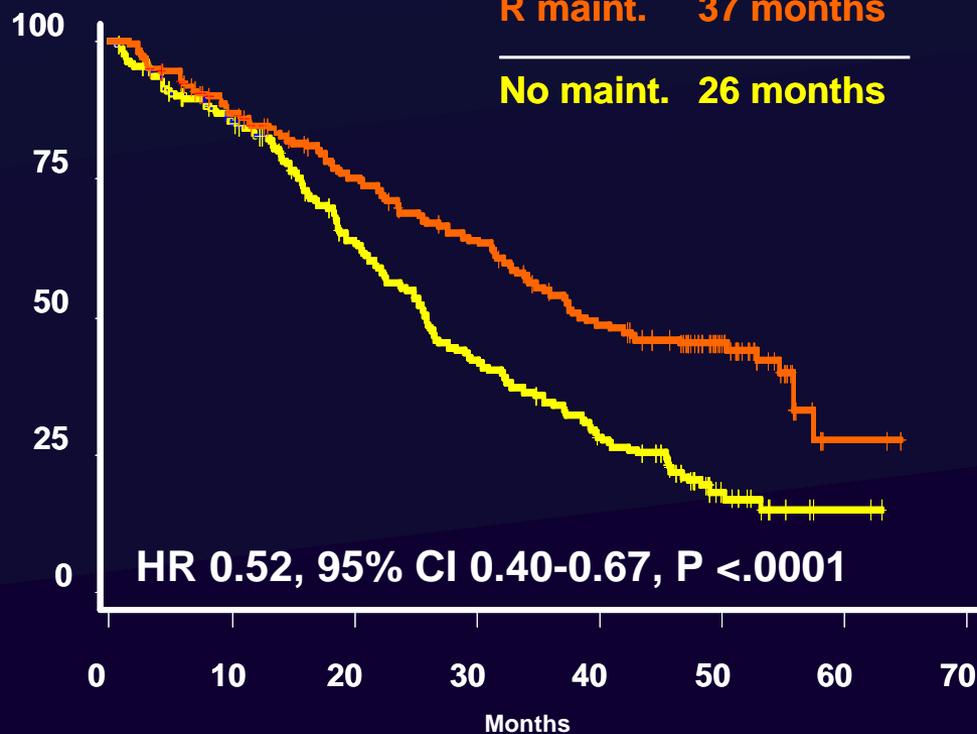
Progression-free survival

48% reduced risk of progression

Median PFS

R maint. 37 months

No maint. 26 months



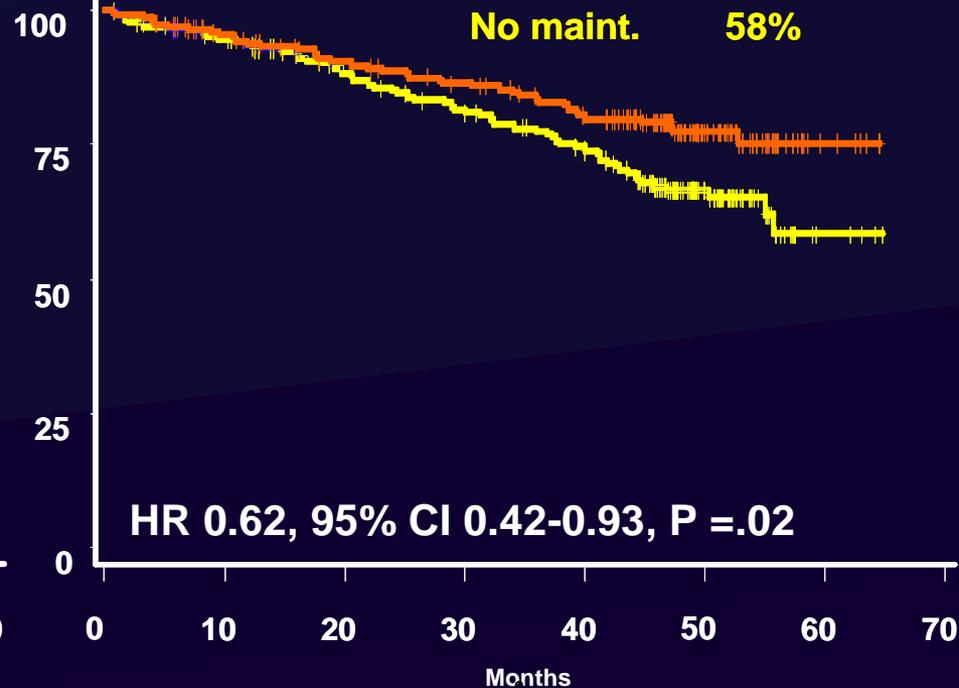
Overall survival

38% reduced risk of death

5-year OS

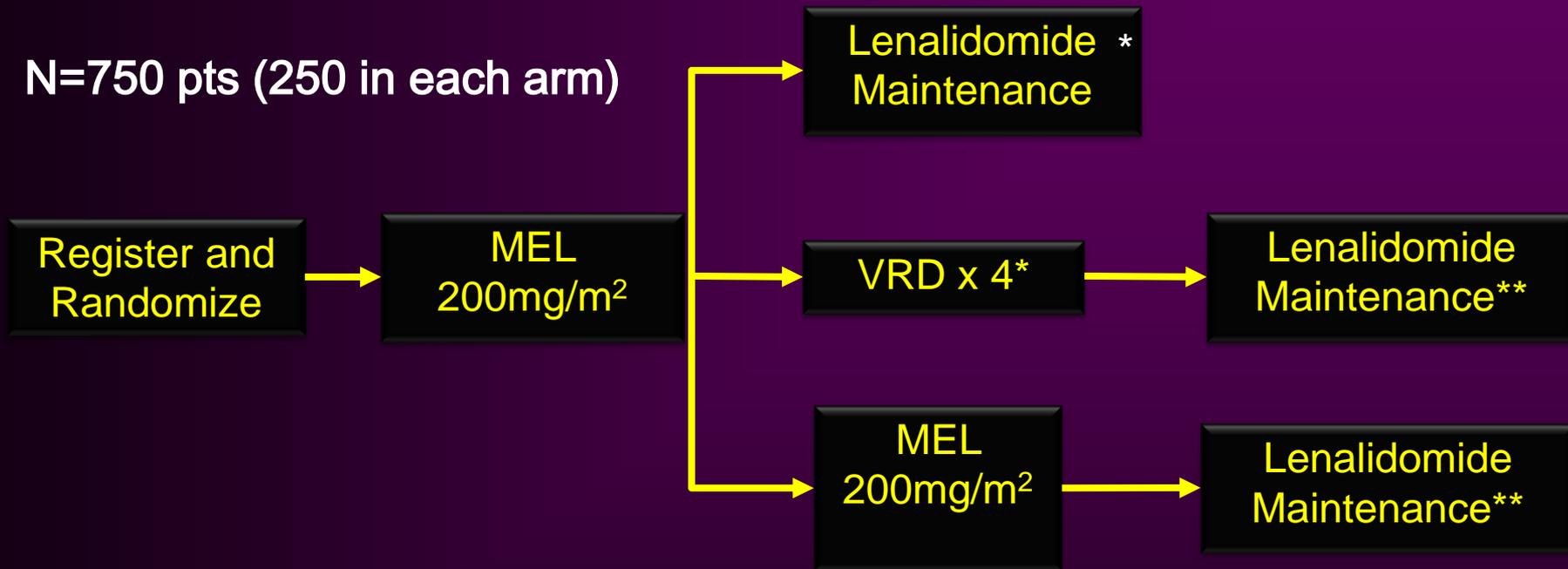
R maint. 75%

No maint. 58%



BMT CTN 0702 - STaMINA

N=750 pts (250 in each arm)



