

# **HCT in Thalassemia**

Vikram Mathews Professor of Haematology Department of Haematology Christian Medical College Vellore INDIA

Worldwide Network for Blood and Marrow Transplantation NGO in official relations with World Health Organization

# **Overview :**

- > Risk stratification and limitations
- Experience from India with high risk patients
- Strategies to improve outcomes in high risk patients
- Data with Treosulfan based conditioning
- > Role of MUD HCT (matched and mismatched)
- Role of cord blood transplants
- Evolving data with haplo-identical HCT
- Summary

Allogeneic stem cell transplantation (SCT) remains the only curative option for patients with β thalassemia major.

- The correction of this disorder by an allogeneic stem cell transplant was first described by Thomas et al. (Lancet 1982)
- Subsequently, a conditioning regimen of busulfan and cyclophosphamide was established for stem cell transplantation in this condition. This myeloablative therapy forms the basis for the currently used conditioning regimens in this condition.
  - (Lancet 1985)

# **Risk Stratification**

## **Risk Factors:**

- Liver size (>2cm)
- Presence of liver fibrosis
- Inadequate iron chelation

### **Three risk groups:**

- **Class I:** none of the above risk factors
- **Class II:** one or two of these risk factors
- **Class III:** all three adverse risk factors

# **Risk Stratification**

\* Class I / II patients considered low risk with an excellent long term outcome

## **Class III considered high risk**

- **\*** Higher incidence of rejection and TRM
- Novel conditioning regimens being evaluated in this group of patients<sup>1,2</sup>

## **Risk Stratification**

**TABLE 1** Outcomes of allogeneic stem cell transplantation (data from Reference 25)

Class of risk	Conditioning regimen <sup>*</sup>	Survival (%)	Thalassemia-free survival (%)
1	Bu 14, Cy 200	93	90
2	Bu 14, Cy 200	87	84
3	Bu 14, Cy 120–160	79	58
Adults	Bu 14, Cy 120–160	66	62

\*Abbreviations: Bu, Busulphan; Cy, Cyclophosphamide. Numbers indicate dosage in mg/kg.

Lucarelli G, Andreani M, Angelucci, E. 2002. The cure of thalassemia by bone marrow transplantation. Blood Rev. 16:81–85

## **Risk Stratification - Limitations**

Class III a heterogeneous group (in the setting of sub optimal medical therapy prior to transplant)

	Patient I	Patient II
Liver size	3 cms	7cms
Inadequate chelation	+	+
Fibrosis	+	++
Age	3 years	14 years
Spleen size	NP	5 cms

## **Risk Stratification - Limitations**

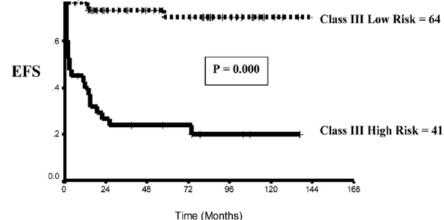
Biology of Blood and Marrow Transplantation 13:889-894 (2007) © 2007 American Society for Blood and Marrow Transplantation 1083-8791/07/1308-0001\$32.00/0 doi:10.1016/j.bbmt.2007.05.004



A New Stratification Strategy That Identifies a Subset of Class III Patients with an Adverse Prognosis among Children with  $\beta$  Thalassemia Major Undergoing a Matched Related Allogeneic Stem Cell Transplantation

Vikram Mathews,<sup>1</sup> Biju George,<sup>1</sup> Uday Deotare,<sup>1</sup> Kavitha M. Lakshmi,<sup>1</sup> Auro Viswabandya,<sup>1</sup> Dolly Daniel,<sup>2</sup> Mammen Chandy,<sup>1</sup> Alok Srivastava<sup>1</sup>

<sup>1</sup>Department of Haematology, and <sup>2</sup>Department of Clinical Pathology and Blood Bank, Christian Medical College, Vellore, India



