

VACCINATIONS

VACCINATIONS

After your BMT you lose any immunity, you have any diseases you may have been exposed to in the past or vaccinations you received. Now you are like a newborn baby with very little resistance to diseases. About one year after you have completed your transplant if the physician says you are o.k. you will start a program of vaccination.

The first doses will be:

- Diphtheria and Tetanus (D.T.)
- Inactivated Polio Vaccine (I.P.V.)
- Hepatitis B
- Hepatitis A
- Hemophyllus Influenza B (H.I.B)
- Pneumovax
- Meningitis

Two months later:

- Diphtheria and Tetanus (D.T.)
- Inactivated Polio Vaccine (I.P.V.)
- Hepatitis B
- Hemophyllus Influenza B (H.I.B)

Two months later:

- Diphtheria and Tetanus (D.T.)
- Inactivated Polio Vaccine (I.P.V.)
- Hepatitis B
- Hemophyllus Influenza B (H.I.B)

Two months later:

- Hepatitis A
- At two years after BMT
- Measles, Mumps, Rubella (M.M.R.)

- After summer each year you will receive Influenza Vaccine
- Meningitis will be given every year.

You may feel some pain, redness and swelling at the site of the injections. This is normal and should go after 1-2 days. Another side effect of the vaccinations is fever, if you feel like you have a fever take some Panadol or Tylenol every 4-6 hours. This should only last for 24 hours.

If you have any more serious side effects than above call your coordinator or your physician .

allergy status will checked as this may affect you having vaccinations.

You must follow strictly to the vaccination schedule and cannot take the vaccinations at an outside clinic. We do not give you live vaccines which is very important for you to know.

Contact your team if you have problem to be on time, you will be rescheduling another appointment

Acknowledgements

Information in this document is reproduced with kind permission of the Bone Marrow Transplant Unit, King Faisal Hospital & Research Centre-Riyadh, Saudi Arabia. The sources below were referenced during the writing of this document:

National Marrow donor Program (NMDP)
World Marrow Donor Association (WMDA)
European Bone Marrow Transplant (EBMT) textbook for nurses