Bortezomib 1.3mg/m²
days 1, 4, 8,11

Lenalidomide 15mg days 1-15

Dexamethasone 40mg
days 1, 8, 15

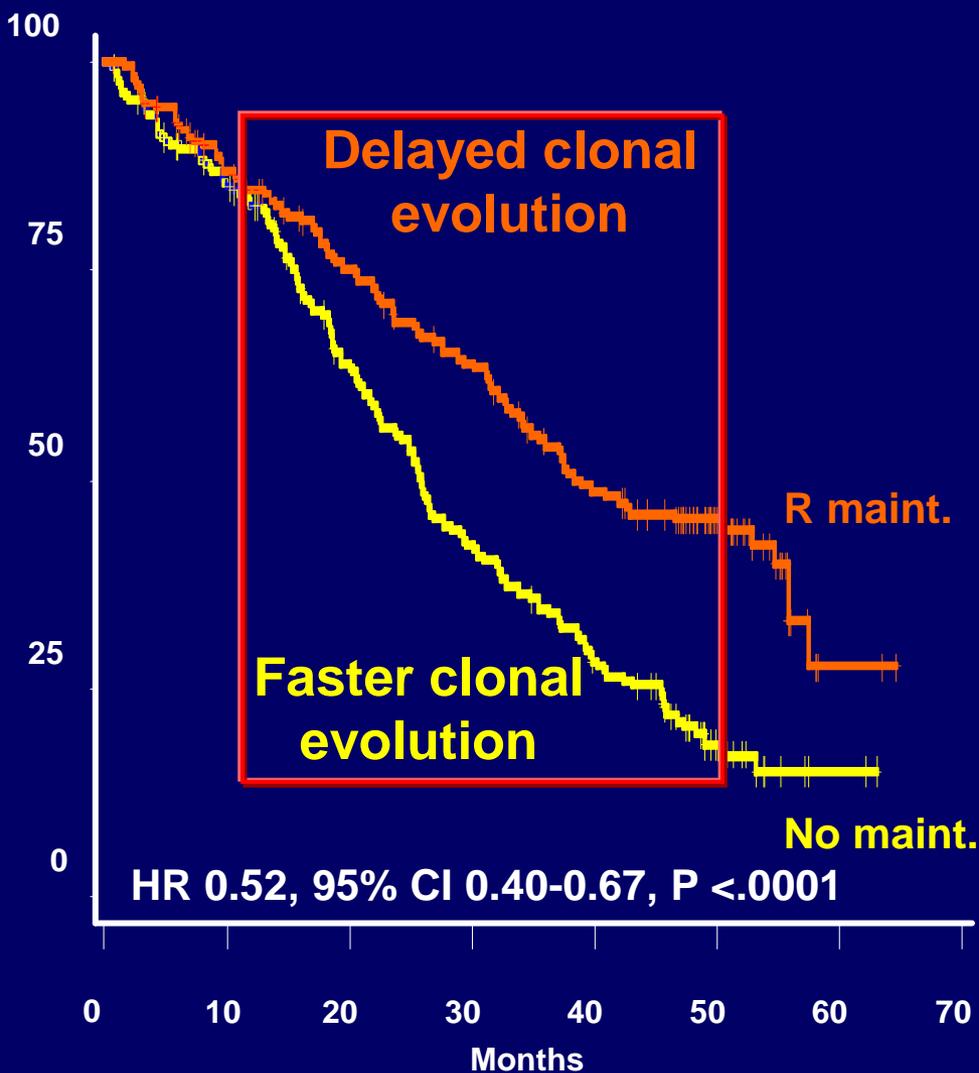
****Lenalidomide x 3years :**
10mg /d for 3 cycles , then 15
mg /d

Caveats with Continuous Treatment

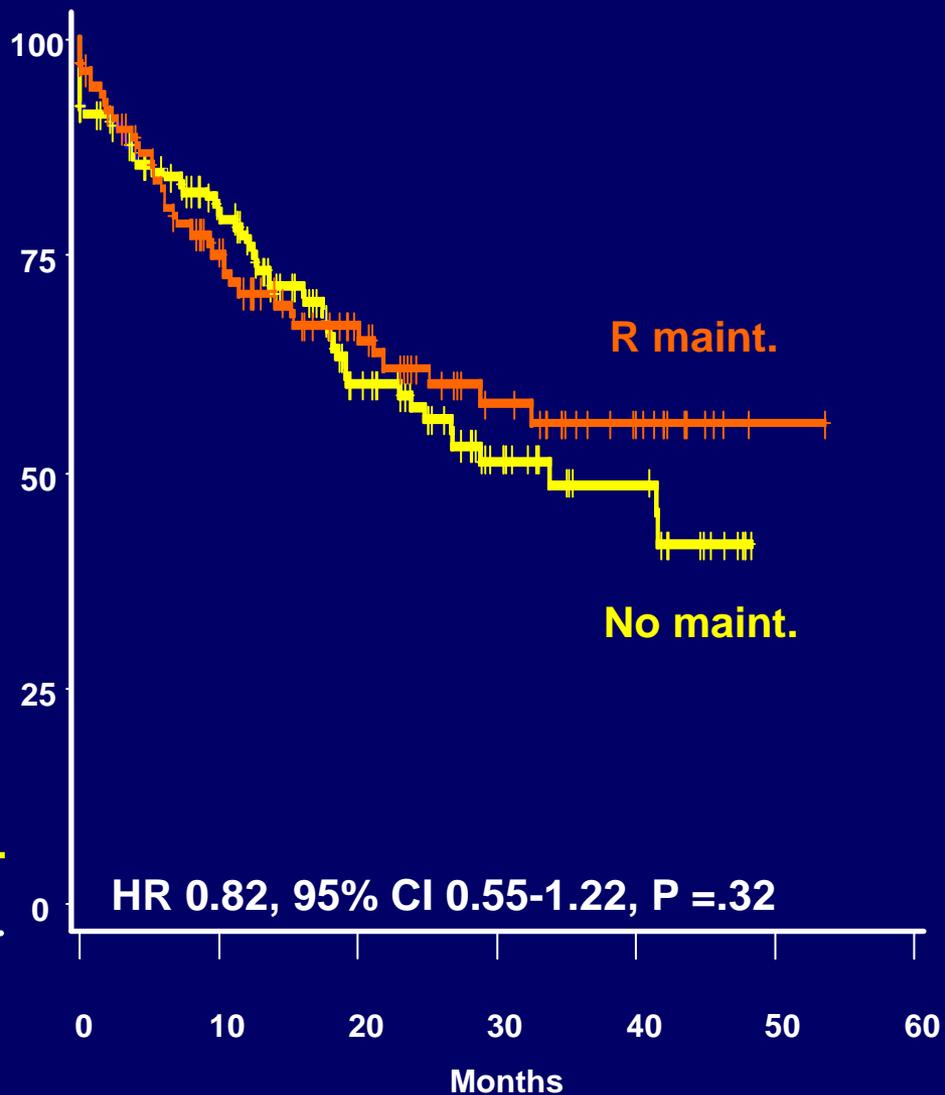
- Does using all “active” drugs at once favors the inception of resistant subclones?