Age	≥ 7years	
Liver size	≥5cms	
Class III HR	40%	

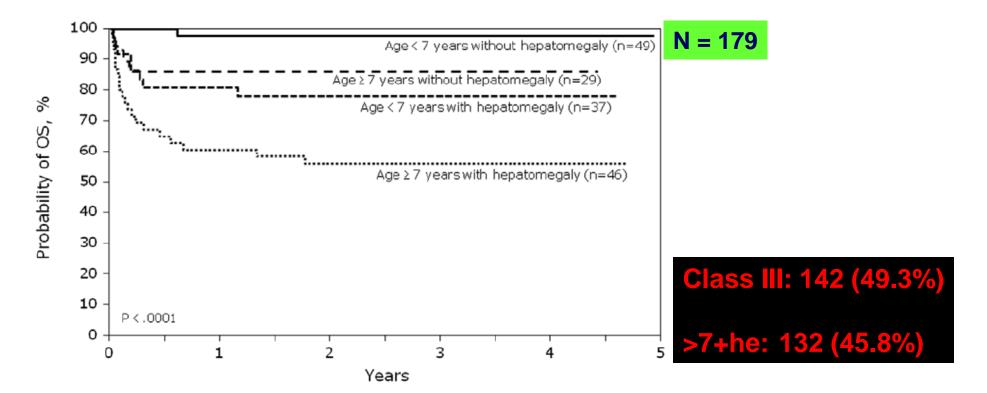
L. Comparison of 5-year EFS of Class III transplants in the high-risk group (n = 41) and rest of transplants in Class III (n = 64).

# blood

Prepublished online Nov 30, 2010; doi:10.1182/blood-2010-09-306829

### HLA-matched sibling bone marrow transplantation for <sup>2</sup>-thalassemia major

Mitchell Sabloff, Mammen Chandy, Zhiwei Wang, Brent R. Logan, Ardeshir Ghavamzadeh, Chi-Kong Li, Syed Mohammad Irfan, Christopher N. Bredeson, Morton J. Cowan, Robert Peter Gale, Gregory A. Hale, John Horan, Suradej Hongeng, Mary Eapen and Mark C. Walters





#### **REGULAR ARTICLE**

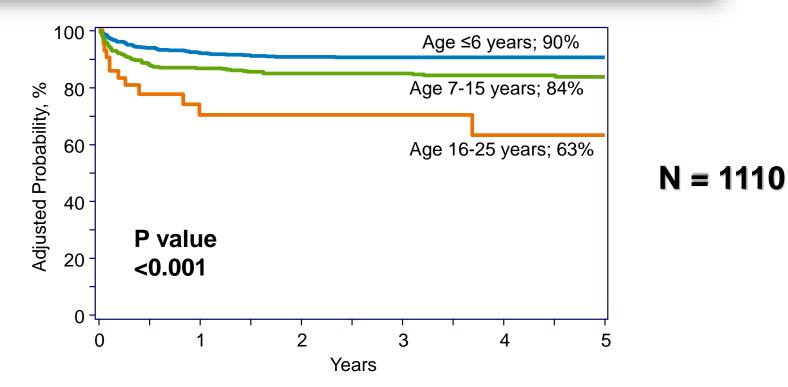
### S blood advances

## Related and unrelated donor transplantation for $\beta$ -thalassemia major: results of an international survey

Chunfu Li,<sup>1,2,\*</sup> Vikram Mathews,<sup>3,\*</sup> Soyoung Kim,<sup>4</sup> Biju George,<sup>3</sup> Kyle Hebert,<sup>5</sup> Hua Jiang,<sup>6</sup> Changgang Li,<sup>7</sup> Yiping Zhu,<sup>8</sup> Daniel A. Keesler,<sup>5</sup> Jaap Jan Boelens,<sup>9</sup> Christopher C. Dvorak,<sup>10</sup> Rajni Agarwal,<sup>11</sup> Jeffery J. Auletta,<sup>12</sup> Rakesh K. Goyal,<sup>13</sup> Rabi Hanna,<sup>14</sup> Kimberly Kasow,<sup>15</sup> Shalini Shenoy,<sup>16</sup> Angela R. Smith,<sup>17</sup> Mark C. Walters,<sup>18</sup> and Mary Eapen<sup>5</sup>