R maintenance vs No maintenance

PFS from diagnosis



OS from relapse



Caveats with Continuous Treatment

- Does using all “active” drugs at once favors the inception of resistant subclones?
- Does this treat strategy work for all patients?

High Risk Myeloma Markers

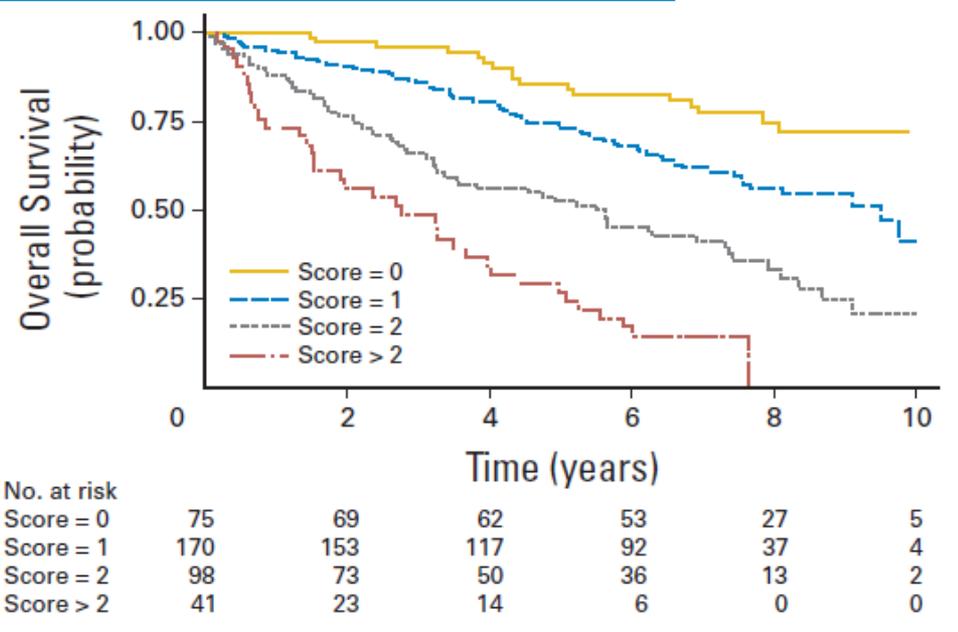
VOLUME 30 · NUMBER 16 · JUNE 1 2012

JOURNAL OF CLINICAL ONCOLOGY

ORIGINAL REPORT

Parameter	Univariate Analysis			Multivariate Analysis		
	HR	95% CI	P	HR	95% CI	P
Age, years						
> 55 v ≤ 55	1.63	1.25 to 2.13	< .001	1.71	1.22 to 2.40	.002
β ₂ -microglobulin, mg/L						
> 5.5 v ≤ 5.5	2.19	1.65 to 2.90	< .001	2.68	1.89 to 3.82	< .001
Creatinine, μmol/L						
> 180 v ≤ 180	1.96	1.30 to 2.96	.001	—	—	—
Calcemia, mmol/L						
> 2.8 v ≤ 2.8	1.95	1.31 to 2.88	.001	—	—	—
Platelets, g/L						
≤ 120 v > 120	2.34	1.37 to 3.90	.001	—	—	—
Hemoglobin, g/dL						
≤ 11 v > 11	1.42	1.08 to 1.86	.011	—	—	—
t(4,14)						
Yes v no	2.73	1.95 to 3.82	< .001	3.04	1.97 to 4.68	< .001
del17p						
> 60 v ≤ 60	3.33	2.01 to 5.21	< .001	3.04	1.71 to 5.39	< .001
del13						
> 40 v ≤ 40	1.74	1.35 to 2.24	< .001	—	—	—
1q gain						
Yes v no	2.00	1.56 to 2.58	.001	1.58	1.14 to 2.19	.006

Abbreviation: HR, hazard ratio.



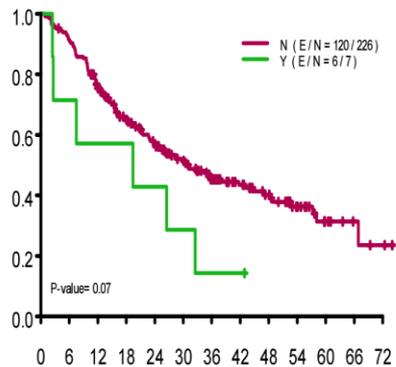
Avet-Loiseau H et al JCO 2012



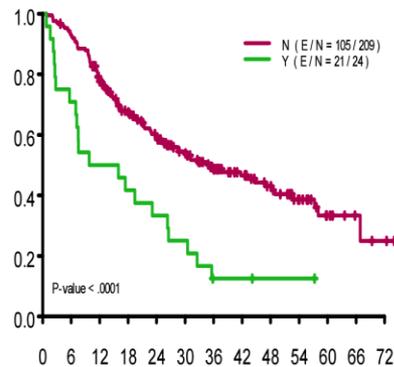
High-risk Chromosomal Abnormalities (MDACC; N=679; 2006 – 2010)

PFS

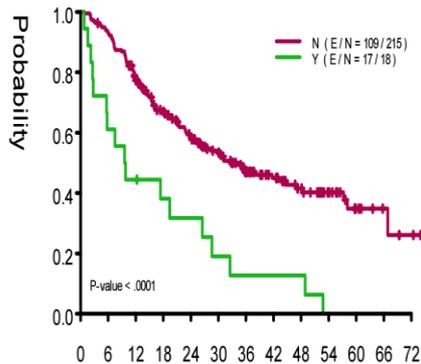
17p- Cytogenetic at DX



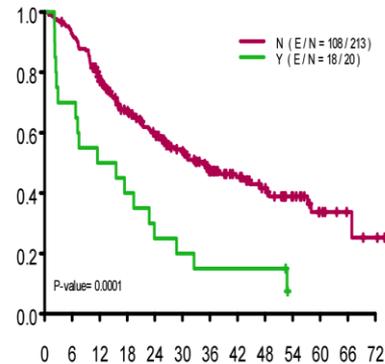
Chromosome 1 Cytogenetic at DX



Deletion 13 Cytogenetic at DX



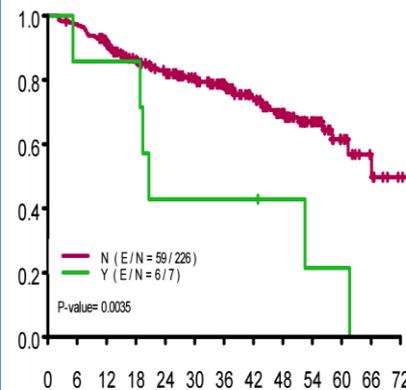
Hypodiploid Cytogenetic at DX



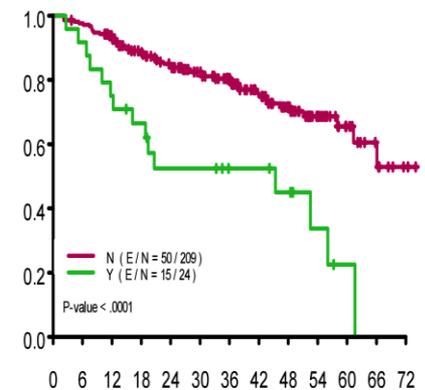
Time (months)

OS

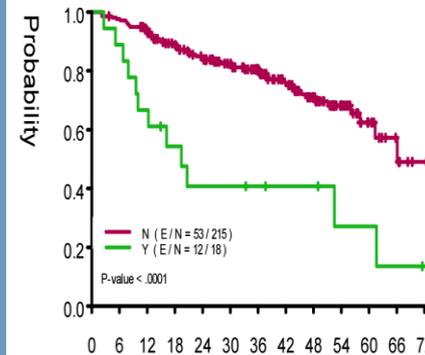
17p- Cytogenetic at DX



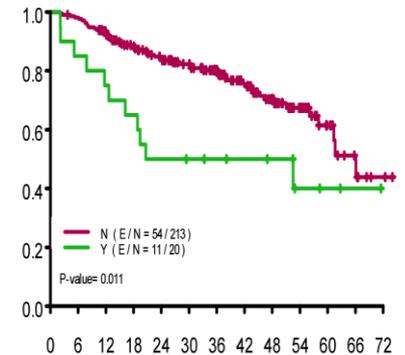
Chromosome 1 Cytogenetic at DX



Deletion 13 Cytogenetic at DX



Hypodiploid Cytogenetic at DX



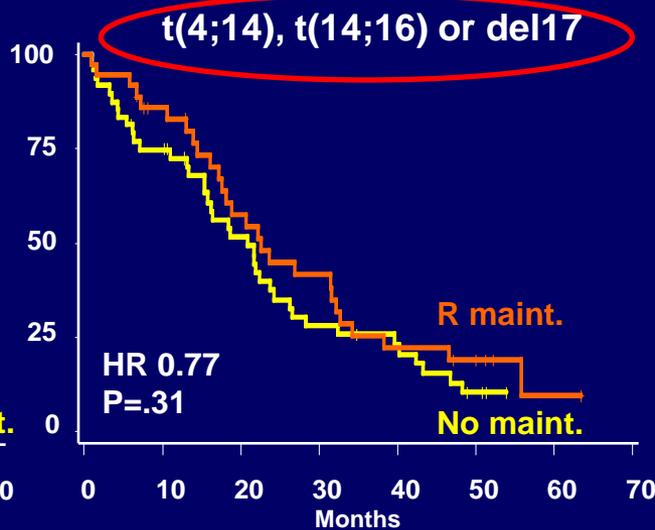
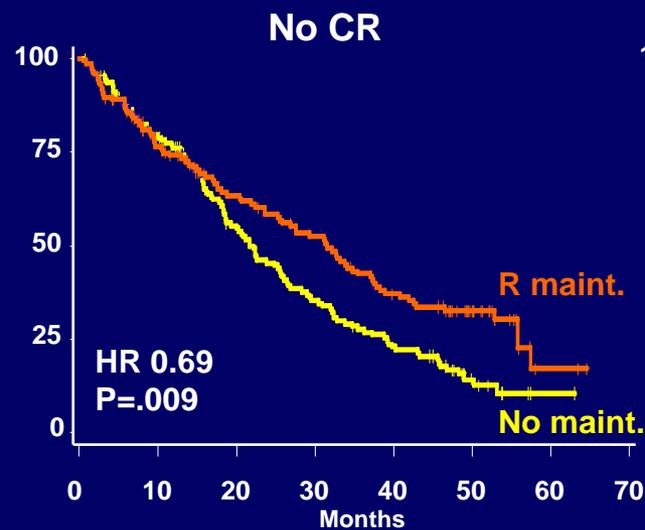
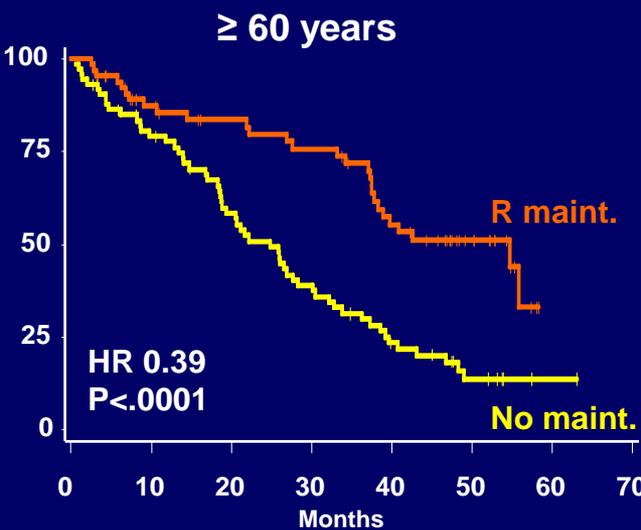
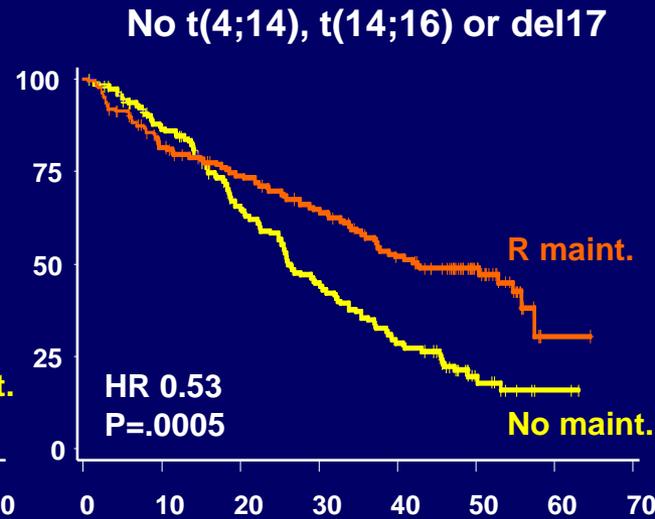
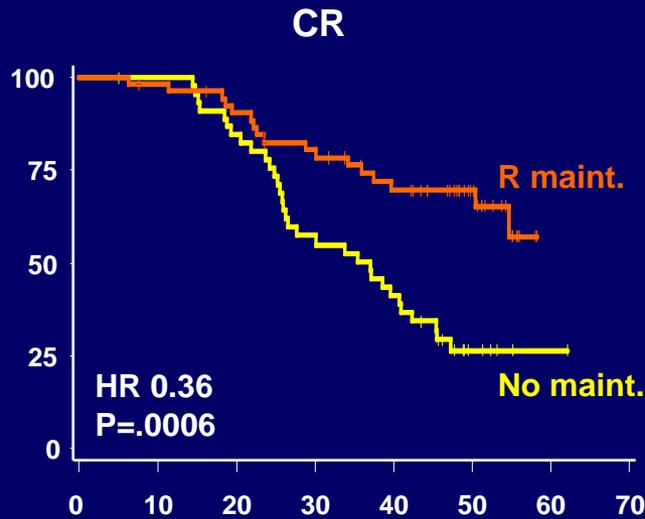
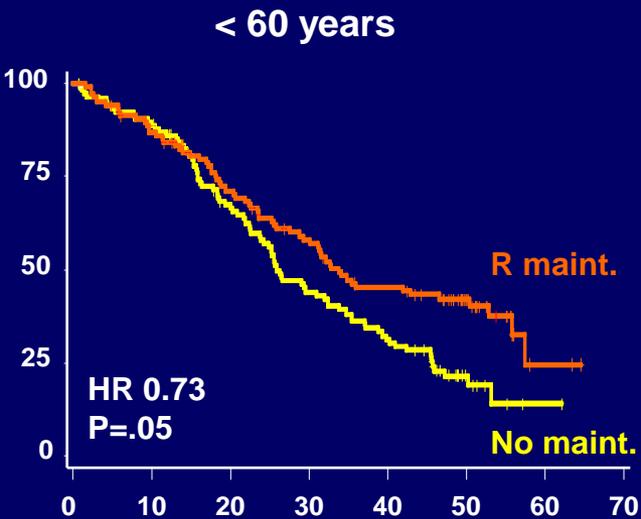
Time (months)