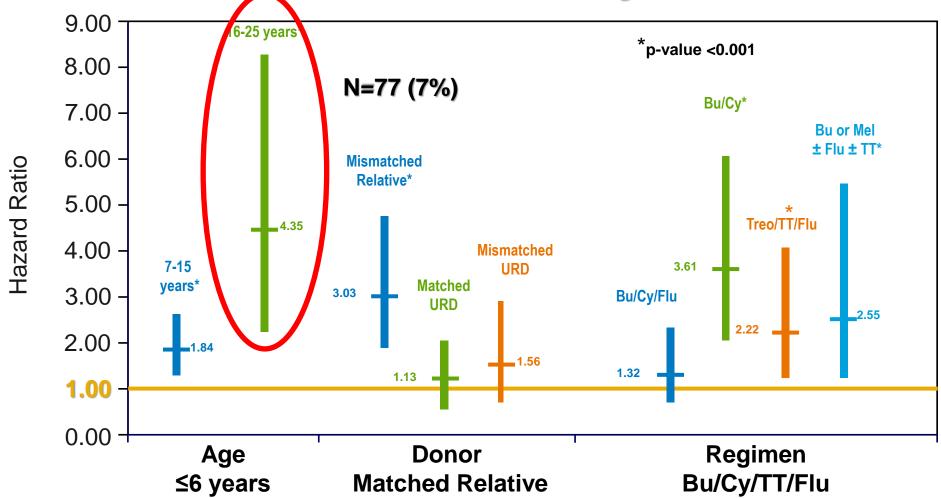


Adjusted for Donor type, Conditioning Regimen, Transplant period



### **Blood Advances 2019**

### **Overall Mortality**



**Blood Advances 2019** 

## Improving clinical outcomes in Class III and Class IIIHR subsets

- Section Sec
- Prediction of graft rejection and immune reconstitution
- Increasing the stem cell dose
- Targeted dose monitoring (Bu)
- Reduced intensity conditioning regimens
- Myeloablative reduced toxicity regimens ex: Treosulfan

# Он Treosulfan сн₃so₂-о-сн₂-сн-сн-сн-сн₂-о-so₂сн₃ он

Treosulfan Unlike busulfan it is water soluble and easy to re-constitute and administer IV

Pharmacokinetics is linear, good systemic exposure with low intra and inter-individual variability<sup>1,2</sup>

Toxicity profile favorable. Phase I study even at doses 56 g/m<sup>2</sup>/course there was no dose limiting liver, renal, cardiac or CNS toxicity<sup>3</sup>

- ✤ No or very low incidence of SOS <sup>3,4,5</sup>
- Multiple reports of use in conditioning regimens for hematolgical malignancies<sup>4,5</sup>

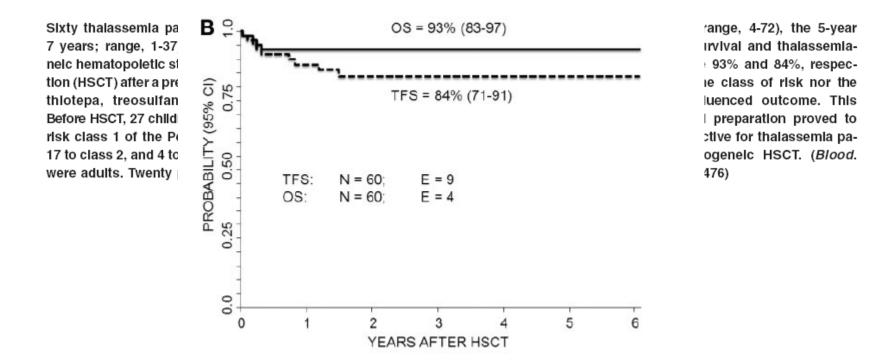
Hilger et al. CCP 1998
 Glowka et al. BMT 2008
 Scheulin et al. Clin Can Res 2000
 Beelen et al. BMT 2005
 Casper et al. JCO 2010