High Risk FISH abnormalities

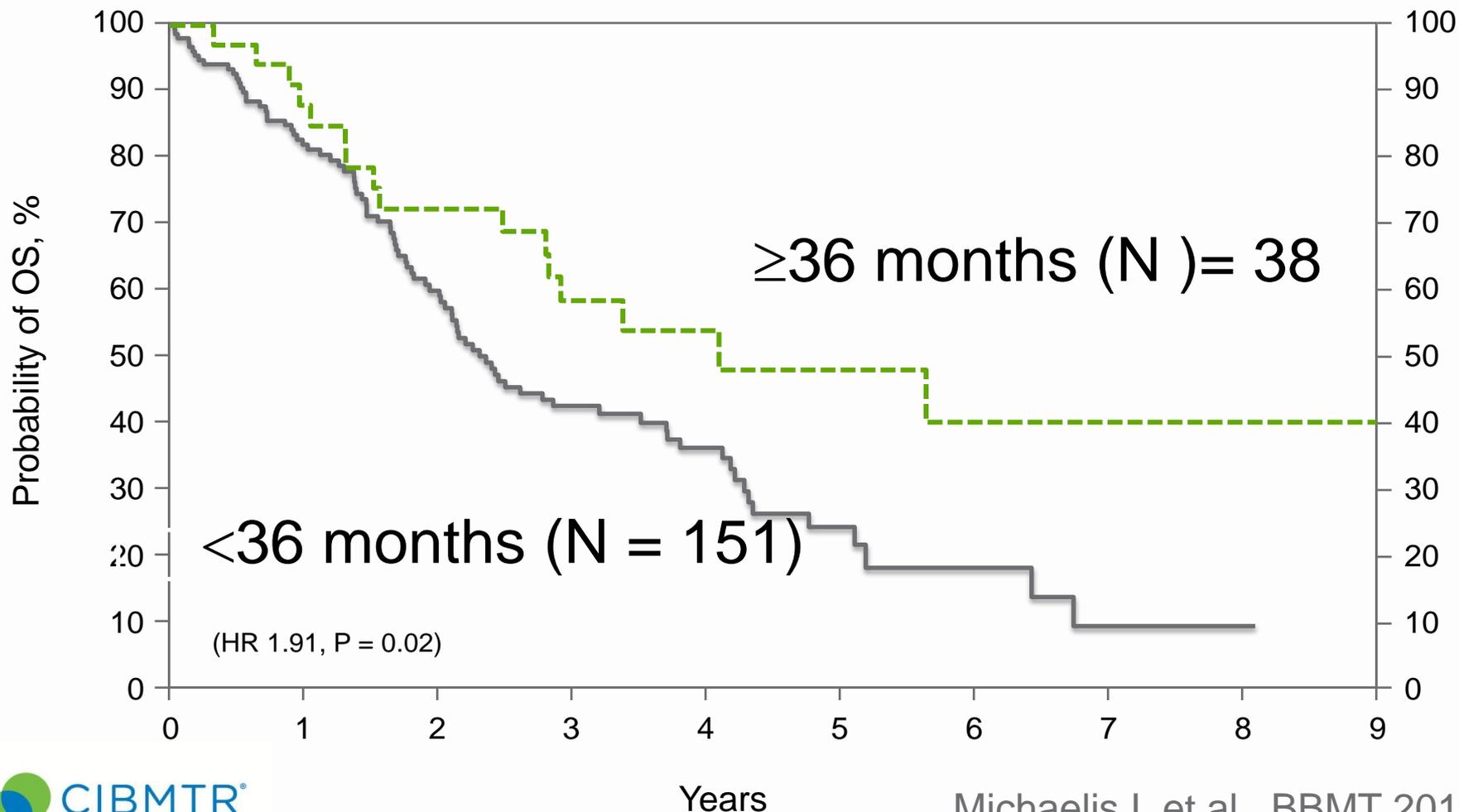
Abnormality	Frequency	Prognosis
Hyperdiploidy	50%–60%	Good/neutral
t(4;14)	15%	Poor (neutral if bortezomib therapy)
t(11;14)	20%	Neutral
t(14;16)	3%	Poor/neutral
Monosomy 13	45%	Neutral if by FISH
del(17p)	8%	Poor
1q gain	35%	Poor
del(1p)	30%	Poor
5q gain	50%	Good
del(12p)	10%	Poor