#### **Brief report**

Allogeneic hematopoietic stem cell transplantation in thalassemia major: results of a reduced-toxicity conditioning regimen based on the use of treosulfan

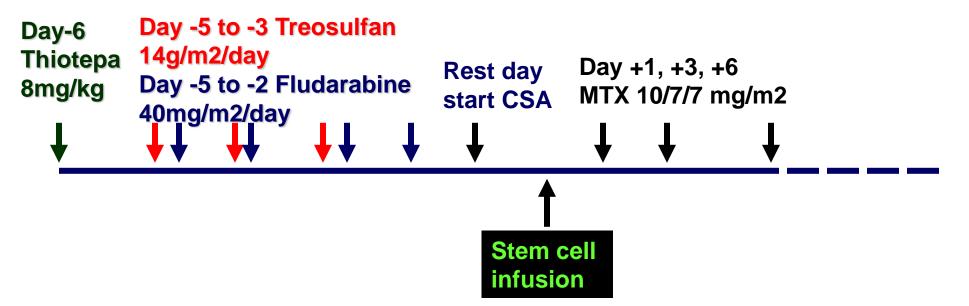
Maria Ester Bernardo,<sup>1</sup> Eugenia Piras,<sup>2</sup> Adriana Vacca,<sup>2</sup> Giovanna Giorgiani,<sup>3</sup> Marco Zecca,<sup>3</sup> Alice Bertaina,<sup>1</sup> Daria Pagliara,<sup>1</sup> Benedetta Contoli,<sup>1</sup> Rita Maria Pinto,<sup>1</sup> Giovanni Caocci,<sup>2</sup> Angela Mastronuzzi,<sup>1</sup> Giorgio La Nasa,<sup>2</sup> and Franco Locatelli<sup>1,4</sup>

<sup>1</sup>Department of Pediatric Hematology-Oncology, Istituto di Ricovero e Cura a Carattere Scientifico (IRCCS), Bambino Gesù Children's Hospital, Rome, Italy; <sup>2</sup>Hematology Unit, Department of Internal Medical Sciences, University of Cagliari, Cagliari, Italy; <sup>3</sup>Department of Pediatric Onco-Hematology, IRCCS, Policlinico San Matteo Foundation, Pavia, Italy; and <sup>4</sup>University of Pavia, Pavia, Italy



## **Treosulfan data CMC Vellore**

### **Conditioning Regimen:**





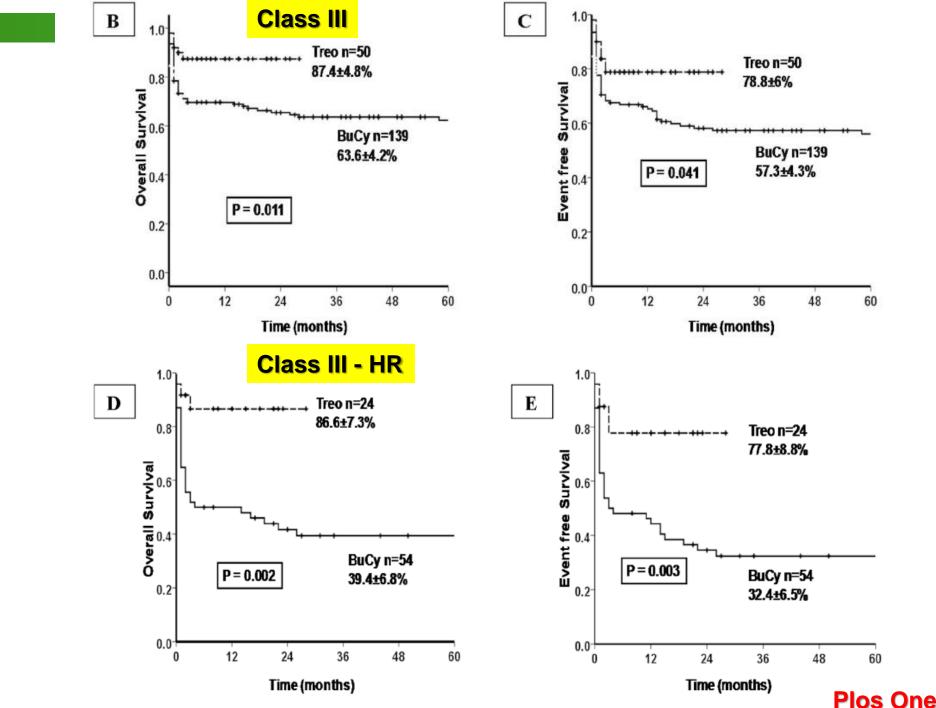
PLOS ONE

Improved Clinical Outcomes of High Risk β Thalassemia Major Patients Undergoing a HLA Matched Related Allogeneic Stem Cell Transplant with a Treosulfan Based Conditioning Regimen and Peripheral Blood Stem Cell Grafts

Vikram Mathews\*, Biju George, Auro Viswabandya, Aby Abraham, Rayaz Ahmed, Abhijeet Ganapule, Eunice Sindhuvi, Kavitha M. Lakshmi, Alok Srivastava

Department of Haematology, Christian Medical College, Vellore, India

**Plos One 2013** 



Plos One 2013

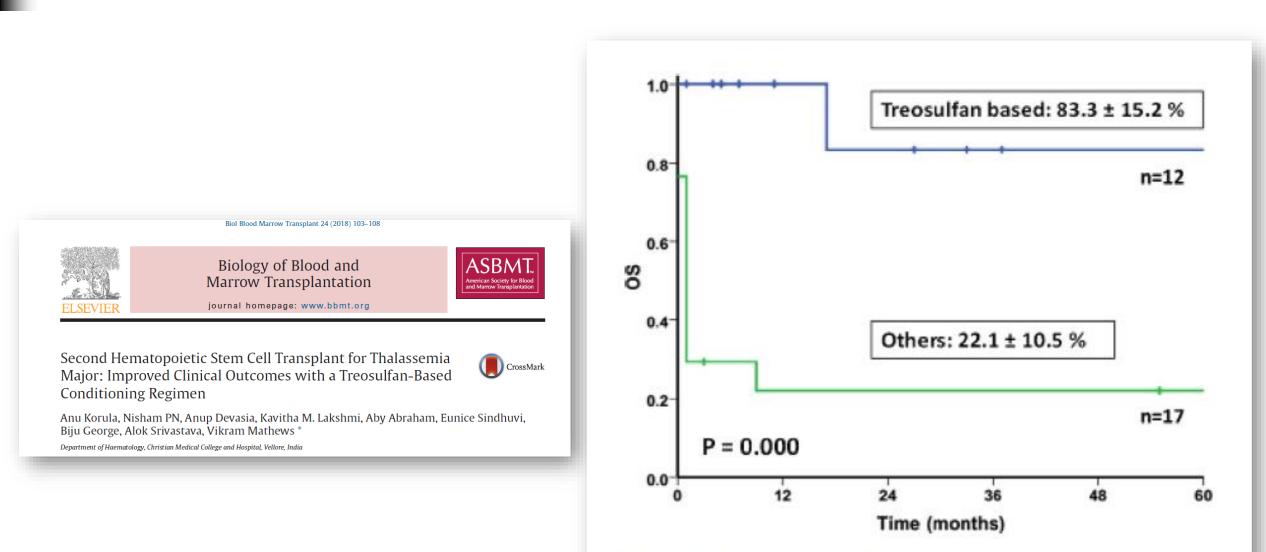
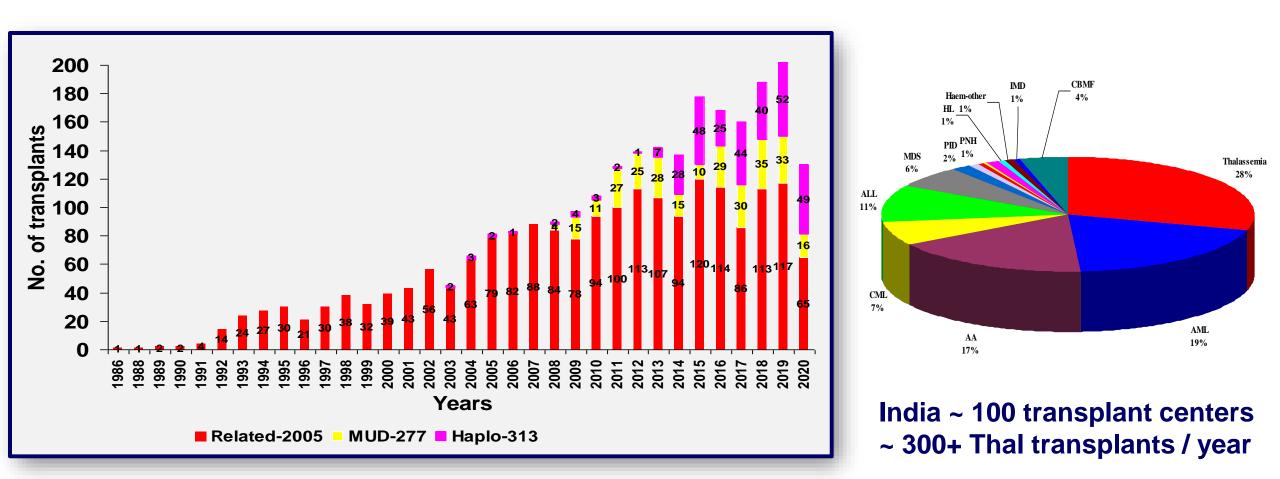