Progression-free survival

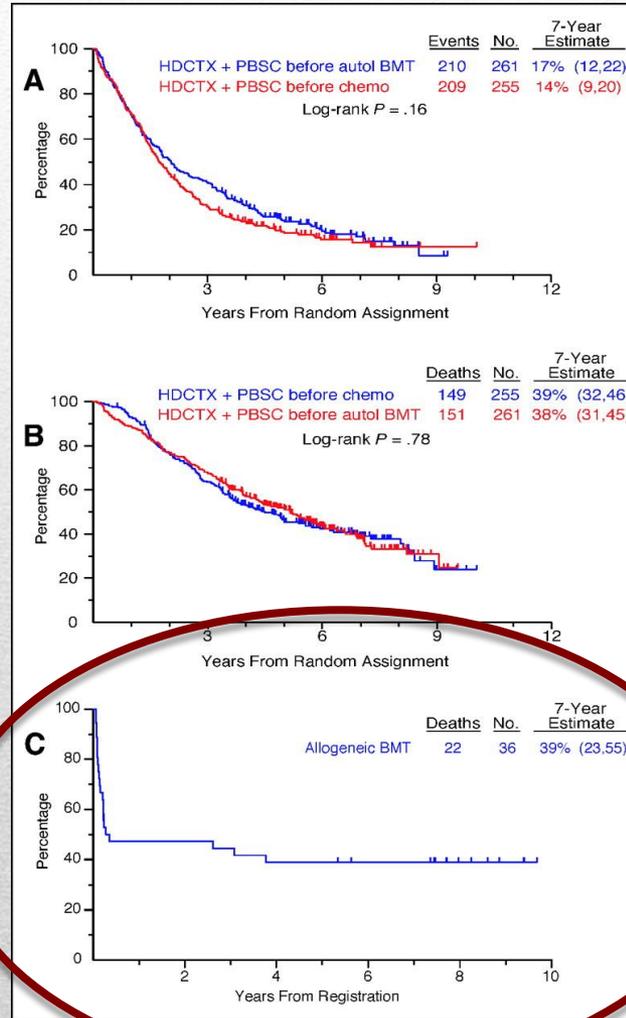
According to age, response, cytogenetics



Overall Survival after Second Autologous HCT, stratified by “Time from first HCT to first progression”



Final Results of Phase III US Intergroup Trial S9321



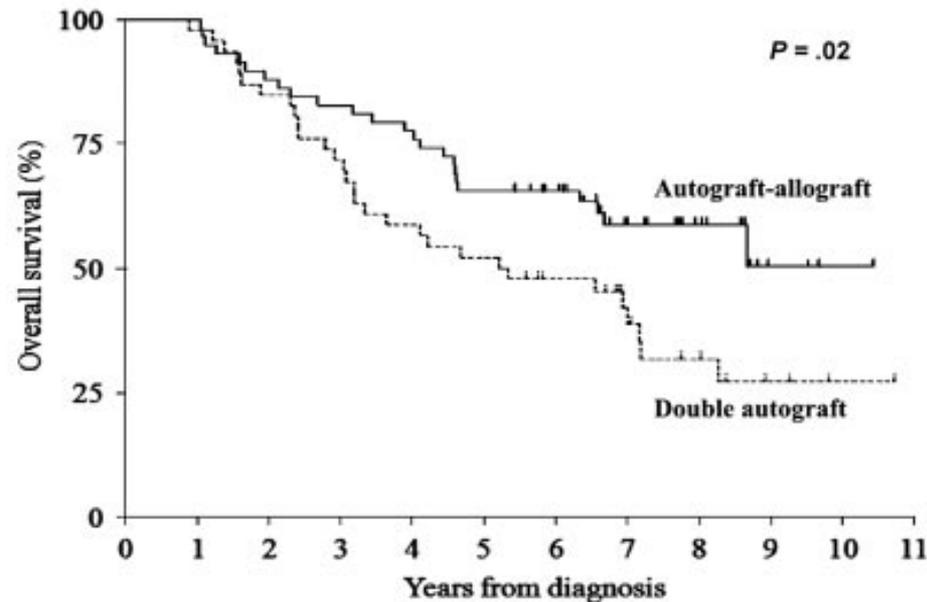
PFS 7 years
Auto 17%
Chemo 14%

OS 7 years
Auto 39%
Chemo 38%

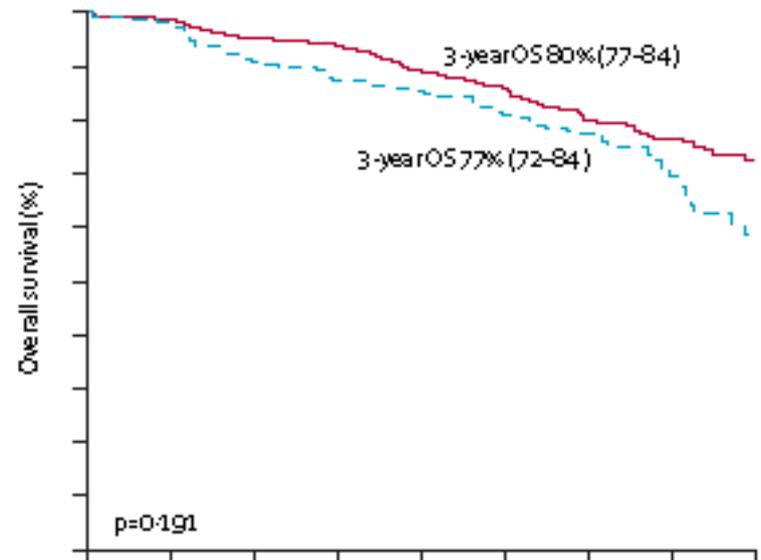
Allogeneic
7 years
PFS 22%
OS 39%

Allogeneic Transplant

- Controversial
- US Trial – Negative (ASCT+ Allo no better than ASCTx2)
- European Trials – OS benefit esp. in high risk disease