Figure 2. Comparison of OS between patients conditioned with treosulfanbased MAC regimen versus others.

# Stem Cell Transplant Program CMC Vellore



## CMC long term follow up data --

0.4

0.2

0.0

0

24

### Since 1991 – n= 639

		Frequency	Percent
Valid	1	20	3.1
	2	226	35.4
	3	393	61.5
	Total	639	100.0

		Frequency	Percent	_ Mean age
Valid	<2000	106	16.6	8.0±4.4
	>=2000-2010	185	29.0	8.4±4.3
	>=2010	348	54.5	8.6±4.9
	Total	639	100.0	
-1.0 0.8 0.6 O		#- <b>1<del>9-000018-18-18-1-1</del> -1-1-1-0-018-011</b>	88∔ <sup> }+++</sup> ¶1	•

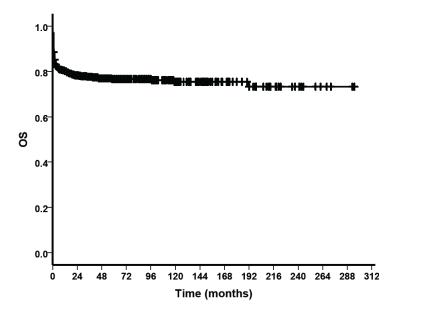
120 144 168 192 216 240 264 288 312

Time (months)