Giaccone et al 2011 117: 6721-6727



Krishnan/Pasquini et al Lancet Oncol 2011;12: 1195–203



BMT CTN 0102 Study Schema

Multiple Myeloma meeting eligibility criteria

HLA typing of all patients with siblings

High-dose melphalan (200 mg/m²) + autologous PBSC transplant

Biologic assignment*

Eligible HLA-matched sibling donor

No eligible HLA-matched sibling donor

60 to 120 days

Non-myeloablative conditioning TBI 200 cGY allogeneic PBSC transplant

High-dose melphalan (200 mg/m²) + autologous PBSC transplant

Randomization†

Observation

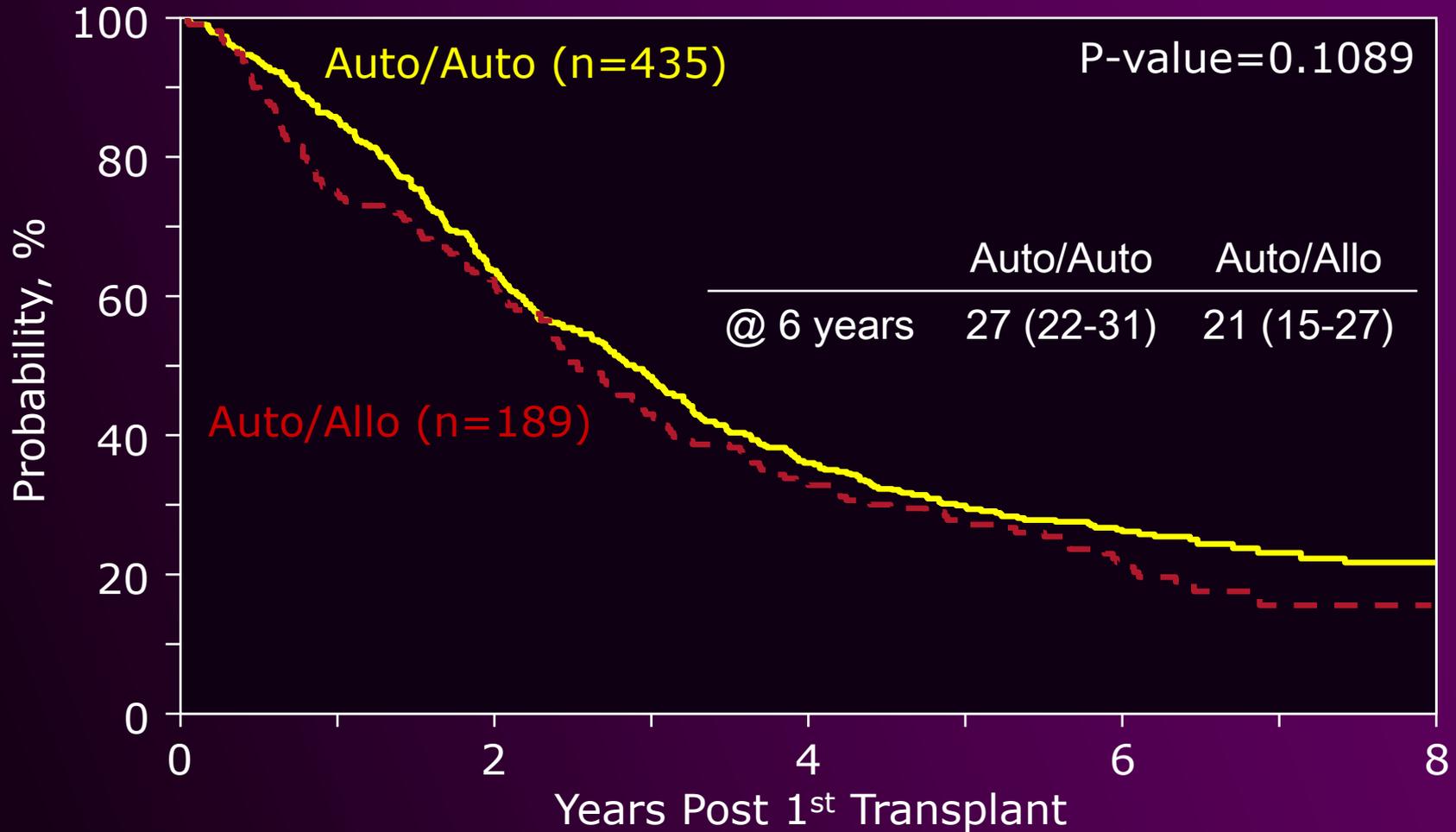
Thalidomide Dexamethasone x12 months.

PRIMARY ENDPOINT : 3yr Progression Free Survival

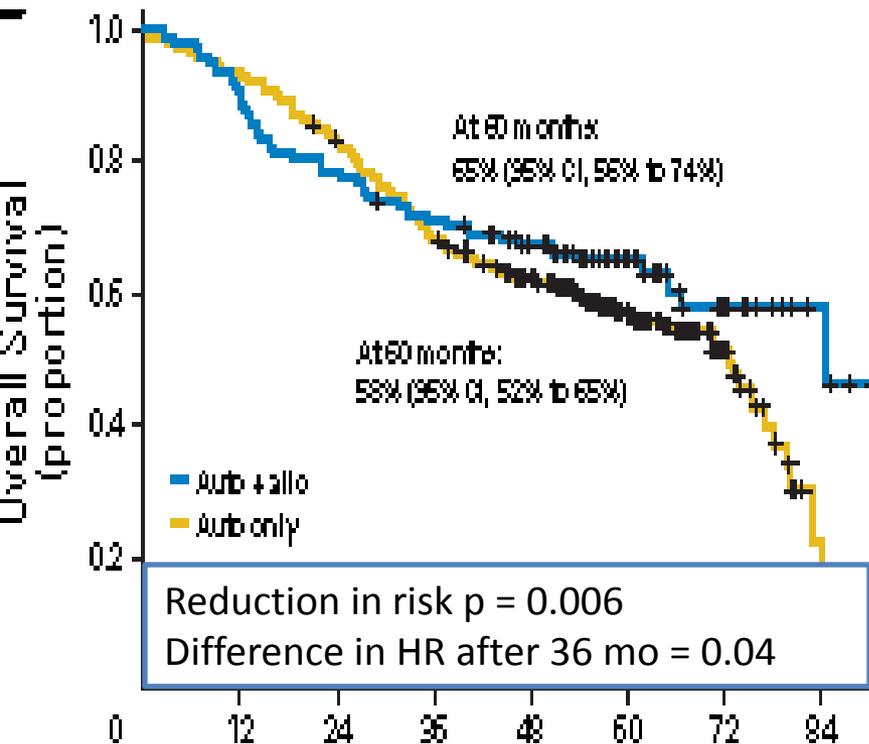
*Biologic assignment occurred when HLA-typing results were available after enrollment.

† Randomization occurred once patients were assigned to auto-auto

Progression-free Survival by Treatment Arm Standard Risk



Why not give up Allotransplant?



Bjorkstrand JCO 2011; 29: 3016 -22

- Intriguing European studies
- Longer follow up for a difference to show
- Young high risk pt – what to do?
- Low TRM - ~5% in the best centers
- Allo → Maintenance paradigm
- Backing off from “Mini” regimens

REVIEW

Plasma cell leukemia: consensus statement on diagnostic requirements, response criteria and treatment recommendations by the International Myeloma Working Group

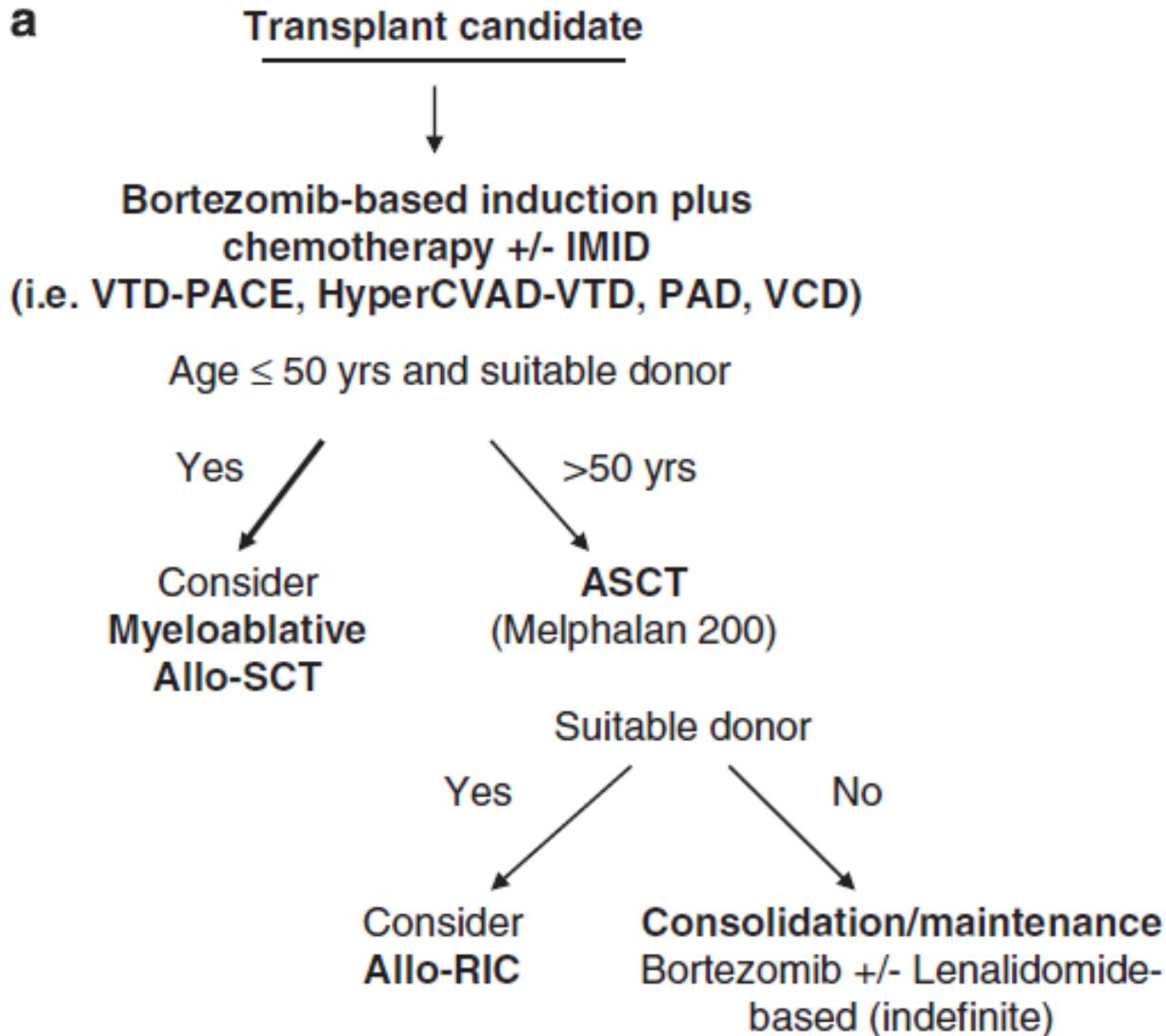
C Fernández de Larrea¹, RA Kyle², BGM Durie³, H Ludwig⁴, S Usmani⁵, DH Vesole⁶, R Hajek⁷, JF San Miguel⁸, O Sezer⁹, P Sonneveld¹⁰, SK Kumar², A Mahindra¹¹, R Comenzo¹², A Palumbo¹³, A Mazumber¹⁴, KC Anderson¹⁵, PG Richardson¹⁵, AZ Badros¹⁶, J Caers¹⁷, M Cavo¹⁸, X LeLeu¹⁹, MA Dimopoulos²⁰, CS Chim²¹, R Schots²², A Noeul²¹, D Fanti²⁴, U-H Mellqvist²⁵, O Landgren²⁶, A Chanan-Khan²⁷, P Moreau²⁸, R Fonseca²⁹, G Merlini³⁰, JJ Lahuerta³¹, J Bladé³, RZ Orlowski³² and JJ Shah³² on behalf of the International Myeloma Working Group³³

Plasma cell leukemia (PCL) is a rare and aggressive variant of myeloma characterized by the presence of circulating plasma cells. It is classified as either primary PCL occurring at diagnosis or as secondary PCL in patients with relapsed/refractory myeloma. Primary PCL is a distinct clinic-pathological entity with different cytogenetic and molecular findings. The clinical course is aggressive with short remissions and survival duration. The diagnosis is based upon the percentage ($\geq 20\%$) and absolute number ($\geq 2 \times 10^9/l$) of plasma cells in the peripheral blood. It is proposed that the thresholds for diagnosis be re-examined and consensus recommendations are made for diagnosis, as well as, response and progression criteria. Induction therapy needs to begin promptly and have high clinical activity leading to rapid disease control in an effort to minimize the risk of early death. Intensive chemotherapy regimens and bortezomib-based regimens are recommended followed by high-dose therapy with autologous stem cell transplantation if feasible. Allogeneic transplantation can be considered in younger patients. Prospective multicenter studies are required to provide revised definitions and better understanding of the pathogenesis of PCL.

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Keywords: plasma cell leukemia; cytogenetics; bortezomib; transplantation; myeloma; prognosis

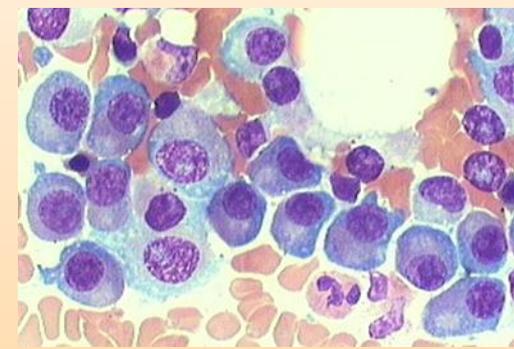
- 20% circulating plasma cells or $>2 \times 10^9/L$ absolute
- Consider plasma cell leukemia when:
 - 5% circulating plasma cells or $>0.5 \times 10^9/L$ absolute



Multiple Myeloma Treatment: Future Perspective

- Myeloma now is a chronic disease
 - Patients are living longer than ever
 - Although mostly incurable
- Better stratification of patients with the highest risk
 - CRAB criteria is becoming outdated.
- Modified targeted therapy paradigm
 - Risk adapted or molecular signature adapted
 - Change from continuous to non-continuous treatment when appropriate – response adapted treatment

Conclusions



- Transplant remains the main backbone for the treatment of myeloma.
- Myeloma outcomes are now much better with combination of novel agents and transplant.
- High risk myeloma remains a challenge and novel approaches are needed.
- Allogeneic HCT remains investigational, but could be considered in patients with high risk disease.



Merci

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Köszönettel

Obrigado!

Gracias

Bedankt

Grazie

Vielen Dank

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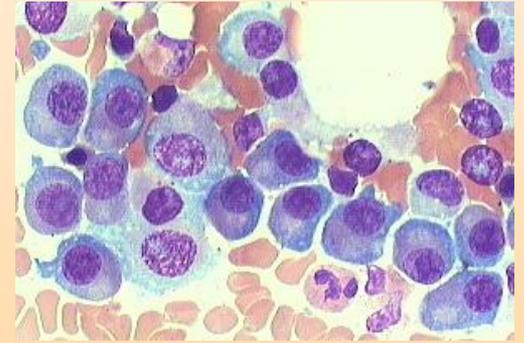
Teşekkürler

Дікы

Ευχαριστώ

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Transplants for Multiple Myeloma



- Multiple myeloma is an incurable plasma cell disorder.
- Clinical presentation includes:
 - Anemia, lytic bone lesion, kidney failure, hypercalcemia and repetitive infections
- Most common indication of autologous transplants
- Many new regimens available for disease control.