P-value = 0.017

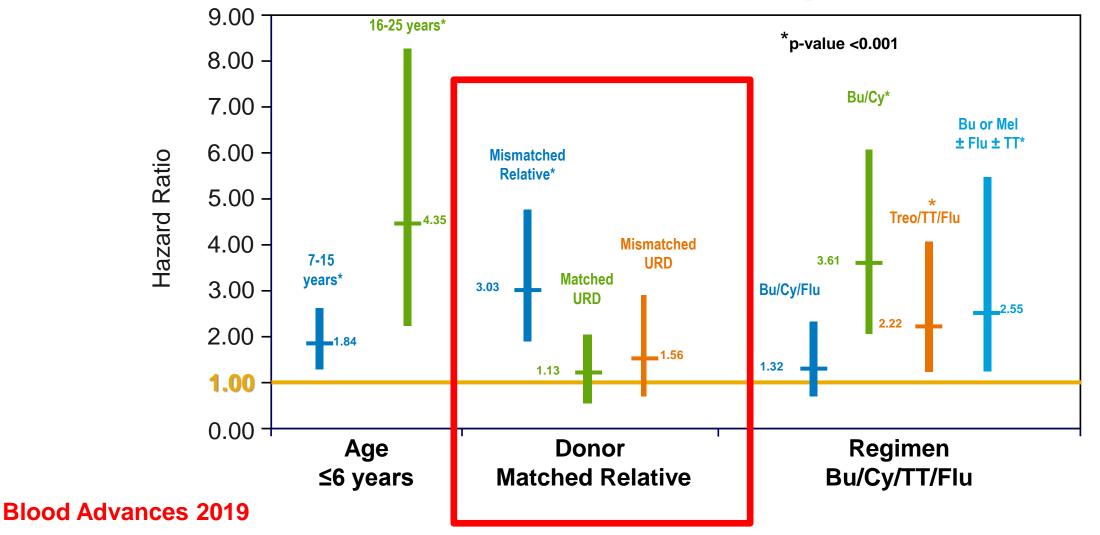
72 96

48



## Matched unrelated donor transplants

## **Overall Mortality**



## **Umbilical Cord Blood Transplants**

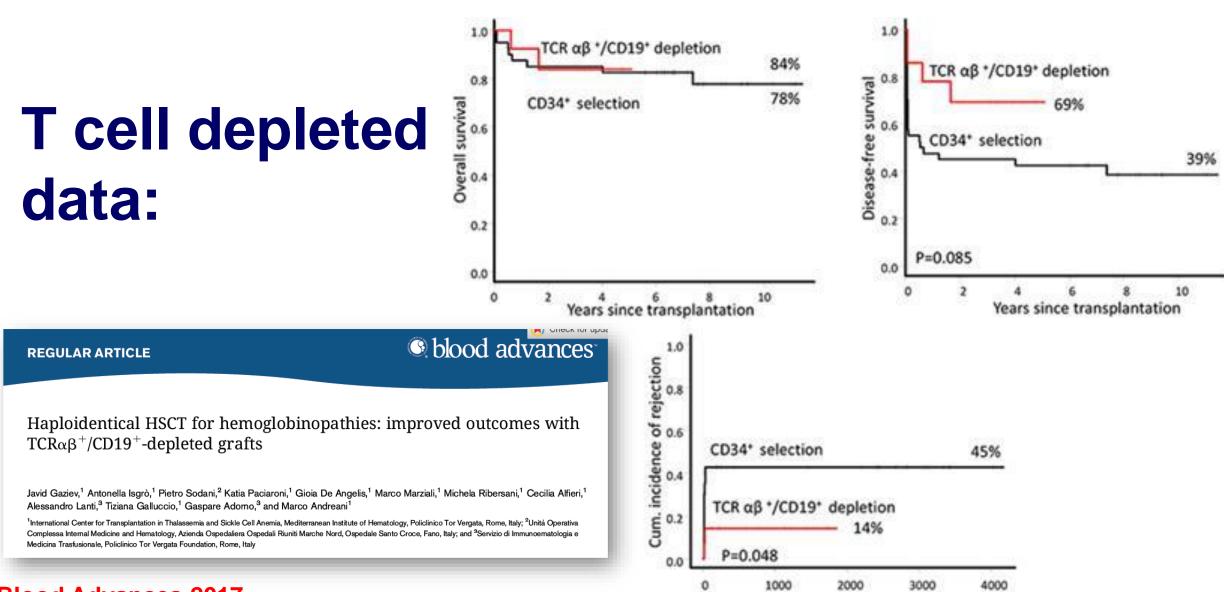
### Related

### Unrelated Matched / Mismatched

## Haplo-identical HCT in Thalassemia major

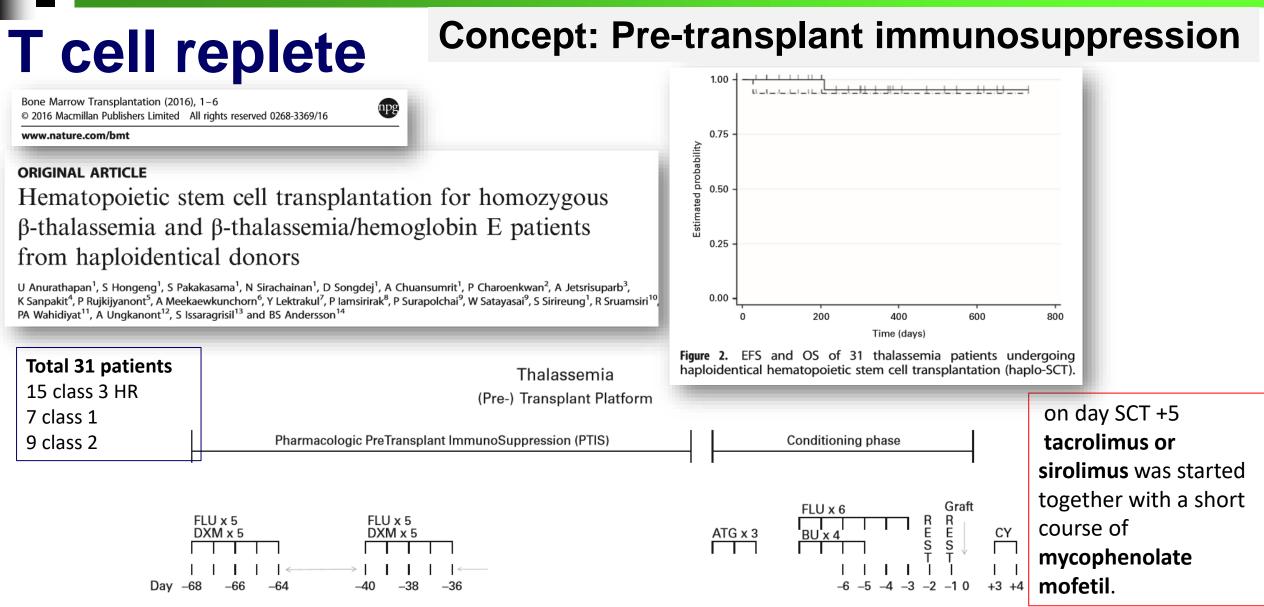
T cell depleted

> T cell replete - PTcy



### Blood Advances 2017

Days since transplantation



**Figure 1.** Depiction of the transplant program with first pharmacological PTIS, followed by RTC with ATG, Flu and IV Bu. For the haplo-identical donors, we used post-Cy-based GvHD prophylaxis and delayed-calcineurin inhibitor–/ sirolimus therapy, and short-course mycophenolate mofetil, the latter two starting on day SCT +5. Please see Patients and Methods section for details.

## **Conclusion:**

- Allogeneic stem cell transplant remains the only widely available curative option for patients with Thalassemia major
- Prefer to do it at a younger age with best results reported between 2 and 5 years of age
- Conventional risk stratification for Thal Major has limitations in our population
- The best donor is a matched related sibling
- Mis-matched unrelated donor / cord and haplo-identical transplants should be done with careful assessment of relative risks and benefits preferably in the setting of a clinical trial
- Bone marrow is the preferred options as stem cell source
- Novel conditioning regimens can potentially improve the outcome (RTC) Treo based
- Careful pre-transplant evaluation of the recipient is important
- Family and patient need to be carefully counselled about risks and benefits of transplant



## Jhank you for your attention

